

**CENTRAL ATHLETIC LEAGUE // SWIMMING & DIVING**
**CENTRAL LEAGUE CHAMPIONSHIPS QUALIFYING TIMES**  
**2019 - 2020**

| <b>GIRLS</b>      | <b>YARDS (SCY)</b>     | <b>METERS (SCM)</b>    |
|-------------------|------------------------|------------------------|
| 200 MEDLEY RELAY  | No Qualifying Time     | No Qualifying Time     |
| 200 FREESTYLE     | 2:12.30                | 2:26.59                |
| 200 I.M.          | 2:31.00                | 2:47.61                |
| 50 FREESTYLE      | 27.30                  | 30.44                  |
| DIVING            | 150 / 240 (6/11 Dives) | 150 / 240 (6/11 Dives) |
| 100 BUTTERFLY     | 1:09.50                | 1:17.21                |
| 100 FREESTYLE     | 1:00.00                | 1:06.72                |
| 500/400 FREESTYLE | 6:02.00                | 5:17.55                |
| 200 FREE RELAY    | No Qualifying Time     | No Qualifying Time     |
| 100 BACKSTROKE    | 1:08.90                | 1:16.55                |
| 100 BREASTSTROKE  | 1:18.00                | 1:26.74                |
| 400 FREE RELAY    | No Qualifying Time     | No Qualifying Time     |

*\*Note: Meter Qualifying times were computed using NFHS High School Conversion Factors.*

| <b>BOYS</b>       | <b>YARDS (SCY)</b>     | <b>METERS (SCM)</b>    |
|-------------------|------------------------|------------------------|
| 200 MEDLEY RELAY  | No Qualifying Time     | No Qualifying Time     |
| 200 FREESTYLE     | 2:02.20                | 2:15.40                |
| 200 I.M.          | 2:18.90                | 2:34.32                |
| 50 FREESTYLE      | 24.40                  | 27.30                  |
| DIVING            | 150 / 240 (6/11 Dives) | 150 / 240 (6/11 Dives) |
| 100 BUTTERFLY     | 1:02.40                | 1:09.51                |
| 100 FREESTYLE     | 53.90                  | 59.88                  |
| 500/400 FREESTYLE | 5:35.50                | 4:54.57                |
| 200 FREE RELAY    | No Qualifying Time     | No Qualifying Time     |
| 100 BACKSTROKE    | 1:03.40                | 1:10.44                |
| 100 BREASTSTROKE  | 1:10.90                | 1:18.70                |
| 400 FREE RELAY    | No Qualifying Time     | No Qualifying Time     |

*\*Note: Meter Qualifying times were computed using NFHS High School Conversion Factors.*

CAL Diving Championships will be held on February 11/12 @ Ridley High School

CAL Swimming Championships will be held on February 14/15 @ Radnor High School