

Spirit Gymnastics

2017-2018 Level Xcel, 6C-O,7-10

BEAM & FLOOR ROUTINES

Level Bronze, Silver, Gold, Platinum BEAM

XB & XS will be pre-choreographed and taught during practice

XG & XP can be choreographed by any current coach that works with them.

XG & XP - \$40 one payment per season.

Level Bronze, Silver, Gold, Platinum FLOOR

XB & XS will be pre-choreographed - Both Levels will have the same music

XG & XP will be choreographed by Coach Mary Burch. Music must be chosen by what we have

Bronze and Silver Floor Routine Fee: Must pay for a full private lesson – as many as it takes to learn

XB & XS – This will be taught during practice. You may get private lessons if you need more personal attention.

XG & XP - \$160 one payment per season. If you can't remember, you can pay for follow up privates.

Level 6C, 6O & 7 BEAM

Level 6C – a Uniform routine will be taught during practice

Level 6O & 7 The above levels can be choreographed by any current coach that works with them.

Beam Routine Fee: Must pay for a full private lesson with a coach of your choice.

Level 6C, 6O & 7 FLOOR

Level 6C Gets a standard routine that will be taught during practice. You may get private lessons if you need more personal attention.

Level 6O & 7 can choose 5 songs from www.floorexpressmusic.com and Mary will choose the song
from your selections that she feels best fits the gymnast.

Level 6O&7: \$160 one payment per new routine.

*All Level routines will be choreographed by Coach Mary Burch

Level 8,9 & 10 BEAM

The above levels can be choreographed by any current coach that works with them.

Beam Routine Fee: Must pay for a half private lesson and schedule with the coach of choice.

Level 8,9 & 10 FLOOR

Level 8-10 can choose 5 songs from www.floorexpressmusic.com and we will choose the final
song that we feel is most fit for the gymnast

Level 8-10: \$160 one payment per new routine

*All Level 8-10 routines can be choreographed by Coach Mary Burch OR Coach Eric Harris

If you are not getting new floor routine, a half private lesson must be scheduled with Mary or Eric

**ROUTINES MUST BE COMPLETED BY THE END OF AUGUST,
AND ACCOMPANED WITH FULL PAYMENT & FORM**

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BEAM & FLOOR ROUTINE Sign up Form

Coach Mary Burch will have a sign up form for Floor in the office beginning July-August.

Please sign up on her paper, and hand in this form along with full payment.

Beam Routines and routines with Coach Eric must be signed up using this form, along with full payment.

PLEASE CHECK WHAT YOU WILL NEED & RETURN THIS FORM WITH FULL PAYMENT.

Level Gold & Platinum BEAM

___ XG & XP \$30 for a lesson with Coach _____ Date: _____ Time: _____

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Level Gold & Platinum FLOOR

___ XG & XP \$160 for a lesson with Coach Mary Burch Date: _____ Time: _____

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Level 6O & 7 BEAM

___ 6O,7 for a full private lesson with Coach _____ Date: _____ Time: _____

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Level 6O & 7 FLOOR

___ 6O & 7 \$160 for a lesson with Coach Mary Burch Date: _____ Time: _____

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Level 8,9 & 10 BEAM

___ 8,9,10 for a half private lesson with Coach _____ Date: _____ Time: _____

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Level 8,9 & 10 FLOOR

___ 8,9,10 \$160 for a lesson with Coach _____ Date: _____ Time: _____

(Mary or Eric)

___ * 8,9,10 \$30 for a lesson with Coach _____ Date: _____ Time: _____

*Keeping same music as last season (Mary or Eric)

*Note: You may video tape the routine to work at home. If changes need to be made, more half private lessons may need to be made.

Parent Signature: _____ **Date:** _____

Receipt #: _____

NO REFUNDS