



## Enneagram

The Enneagram is one of the newest personality systems in use, and emphasizes psychological motivations. It developed out of psychology and behavioral science studies in the 1950s and has roots in spiritual wisdom from many different ancient traditions.

The Enneagram is "a geometric figure that delineates the nine basic personality types of human nature and their complex interrelationships." While the Enneagram suggests that there are nine basic personality types of human nature, there are, of course, many subtypes and variations within the nine fundamental categories. Nevertheless, the assertion of Enneagram theory is that these nine adequately map out the territory of personality types.

The Enneagram can be extremely useful to everyone as a source of self-knowledge because it acts as a kind of "mirror" to reveal features of our personality that normally are invisible to us.

Quick free tests can be found at: <http://www.9types.com/rheti/index.php> or <https://ennea9.files.wordpress.com/2010/05/edg-enneagram-short-test.pdf>.