



HEMPFIELD HUBS

Community Participation Supports

hempfieldpa.com

Serving Perry County



Purpose

A hub is the center of a wheel that connects to a rim. This hub is a central gathering space designed for adults with disabilities to meet in a small group and explore the local community. Located in **Green Park** and serving the communities of Perry County, Hempfield Hubs encourages community involvement, supports personal interests, and promotes volunteerism. These activities lead to:

- meaningful and inclusive community participation
- valued social roles
- increased independence
- increased potential for employment

Hubs

This is a program *without walls*. Local public spaces such as the New Bloomfield Public Library, Espresso Yourself Cafe, and

Butcher's Farm Market serve as meeting locations. Hempfield Hubs is conducted 100% in the community and in small groups of 1:1, 1:2 and 1:3 (facilitator/participant).

The Hubs facilitator encourages:

- relationships & networks that provide friendship and support
- hobbies/interests that promote health & wellness
- exploration of recreational and vocational interests

Engaging the Community

Hempfield Hubs creates volunteer opportunities at local animal rescue organizations, state parks, fire halls, and stream/wetlands rehabilitations projects based on participant interests. Participants could volunteer at outdoor events at parks and restoration sites, at art

galleries or at local food markets. For those interested in helping others, we may volunteer with Neighbor Helping Neighbor Food Bank, Inc. or partner with local religious organizations to establish raised gardens to grow food for distribution at shelters and afterschool programs. We may collect excess food from local farmer's markets for redistribution at soup kitchens. Stone House Farm in Green Park can provide raised beds, starter plants and gardening advice for new community garden start-ups. Perry County also offers rich opportunities to get involved in the arts culture. Based on interests, participants can volunteer at Perry County Council of the Arts Gallery or The Bower Native Garden Sculpture Garden.

Making a Referral

Contact Hempfield Behavioral Health for referral information.

Hempfield Hubs facilitates meaningful participation and valued roles, giving participants a sense of purpose and responsibility within their community.

Hempfield Behavioral Health
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