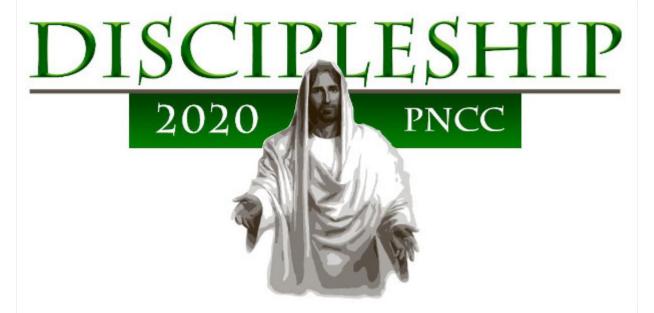
Future Direction Subcommittee of the Supreme Council Polish National Catholic Church



March 2020 – 4th Week of Lent Discipleship Response to Covid 19

Click Here to watch a short video message on responding as disciples to the Covid 19 outbreak from Fr. Sr. Rob Nemkovich



Increasing our discipleship in response to the Covid 19 outbreak

- 1. Increased time in prayer and fasting
- 2. Sending cards and letters to those nursing homes that cannot have visitors
- 3. Calling to checking in and pray with family members, friends and neighbors
- 4. Going shopping for our older brothers and sisters and those in need
- 5. Sewing Masks for First Responders Click here for Link for Pattern
- 6. Increase almsgiving with donations of Blood, money and food to local food pantries
- 7. Keeping Social Distancing to help stop the spread of this virus
- 8. Thinking of service and others before yourself following the example of Jesus washing the feet of others
- 9. Using online conferencing such as Zoom to have online worship and prayer with the faithful that allows their participation such as Stations of the Cross, Sorrowful Lamentations, Liturgy of the Hours and the Litany of the Passion.
- 10. Streaming Holy Mass

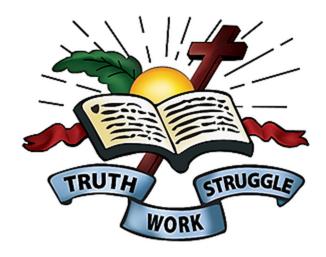


Prayer in Time of National Anxiety

I come to You, Lord, in this time of uncertainty and confusion that has gripped our nation. I pray that our leaders and representatives in government are filled with Your peace, strength and courage. May your gifts of wisdom and understanding, fortitude and counsel be sought and utilized by them for the well-being of our country. By their belief and trust in You may they provide capable leadership, promote unity and peace, and be attentive to the concerns of our people. May Your Church provide support and comfort; and help strengthen our hope for peace through our Lord Jesus Christ. Amen.

The Angelus – seeking the intercession of our Blessed Mother

V.	The Angel of the Lord declared unto Mary,
R.	And she conceived of the Holy Spirit.
	Hail Mary
V.	Behold the handmaid of the Lord.
R.	Be it done unto me according to your word.
	Hail Mary
V.	And the Word was made Flesh.
R.	And dwelt among us.
	Hail Mary
V.	Pray for us, O holy Mother of God,
R.	That we may be made worthy of the promises of Christ.
Let us pray.	
O Lord, we ask You, pour forth Your grace into our hearts; that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His Resurrection. We ask this through the same Jesus Christ, our Lord. Amen.	
Have a blessed Lenten day, be safe, careful and healthy.	
Sincerely yours in Christ,	
PNCC Supreme Council Future Direction Committee	



We continue to implement the five themes the Synod determined for our future direction:

Growth and Membership

Increase Spirituality

Lifelong Learning

Sacred Vocations

Community Involvement and Presence

Action Plan for Discipleship: 2020

Develop and strengthen Discipleship throughout 2020

Parish Assessment

Special Masses

Continue the Business Free Zone

Continue and Strengthen Social Media Presence

Adult Continuing Education

Two Days of Spiritual Retreat

Complete Six Community Service Projects