



Edition 49

Editor's Desk

Dear friends,

As we all go through these very challenging times ,home is turning out to be not only the happiest place but also the healthiest place .

Salutes to the health care professionals !!

Happy Reading!!

Regards,

Bhavna Botta

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From the Heart

Meet **Sayomdeb Mukherjee** , who wishes to introduce himself as --



I'm a Mad Story teller



Hollywood actor - One Little

Finger



Author -



RJ --



Ted x Speaker



Traveller

& Working at Enable India

Congratulations, you have completed one year at Enable India

Thank You. On the 12th of April 2019, I joined enable India which was a big achievement. In the last one year , God has made me realize that if one takes the first step towards an unknown positivity, it would somehow work out.

How was the experience of relocating to a new city.

The person with severe disabilities in India is not considered as productive citizens. When we think of migrating to a new city, the stereotype would create an image of a person without a disability. In my case, with the grace of God, I had this opportunity to break this myth.

Last year in April I joined Enable India in the new city of Bangalore. New city? For me, any city outside Kolkata would have been a tourist destination and not a workplace and that is why coming to Bangalore and starting a new life was difficult.

I am a wheelchair user, I need a caregiver-24x7 to take care of my daily needs. Even before I joined this new job opportunity, I faced resistance from my family in my hometown. I had to convince my mother, so that she could be with me for some months to help me, settling down at Bangalore. Even I was not confident about my abilities because I have never taken up this kind of challenge in my life.

That was a bold step ,tell us about your work

Enable India, THE GREAT PLACE TO WORK along with its values has played an important part in this new venture which I got into. I would surely go into the abyss ,if I did not get the support from the hierarchy and especially Shanti and Dipesh. In my professional life, I have never seen an office where being non judgemental and empathy are regarded in its highest esteem.

My colleagues have always motivated me during those days while I was getting settled. Some of my colleagues help me to develop a social life which is essential in a new city.

What was the biggest learning of this year

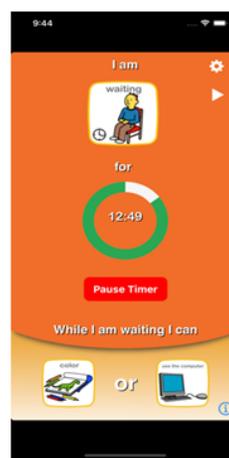
As my mother left in the middle of October 2019, I had one more challenge to take care of. Not only I was expected to deliver the deliverables at the office but also I had to take care of the household things. God has made me realize an aspect of life during the last 12 months. If you want to come out of the comfort zone and contribute to the cause, God will always find your ways to move towards your target. He always helps those people who move towards the target with some amount of honesty.

Calculated risks of life are very important for the growth, (not only personal), but societal. If you expect the world to change then don't stop to change your capacity to explore the targets. You will be helped all the time by the unknown force, 'God' for the changes you are to bring about.



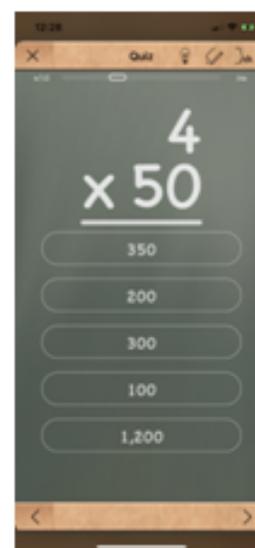
Tech Corner

Choiceworks is ideal for people who are looking for a healthy way to address their feelings or to help them with routines. This means that it's particularly suited to children or Autistic individuals, who may struggle to verbalise their emotions while placing importance on routines generally. There are four sections to the app: Schedule, Waiting, Feelings and Feelings Scale. The "Waiting" section is ideal for those who struggle in social situations, because it normalises actions such as turn-taking and not interrupting conversations. <https://apps.apple.com/us/app/choiceworks/id486210964>



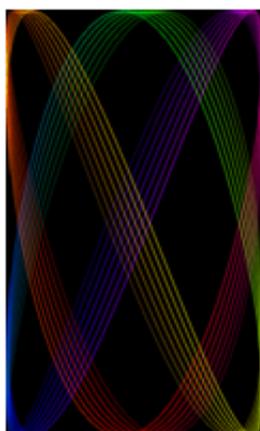
Mathboard is a great app for children with autism to begin to learn simple addition and subtraction problems through fun problem solving using multiple answer styles. The app also features a powerful teaching feature that walks students through the steps required to solve additions, subtractions, division and equations. This app is a useful tool for introducing simple mathematics to those with learning disabilities.

<https://apps.apple.com/us/app/mathboard/id373909837>



Miracle Modus was actually created by someone with Autism, who understands sensory overload personally. The app is a source of hypnotic rainbows, soft bells and lights. It helps to mitigate sensory overload someone might be overwhelmed with, helping them to feel soothed instead

<https://apps.apple.com/us/app/miracle-modus/id555904748>



TapToTalk turns your smartphone or tablet into an augmentative and alternative communication device, in order to make communicating simple and fun. Simply tap a picture and the app speaks it out, whilst leading on to another screen of images. The settings can be changed based on the needs of the user, with an extensive range for non-verbal children and adults.

play.google.com/store/apps/details?id=com.github.fkloft.taptotalk&hl=en_IN

Book Creator is the perfect iPad app for children allowing them to create their own stories and export their finished product in to their very own iBook, such a cool idea! Whether it is a fictional fairy tale, comic book, photo book or journal, Book Creator contains the flexibility to create anything of your own.

<https://apps.apple.com/us/app/book-creator-for-ipad/id442378070>



The Best Speech to Text Apps for Live Captions & Recording

Originally featured in Access and Inclusion through technology-

<http://www.accessandinclusion.news/#/>

<https://www.meriahnichols.com/best-speech-to-text-apps/>

Speech to text apps – or live captions, auto captions – are useful for pretty much everyone in some capacity. If you are hearing, they can record your notes, translate content, help with communication.

Some Pointers on the Apps Listed:

- These apps are linked to the iOS (Apple) store. It is indicated in each app if it is available through Android.
- All of the speech to text apps are FREE, but some of them require a subscription after a certain amount of trial has passed.
- The apps that were created specifically to help us deaf in speech to text are listed first; the apps that were created by and for hearing and just incidentally help us deaf, are listed after.

Ava 24/7 Accessible Life by Transcense, Inc (iOS, Android)

Ava is an app designed to empower people who are deaf or hard-of-hearing by allowing to follow conversations in real time. The app provides 24/7 real-time captioning (with up to 95% accuracy, based on artificial intelligence), on your smartphone.

Sorenson Buzz Cards by Sorenson Communications, Inc. (iOS, Android)

Type it. Show it. BuzzCards is an app designed to help deaf people communicate easily with people who don't know sign language. The app works like a deck of flashcards. You type the message and show it to the person with whom you are communicating. You can write and save cards with the message.

Speech to Text Apps Created for Hearing, but Have Use for Us Deaf/Hearing Impaired

Otter Voice Meeting Notes by AISense (English only) (iOS, Android)

Otter records and takes meeting notes for you in real-time, so you can stay focused on the conversation and rest assured that all information (e.g. actions, highlights, photos, attendees) is captured, easily searchable, and shareable with your team. Otter.ai is also available online.

Google Live Transcribe(Android only)

Microsoft Translator by Microsoft (iOS, Android, Windows)

Microsoft Translator is a free, personal translation app for 60+ languages, to translate text, voice, conversations, camera photos and screenshots. You can even download languages for offline translation for free to use when you travel! • Text translation into over 60 languages

Hearo- Live Captions by Thomas Backes (iOS, Android)

This app performs live captioning of speech. To use the app, just hit the microphone button and begin speaking. The spoken words are converted to text and displayed on the screen. To stop the captioning, press the microphone button again. Use this app to help communicate and record what was said.

Big Note by Peter Macias (iOS, Android)

Big Note is used to communicate with people by typing text. There is a seek bar to decrease or increase/decrease text size. Easy to keep the communication going on by shaking the phone or swipe from right to left. Speech to Text with the ease of reading the highlighted text

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