



# **Perinatal Diabetes: Opportunities for Prevention and Care SSEP Associate Training Conference**

**New York City, NY  
October 12-13, 2018**

**NYU Langone  
Medical Center  
Alumni Hall B Conf. Room  
530 1st Avenue  
(Btw 30th and 33rd)  
New York City, NY 10016**

**Joint Providership**



SweetSuccessExtensionProgram



Professional Education Center

Conference Supportor



**Supporting Partner**

***NYU Langone  
Medical  
Center***

**Conference Information and Registration  
Sweet Success Express - Professional Education Center  
800-732-2387 - [www.sweetsucsessexpress.org](http://www.sweetsucsessexpress.org) OR [www.proedcenter.com](http://www.proedcenter.com)**

# COURSE OBJECTIVES

At the conclusion of this program the participant will be able to:

## Overall Learning Objectives:

- Examine clinical care practice standards for use with women with diabetes during preconception, pregnancy, and postpartum.
- State the benefits of providing a multidisciplinary team approach to perinatal diabetes care.
- Discuss currently released evidence-based management strategies that can improve clinical outcomes.
- Provide evidence-based research that will assist clinicians in updating existing patient management policies and procedures.

## Specific Learning Objectives:

- Outline the pros and cons of the one-step and the two-step protocol for diagnosing gestational diabetes.
- Examine the statements made by ACOG and SMFM regarding treatment for Diabetes in Pregnancy: What are the clinical implications?
- Gain an appreciation of the data regarding the maternal and perinatal outcomes associated with metformin and glyburide use.
- Examine alternative evidence-based dietary patterns in the management of GDM.
- Discuss mechanisms that can be shared with patients to assist in balancing the complexities and struggles of managing diabetes, pregnancy and their lives.
- List the various types of insulin regimes used in the care of woman whose pregnancies are complicated by diabetes, and examine the advantages of newer insulin therapies.
- Discuss an understanding of the pathophysiology of diabetes and its co-morbidities for pregnancy, and identify medical management strategies that improve outcomes for mother and fetus.
- List at least 3 key points to emphasize when teaching women to administer insulin.
- Identify and resolve common prescription and supply ordering issues, and the resources of a pharmacist.
- To understand the longterm effects on future health of the developing fetus in the setting of hyperglycemia in pregnancy
- Identify the specific preventative value of breast feeding for both mother and infant in pregnancies complicated by diabetes.
- Identify metabolic and nutrient deficiencies and verbalize nutrition needs and weight gain goals for post bariatric surgery patients.
- Learn communication techniques to help women flourish with diabetes in pregnancy.
- List considerations in delivery timing and glucose management in the process of birth.
- Identify the potential and preventative value of glycemic testing in the early postpartum period.
- Discuss neonatal risks and management of complications in infants of mothers with diabetes in pregnancy.
- Describe the enhancement to the team provided by endocrinology consultation and collaboration.
- Examine and utilize clinical care techniques that have worked for your colleagues.

# FACULTY

Baker, Jason C., MD: Assistant Professor of Medicine and Attending Endocrinologist at Cornell Medical College, New York, NY.

Coustan, Donald, MD: Professor Emeritus of Obstetrics and Gynecology, Warren Alpert Medical School, Brown University, Providence, RI.

Daley, Julie RN, MS, CDE: Diabetes in Pregnancy Program Division of Maternal Fetal Medicine, Women & Infants Hospital of Rhode Island, Providence, RI; SSEP Board of Directors Member.

Gorfinkle, Kenneth, PhD: Assistant Clinical Professor, Columbia University Medical Center, Consulting Psychologist, Naomi Berrie Diabetes Center, New York Presbyterian Hospital, New York, NY.

Greenberg, Riva, Diabetes Educator, Author, Advocate, Patient-expert and Certified Wellcoaches Health and Wellness Coach, New York, NY.

Heo, Hye J., MD, CDE: Associate Director of Maternal Fetal Medicine Fellowship, NYU Winthrop University Hospital, Mineola, NY.

Inteso, Christina, Pharm. D., BCACP: Ambulatory Care Clinical Pharmacy Specialist, Community Health Network Indianapolis, IN; SSEP Advisory Council Member.

Inturrisi, Maribeth, RN, MSN, CNS, CDE: Perinatal Diabetes Educator, Sutter Pacific Medical Foundation, Maternal Fetal Medicine, San Francisco, CA; SSEP Advisory Council Member.

Lynn, Jessica, CNM, MSN, CDE: Midwife and Perinatal Diabetes Educator, NYC Health and Hospitals Woodhull, Brooklyn, NY; SSEP Advisory Council Member.

Proudfit, Christine, MD: Assistant Professor, Division of Maternal Fetal Medicine, Department of Obstetrics and Gynecology, NYU Langone Health

Rao, Geetha, MS, RD, CDE, CPT, CLE, CDTC: Clinical Dietitian, Palo Alto Medical Foundation, Fremont, CA; SSEP Board of Directors Member.

Rodriguez, Alexander, MD: Neonatal Medicine Specialist, Woodhull Medical and Mental Health Center, Brooklyn, NY.

Rosenn, Barak, MD: Professor of Obstetrics, Gynecology, and Reproductive Science, Icahn School of Medicine at Mount Sinai, Mt. Sinai West Hospital, New York, NY.

Thomas, Alyce, M., RDN: Nutrition Consultant, St. Joseph University Medical Center, Paterson, NJ; SSEP Advisory Council Member.

Werner, Erika F., MD, MS: Director, Maternal Fetal Medicine Fellowship, Associate Professor Alpert Medical School, Brown University, Providence, RI.

Zork, Noelia, MD: Assistant Clinical Professor, Maternal-Fetal Medicine, Columbia University Medical Center, New York, NY.

## PROGRAM PLANNERS; MODERATORS

Joann Henry, RNC, MSHS: SSEP CFO; Co-Chair Planning Committee  
Jessica Lynn, CNM, MSN, CDE: Co-chair Planning Committee;  
Conference Co-Director

Christine Proudfit, MD: Conference Moderator

Julie Daley, RN, MS, CDE: Conference Co-Director and Moderator

Cindy Parke, RNC, CNM, MSN: SSEP President, PEC Director;

Co-Chair Planning Committee; Conference Organizer

Geetha Rao, MS, RD, CDE, CPT, CLE, CDTC: SSEP Representative,

Stretch Break Leader

Kimberly Maurer, LPN, BASc., PCM, CPI: PEC Assistant Director;

Conference Organizer; Stretch Break Leader

## COURSE DESCRIPTION

This conference is designed to provide a comprehensive update and review of current practice standards and contemporary topics related to diabetes and reproductive health. This is especially challenging today, as a national consensus on the approach to both diagnosis of diabetes in pregnancy, and optimal treatment regimens does not exist. The program will utilize a creative and practical application of evidence-based management strategies with the recognition of alternative approaches. The focus will be to assist clinicians to provide quality patient care to meet today's needs for change. Both clinical guidelines as well as specialty topics based on current research will be presented to assist in demystifying the controversies surrounding management strategies. National and international speakers will provide practical and relevant therapies and management strategies as well evidence-based preventive interventions across the life stages. Concepts of prevention, intervention, self-management education, team management and treatment modalities for current clinical applications will be integrated into the program. The goal is to provide the highest quality diabetes and reproductive health management. The content is based on the CDAPP Sweet Success model of care and is consistent with the current American Diabetes Association recommendations. The seminar is brought to you by the work of Sweet Success Extension Program, a not for profit, devoted to the dissemination of high quality education in this essential topic.

Additionally, opportunities will be provided to network and collaborate with experts and peers. This event is not only a chance to get together and challenge each other on what works and what doesn't in prevention and care, but it is a fantastic opportunity to recognize shared priorities in diabetes and reproductive health management.

### Who will Attend?, Why you should Attend!:

The Perinatal Diabetes: Opportunities for Prevention and Care Conference will benefit those who provide team care based on proven research. The demographic of the attendees will be broad and extend to all specialty areas of the diabetes and reproductive health. Attracting over 100 attendees, SSEP conferences are recognized by diabetes and pregnancy leaders nationwide. We appreciate the candor and care in which sponsors, speakers, presenters, exhibitors and attendees participate in the Q/A discussions to exchange ideas and lessons learned. Our hope is that everyone will be heading back to their workplace and community with a renewed sense of energy, direction and inspiration.

### CONTINUING EDUCATION CREDITS

Nurses: Up to 14.5 CE Hrs Nursing BRN: 7.25 Hrs Day 1/7.5 Day 2.

Co-sponsors: Professional Education Center (Provider #9890) and SSEP, a non-profit organization (Provider #13813).

Both are accredited providers by the California Board of Registered Nursing.

Physicians: Category II CME can be self submitted for 15 Hours

RD/DTR: Activity approval has been applied for from The Commission on Dietetic Registration.

## FRIDAY - OCTOBER 12

7:30 Breakfast, Exhibits and Registration

7:45 Welcome - Introductions

Cindy Parke, Jessica Lynn and Christine Proudfit

8:00 Do we Need New Diagnostic Criteria for Gestational Diabetes?" Donald Coustan

8:45 Should we be Using Oral Hypoglycemic Agents for Treatment of Gestational Diabetes?

Barak Rosenn

9:45 Morning Break and Exhibits

10:00 The Holy Grail of GDM Management: Do We Finally Have that Elusive Ideal Diet? Alyce Thomas

11:00 Lifestyle Modification: Self Management of Diabetes in Pregnancy: Struggles to Balance Julie Daley

11:45 Lunch and Exhibits; Gentle stretch

12:45 Insulin in a New Age: How to Optimize Therapy by Thinking Outside the Box Jessica Lynn

1:45 Pathophysiology and Co-morbidities in Diabetes: Considerations for Pregnancy in Women with Type I Diabetes. Jason Baker

2:45 Break with exhibitors and a stretch

3:00 Management of Multiple Injections vs. Pump and Use of CGM Maribeth Inturrisi

4:00 How to Utilize the Resource of a Pharmacist

Christina Inteso

4:45 Evaluations and Wrap-Up Adjourn

## SATURDAY - OCTOBER 13

7:00 Breakfast and Exhibits

7:30 Welcome and Introductions -

7:40 Fetal Programming and Diabetes in Pregnancy Noelia Zork

8:45 Breast Feeding After Pregnancy with Diabetes: Good for the Goose and Good for the Gosling Maribeth Inturrisi

9:30 Morning Break and Exhibits with a stretch

10:00 Medical Nutrition Therapy: Considerations for Special Circumstances: Exercise and Pregnancy Post Bariatric Surgery Geetha Rao

10:45 How to have a Pregnancy with Diabetes Become an Opportunity to Flourish Kenneth Gorfinkle & Riva Greenberg

11:45 Lunch and Exhibits

12:30 Intrapartum Glycemic Management In Women with Diabetes Hye Heo

1:15 Postpartum Management and Follow up: Identification of Diabetes Erika Werner

2:15 Refreshments Break and Stretch

2:35 Neonatal Complications of Infants of Mothers with Diabetes and Obesity Alexander Rodriguez

3:30 Panel Discussion: Best practice Considerations, Q&A Proudfit, Heo, Zork, Gorfinkle, Coustan, Daley

4:20 Contest Discussions and Winner Announcement

5:00 Evaluations and Wrap-Up: Adjourn

You may photocopy this form for additional registrants

**REGISTRATION: Perinatal Diabetes: Opportunities for Prevention and Care**

NAME \_\_\_\_\_

License# \_\_\_\_\_

MD  DO  CNM  APN  RN  CDE  RD  MSW/LCSW

HOME Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone (\_\_\_\_) \_\_\_\_\_

E-mail address: \_\_\_\_\_

My clinical practice area is: \_\_\_\_\_

**EASY REGISTRATION:**

**Register on-line**

@ [www.sweetsuccessexpress.org](http://www.sweetsuccessexpress.org)

Call 800-732-2387 Today With

Any Major Credit Card

24 Hour Registration: FAX 530-343-3575

OR

Mail Your Registration To:

SWEET SUCCESS EXPRESS

P.O. Box 7447 Chico, CA 95927-7447

Check Payable to: Sweet Success Extension Program (SSEP)



Card #'s \_\_\_\_\_ Exp. \_\_\_\_\_

**REGISTRATION OPTIONS: Check Box(es) on Left below then checkout with fees**

MAIN CONFERENCE: October 12-13

Individual Conference Day

Conference Day One October 12 only

Conference Day Two October 13 only

I Prefer a Vegetarian Lunch

**Conference Amenities...**

Conference Syllabus; Morning Coffee; Light Breakfast; Lunch; & PM Refreshment; Exhibitors Confirmation, Map, and Receipt are emailed.

\*\*If you did not receive confirmation, or are registering within 14 days of program - Please call to confirm space availability.

**PROGRAM FEES & DISCOUNTS: Insert Appropriate Fee(s) below**

**CHECKOUT:**

Become a SSEP New Member - Join now: \$55 for Individual Member

\$ \_\_\_\_\_

Pay Fee Now and enjoy the immediate conference discounts (see membership details on back cover)

Already a SSEP Member: MBR# \_\_\_\_\_ (Required for discount)

Complete Conference Discount for new and existing members \$20

\$ (\_\_\_\_\_)

Early Bird (If Received Online, Ph/Fx or Postmarked by 0/11/18)

Full Conference Fee: \_ Physician \$ 339 \_ Other Licensed Professionals \$299

\$ \_\_\_\_\_

One Day Registration: \_ Physician \$199 \_ Other Licensed Professionals \$179

\$ \_\_\_\_\_

Registration on or after 9/12/18: Add \$25

\$ \_\_\_\_\_

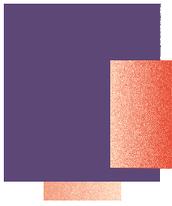
Registration within 48 hours of conference & AT DOOR: Add \$50 to Regular Registration

\$ \_\_\_\_\_

Check payable to SSEP or Credit Card (above)

**TOTAL DUE**

\$ \_\_\_\_\_



SSEP/Sweet Success Express  
 PO Box 7447  
 Chico, CA 92927-7447

PLEASE POST



**Perinatal Diabetes:  
 Opportunities for Prevention and Care  
 SSEP Associate Training Program**

**WHO SHOULD ATTEND?**  
**Physicians & Midwives, Residents in  
 Medicine, OB, Peds,; AP-LD-PP Nurses**  
**PAs,OB Office & Clinic Staff**  
**Diabetes Educators, RDs - Social Workers**  
**Students in Nursing and Dietetics**  
**CDEs needing renewal credits**

The conference secretary and organizers cannot accept liability for personal accidents or loss of or damage to private property of participants and accompanying persons, either during or indirectly arising from this conference. Participants should make their own arrangements with respect to health and travel insurance.

**CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$50 fee or full value credit letter. Cancellation within 7 days: No monetary refund. Send a substitute or request a credit letter (minus \$50 fee) which will allow you to apply fees to another SSEP program. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.), and seminar is able to be rescheduled, registrants may choose admission to the rescheduled program or a credit voucher good for any future SSEP program. SSEP reserves the right to substitute a qualified speaker(s) in response to emergency circumstances beyond our control. Professional tuition, travel/meal expenses may be tax deductible.

**Neither program planners nor presenters have any commercial conflict of interest.**

**Program Location - Lodging**

**PROGRAM LOCATION:** New York University Langone Medical Center Alumni Hall B Conference Room, 530 1st Avenue, New York City, NY 10016

**HOTEL:** Roger Hotel, 131 Madison Ave, New York, NY 10016. The hotel has extended a limited room block for the event at a discounted rate of \$289. Phone: (212) 448-7000

**RESERVE EARLY!** Room block is very limited.

**CONFERENCE SITE AND HOTEL AMENITIES:** The hotel is located just steps from Penn Station, The Empire State Building, and Grand Central Terminal, and is located less than a mile from the conference site, a 15 minute walk.

**PARKING:** Hotel guests \$55/ night valet cost (fee is on your own)

**TRANSPORTATION:** Options for transportation from the airport include taxi, Lyft/Uber, and Super Shuttle.



**ROGER HOTEL**  
 131 Madison Ave, New York, NY 10016

LaGuardia Airport (8 miles)  
 JFK Airport (16 miles),  
 Newark Airport (17 miles)  
 33rd Street Subway Station is 0.2 miles  
 (4 minute walk) from the hotel.

Sweet Success Extension Program has collaborated with NYU Lagone Medical Center with the goal to provide education to improve outcomes for women and their families affected by diabetes in reproductive and pregnancy health. Conference management services provided by Professional Education Center

**SSEP**

**Mission:** Improve outcomes and the quality of life for mothers with diabetes and their offspring

[www.sweetsuccessexpress.com](http://www.sweetsuccessexpress.com)

**INDIVIDUAL MEMBERSHIP  
 BENEFITS:**

- Quarterly Newsletter
  - On-line & Phone Consults
  - Discounts on Sweet Success Conference Registration
  - 1 Set GDM 'Guidelines at a Glance'
- Join the SSEP team as an Individual Member (\$55 fee)

**JOIN NOW** as a package  
**SAVE on this conference registration!**

Further information and registration is available through the SSEP website:  
[www.sweetsuccessexpress.org](http://www.sweetsuccessexpress.org) or the Professional Education Center website:  
[www.proedcenter.com](http://www.proedcenter.com) or by calling PEC at 800-732-2387