

# Group Meditation & Shamanic Healing

Tuesday's 7pm

March 26th

April 9th, 23rd

May 7th, 21st

June 4th, 18th

Cost each class: \$40

This meditation will take you on a journey inside the soul. The meditation and healing consists of shamanic trance drumming while having guidance allowing the chakras and multi dimensions of the subtle body open up for the souls transformation at the soul level.

No prior experience needed, just an open mind and heart.

Facilitated by Kristi Lopez

Awakened Yoga Studio  
1722 Mangrove Ave Ste 22, Chico

[ayinchico@gmail.com](mailto:ayinchico@gmail.com), Phone: 530 514 4463 [awakenedyogainchico.com](http://awakenedyogainchico.com)

