

Odyssey Group Fitness-59 Field Street, Torrington, CT 06790. 860-480-0724							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 AM			<i>Group Cycle-Lauren</i>		<i>Group Cycle-Lauren</i>		
5:45 AM		<i>Group Fitness-Anne</i> Zoom ID 845 8199 2312 PW 5:45	<i>Group Fitness-Anne</i> Zoom ID 845 8199 2312 PW 5:45	<i>Group Fitness-Anne</i> Zoom ID 845 8199 2312 PW 5:45	<i>Group Fitness-Anne</i> Zoom ID 845 8199 2312 PW 5:45	<i>Group Fitness-Anne</i> Zoom ID 845 8199 2312 PW 5:45	<i>7:00 Group Cycle-AI</i>
8:30 AM	<i>All-In-One-Chris</i> Zoom ID 84866703607 PW 8:30	<i>Group Fitness Sharon</i>		<i>8:00 Bettina-Zoom</i> Zoom ID 84866703607 PW 8:30	<i>9:00 Pilates-Zoom Robyn</i> Zoom ID 8603078691 PW workout		<i>8:00 Group Fitness-Anne</i> Zoom ID 88621557111 PW saturday8
4:30 PM					<i>Group Boot Camp-Anne</i> Zoom ID 85843269858 PW bootcamp		<i>9:15 Group Boot Camp-Anne</i> Zoom ID 85843269858 PW bootcamp
4:45 PM		<i>Group Cycle-Anne</i>	<i>Group Cycle-AI</i>	<i>Group Cycle-Anne</i>	<i>Group Cycle-AI</i>		
5:00 PM			<i>Kickboxing Kerry</i>				
5:30 PM		<i>Group Fitness-Chris</i> Zoom ID 89370633712 PW 5:30pm	Zoom ID 7694419613 PW B3_K1nd	<i>Group Fitness-Anne</i> Zoom ID 89370633712 PW 5:30pm	<i>Zumba-Chris</i> Zoom ID 82254812790 PW zumba		

