



## **STAND UP PADDLE BOARD RACE**

**9 a.m. Saturday, July 16 - 2000 metres.**

Welcome to the 3rd annual XTERRA Boards Paddle Board Race. Please take a few moments to read through the following pages.

We look forward to welcoming you all in Canmore and thank you for your support of Grizzly Mountain Events. Please don't hesitate to contact us if you have any questions or concerns after reading through the following information.

### **Race Package Pick Up**

Race package pick up will take place at Rebound Cycle on Friday, July 15 from 3 p.m. until 5 p.m. at [www.reboundcycle.com](http://www.reboundcycle.com) - 902 Main Street in Canmore.

## **Race Morning Package Pick Up**

For those unable to pick up packages on Friday afternoon, race package pick up will also be available on race morning at Quarry Lake beach from 07:30 – 08:30 a.m.

## **Pre Race Briefing**

Warm up swim is permitted anytime before 08:45 a.m. All paddlers will then be asked to exit the water in time for our pre-race briefing at 08:50 a.m. Race start is 9:00 a.m. sharp !

## **Course Safety**

Certified lifeguards and kayakers will be on the swim course. Raise your hand immediately if you require assistance.

## **Race Starts at 9 a.m. Sharp**

We will have one mass start. Novice paddlers are strongly advised to seed themselves at the back of the starting pack.

## **Event Distance**

2000m = 4 rectangular laps

## **Awards, Snacks and Draw Prizing**

Will take place on the beach at the conclusion of our open water swim event at approximately 11:30 a.m.

