

January, 2017 Grab and Go Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sausage Biscuit Pop Tarts Fruit Juice Milk	3 French Toast Bites Nutri Grain Bar Fruit Juice Milk	4 Yogurt Parfait Pop Tarts Fruit Juice Milk	5 Breakfast English Muffin (ham,egg,cheese) Nutri Grain Bar Fruit Juice Milk	6 Cinnamon Roll Pop Tarts Fruit Juice Milk
9 Pancake on a Stick Pop Tarts Fruit Juice Milk	10 Breakfast Burrito Nutri Grain Bar Fruit Juice Milk	11 Blueberry Muffin Trix Yogurt Pop Tarts Fruit Juice Milk	12 Cinnamon Raisin Biscuit Nutri Grain Bar Fruit Juice Milk	13 Breakfast Bagel (sausage,egg,cheese) Pop Tarts Fruit Juice Milk
16 French Toast Bites Pop Tarts Fruit Juice Milk	17 Breakfast Taco Nutri Grain Bar Fruit Juice Milk	18 Sausage Biscuit Pop Tarts Fruit Juice Milk	19 Breakfast Pizza Nutri Grain Bar Fruit Juice Milk	20 Donut Pop Tarts Fruit Juice Milk
23 Trix yogurt/Nutri Grain Pop Tarts Fruit Juice Milk	24 Blueberry Pancake Bites Nutri Grain Bar Fruit Juice Milk	25 Breakfast Burrito Pop Tarts Fruit Juice Milk	26 Sausage and egg biscuit Nutri Grain Bar Fruit Juice Milk	27 Cinnamon Roll Pop Tarts Fruit Juice Milk
30 Breakfast Bagel (Sausage,egg,cheese) Pop Tarts Fruit Juice Milk	31 Pancake on a stick Nutri Grain Bar Fruit Juice Milk			