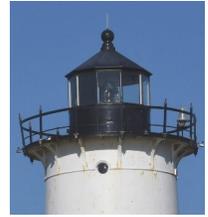


Falmouth Newcomers Newsletter



President's Message



Greetings,

It was so lovely greeting all of you at the St. Patrick's Day luncheon and having the Encore members join us for our annual joint meeting. I know many of us would like to continue celebrating St. Patrick's Day together.

As I enjoy the daylight extending into the evening hours I look forward to the warmer weather. I am watching the daffodils beginning to grow. The gardens enhance the beauty and pleasures of the spring and summer. Slowly, but surely, our friends and neighbors will be returning from Florida. We will have a few more pleasant months of driving without traffic and eating out without crowds. And then, before we know it, the summer residents and vacationers will return to occupy their now empty homes and hotel rooms and fill our lovely town, the streets and the restaurants. I, like many of you, am looking forward to having summer guests arrive. How fortunate we are to live in this beautiful place and be able to share it with our friends and families.

I would like to remind you that some of our seasonal Newcomers' activities that have been dormant for the winter are starting up again. Check out the activities list at the end of the newsletter and follow up with the activities leaders to see when the warmer weather activities will commence. Our socials and activities people have been very busy planning some new and interesting events. Check out this newsletter to see what you might enjoy.

The Danube cruise is still available for those of you who have not made a decision yet to join us in October. I look forward to it and know that Jeanne and Joyce have been working to make it a wonderful experience.

Looking forward to seeing you at our April evening meeting.

Margaret Souza
President

Save the Date

April 7
Crazy Cards

April 11
General Meeting 7:00P.M.

April 24
Meet the Author

April 26
Shellfish Training

April 27
Mix and Mingle

May 1
Protecting your Digital Assets

May 3
Spring Dinner Dance

May 5
Highfield Theater—"9 to 5"

May 15
The YMCA is Coming to Falmouth

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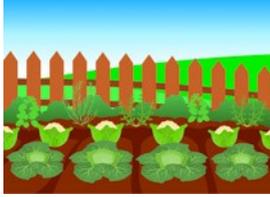
Page 8: Membership Application

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The Falmouth Newcomers fiscal and membership year runs from July 1 to June 30. New members may join Newcomers by submitting an application and paying applicable dues anytime during the fiscal year. For those who apply from July 1 to March 31, their first year of membership will be that fiscal year. Although the annual fee for those joining between January 1 to March 31 will be at a reduced rate, their first membership year will also be that fiscal year. For those who join from April 1 to June 30, their first year of dues and membership will be applied to the following fiscal year.

Dues and applications for returning members are due by May 31 for the following fiscal year.

April General Meeting



Farm to Table Extravaganza

Date and Time: Thursday, April 11, 2019 7:00 p.m.

Location: First Congregational Church, 68 Main Street, Falmouth

The essence of good living is captured in good food, good friendships and good health.

Our Newcomers program for April seeks to capture all three. Come and explore with friends the wide diversity of farmers and food opportunities from hot pepper sauces to sweet honey in the greater Falmouth area. Meet the talented farmers who will present a farm to table extravaganza which will include master gardeners, the community garden working group, Coonamessett farm, Falmouth farmers market, the agricultural commission and Farming Falmouth.

As Anthony Bourdain once commented, "Your body is not a temple. It's an amusement park. Enjoy the ride."

Crazy Cards Social



Date and Time: Sunday, April 7, 2019 2:00—6:00 p.m.
Location: Pocasset Golf Club 24 Clubhouse Drive, Pocasset

**RED
COUPON**

Cost: \$25 per member

Deadline for receipt of checks and RED COUPON: Thursday, April 4

Join us for an afternoon of *Card Games for Dummies* at this lovely country club in the village of Pocasset in Bourne. Don't worry about the games as they are designed for non-card players.

Seating is limited to the first 72 people that register. Seats are filled according to the date on which coupons are received.

Cost: \$25 per member. Includes hors d'oeuvres and dessert. A cash bar will be available.

For information contact: Phyllis Huse

Meet the Author - George Howe Colt The Game: Harvard, Yale, and America in 1968



Date and Time: Wednesday, April 24, 2019
Hospitality at 9:30 a.m. Presentation at 10:00

Location: First Congregational Church 68 Main Street, Falmouth

**ORANGE
COUPON**

Cost: \$8 per person
Guests Welcome

Deadline for receipt of checks and ORANGE COUPON: Friday, April 19

George Howe Colt is the bestselling author of *The Big House*, which was a National Book Award finalist and a *New York Times* Notable Book of the Year; *Brothers*; *November of the Soul*; and *The Game*.

For more information contact: Marion Bihari

Shellfish Training



Date and Time: Friday, April 26, 2019 10:00 a.m.
Location: Gus Cnty Community Center 790 Main St., Falmouth
FREE!



LEARN EVERYTHING YOU NEED TO KNOW ABOUT SHELLFISH HARVESTING IN FALMOUTH!

Falmouth Marine & Environmental Services and the Newcomers Club of Falmouth invite you to attend a public hands-on shellfish educational session. Falmouth has an abundant stock of shellfish! The session will cover:

- The best locations to shellfish in Falmouth
- Necessary gear & equipment
- Shellfish harvesting safety
- Legal harvest sizes and catch limits for local species
- Tips and techniques for safe seafood handling and storage
- Live shellfish shucking demo by The Clam Man
- Volunteer opportunities with Falmouth MES Shellfish Division

Mix and Mingle



Date and Time: Saturday, April 27 6:30 - 9:00 p.m.

Mix and Mingles are held in Newcomers' homes throughout the year. It is a wonderful opportunity for both couples and singles to get to know one another.

To **sign up** please send an email to Diane Fidurko. Deadline for sign ups is April 20th or when the host homes' capacity has been reached. Once you have signed up, you will receive an email 5 days before the event with the name and address of your host. You will also receive instructions to bring either a hearty hors d'oeuvre or a dessert to share with the group along with your own beverage. The host will provide coffee.

Since Mix and Mingles are popular events, it is best to email your response as soon as you receive your newsletter.

Hosting an event is easy. All you have to do is provide a welcoming home, paper products, water and coffee. If you would be willing to **host** a Mix and Mingle, please email either Susan Gilbert or Ginny Palmieri with the month(s) you would be willing to host.

Lunch and Learn: Protecting Your Digital Assets

Date and Time: Wednesday, May 1, 2019 10:30 a.m.—lunch following
Location: Gus Cnty Community Center 790 Main St, Falmouth
 Cost: Seminar Free

"The average family has over 40 passwords and over 30 web sites including social media, financial, and photos sites, usually running on multiple devices. Digital Asset protection planning involves making prudent decisions today to protect yourself, your loved ones, and your business that could be at risk if you become incapacitated or unable to personally access your digital assets. This seminar, presented by Paul R. Gentile, will focus on defining your digital assets, legal implications of accessing them after death, and developing a plan to protect these assets for your family."

Participants will walk to DJ's for lunch afterward.

Reservation Deadline April 30

There is no coupon. To reserve a place email Sally Colaccio

Spring Dinner Dance



Date and Time: Friday, May 3, 2019 6:00—10:30 p.m.
Location: Pocasset Golf Club 24 Clubhouse Drive, Pocasset

**PURPLE
COUPON**

Cost: \$40 per member - \$50 per guest (spouse, partner or date only)

Deadline for receipt of checks and [PURPLE COUPON](#): Monday, April 29

Join us for an enjoyable evening of dinner and dancing to the music of the "Per Diem Band". Their play list includes both classic and contemporary Rock n' Roll.



Theme: **Hawaiian Beach Party** – Casual beach or Hawaiian attire suggested

Cost includes appetizers, buffet dinner, dessert and coffee. A cash bar will be available.

For information contact: Donella DeCoursey

Highfield Theater—9 to 5

Date and Time: Sunday, May 5, 2019 (ticket pickup 1:15—1:30)
Location: Highfield Theater 58 Highfield Drive, Falmouth

**BLUE
COUPON**

Cost: \$21

Deadline for receipt of checks and [BLUE COUPON](#): Monday, April 19

Encore and Newcomer members are invited to enjoy the musical "9 to 5" presented by the Falmouth Theater Guild at Highfield Theater on Sunday, May 5. Music is by Dolly Parton and tells of friendship and revenge with lots of hand clapping music and laughs. Pushed to the boiling point, three female co-workers concoct a plan to get even with their egotistical, bigoted boss while he is "otherwise engaged". They give the workplace a dream make-over and take control.

Pick up reserved seat tickets in the Lobby between 1:15 and 1:30

Include the checks and coupons of members you want to sit beside. Friends welcome.

Lunch and Learn: Updates on a Falmouth YMCA



Date and Time: Wednesday, May 15, 2019 11:30 a.m. .
Location: The British Beer Company 263 Grand Ave, Falmouth Heights

Cost: Information Session Free + individual lunch selection

The YMCA is coming to Falmouth. Come and learn the latest information about the Upper Cape YMCA, including planned start date, location, what it will include, and what you can do to help make this a reality by becoming an ambassador for the YMCA in Falmouth.

Reservation deadline: May 14

There is no coupon. **To reserve a place email Sally Colaccio**



Group Activity Updates

It's almost warm enough for the **OUTDOOR Activities!** Take a look at the list of 'Outdoor Recreation' at the end of the newsletter and see if there are some that might appeal to you. If you see one you'd like to join, contact the leader. Some are limited in number due to safety (kayaking) or number of tee times (some of the golf programs) but many can accommodate as many as may want to participate. You may also contact the Vice President of Activities, Christina Brodie at falmouthnewcomersactivities@gmail.com if you have ANY questions

Reminder: You must be a current member of Newcomers or Encore to participate in any activity.

NEWS ABOUT ACTIVITIES:

SHELLFISHING: Shell fishing is one of those outdoor activities that you could start this spring or summer. If this interests you, mark your calendar for Friday, April 26th from 9:30 a.m. to noon. Falmouth Marine and Environmental Services along with Newcomers is hosting a free program at Gus Carty Recreation Center to introduce those interested to "Everything You Need to Know about Shell Fish Harvesting in Falmouth". The hands-on workshop will cover:

- The best locations to shellfish in Falmouth
- Necessary gear & equipment
- Shellfish harvesting safety
- Legal harvest sizes and catch limits for local species
- Tips and techniques for safe seafood handling and storage
- Live shellfish shucking demo by The Clam Man
- Volunteer opportunities with Falmouth MES Shellfish Division

For more information, contact Peter Baranowski.

NEED A LITTLE HELP? Newcomers Service Exchange is a group of people ready and willing to help. Our members are people who sometimes need help with getting to doctor appointments, housesitting, pet care, computers, organizing, moving, etc. We are available to help each other. Sometimes you may be giving the help and sometimes you may be getting the help. If you're not in a position to help, no problem, we have lots of people who are waiting to help you! We find that helping others is a great way to form friendships. Please email Susan Gilbert or call her to get involved in this group.

The Falmouth Newcomers Club Proudly Presents!



Romantic Blue Danube Tour/River Cruise: Prague to Budapest October 2019

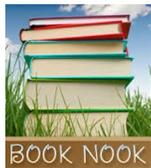
Czech Republic: Prague, Cesky Krumlov • **Austria:** Linz, Krems, Vienna • **Slovakia:** Bratislava • **Hungary:** Budapest

It's NOT too late to sign up for this trip and participate in the group discount! Fly to Prague, Czech Republic and spend 3 nights there. Transfer via motor coach to Linz, Austria and board a privately owned 140-162 passenger ship. Spend 10 nights onboard as you cruise the Danube River, finally disembarking in Budapest, Hungary.

As a member of Newcomers, if you are considering signing up, you should do so soon as cabin space is becoming limited.

This trip was opened up to members of Encore on September 30th and to non-member guests on October 22nd.

For a copy of the official brochure with the full itinerary and pricing contact:
Jeanne Fortier



Purple Hibiscus

by Chimamanda Ngozi Adichie
Recommended by Joan Burton

Purple Hibiscus is the first novel by this author who achieved acclaim for her novel AMERICANAH. Purple Hibiscus is a coming of age story set in post-colonial Nigeria. Fifteen year old Kambili and her seventeen year old brother JaJa live in a difficult environment with their tyrant of a father, who is a hero in his hometown but violent at home.

Kambili and Jaja's lives change dramatically when they are allowed to visit their aunt, a university professor. The siblings cope with the breakdown of their family while witnessing the breakdown of their country. Adichie writes beautifully and the characters have universal appeal. Highly recommend!

Have you read a book that you love? Would you or your book club like to recommend a book you have read?

Please email or call Marion Bihari if you would like to suggest a book or author .

Newcomers in Action: Trivia Team



Trivia nights have gotten off to a great start. Apparently, our Newcomers members have quite a lot of knowledge of trivia. Team *Newbies* won at their first outing at Liam Maguire's earlier in March. Team *Bella Donna*, captained by Sue Sargalski, took second place at the BBC game on March 19th. The team plays on the first Wednesday and third Tuesday of each month. The next foray into trivia competition will be at Liam's on Wednesday, April 3. Anyone interested in participating should contact Karen Epstein .

Proposed Slate of Officers 2019-2020



VOTE

The members will be asked at the May meeting to vote on the proposed slate of officers for the 2019—2020 year. The list of offices and nominees is below.

President	Christina Hepner Brodie
Immediate Past President	Margaret Souza
Executive Vice President	Jeanne Fortier
Recording Secretary	Roanne Angiello
Corresponding Secretary	Donna LaRoche
Treasurer	David Colacicco
Assistant Treasurer	Karen Epstein
Vice President for Programs	Karen Baranowski
Assistant Vice President for Programs	Midge Frieswyk
Vice President for Activities	Jean Lange
Assistant Vice President for Activities	Geri Smith
Vice President for Socials	Joyce Ludensky
Assistant Vice President for Socials	Sue Sargalski
Vice President for Membership	Greg Glennon
Assistant Vice President for Membership	Sue Gnospelius
Vice President for Hospitality	Margie Piken
Assistant Vice President for Hospitality	Mary Beth Goodwin
Vice President for Publicity	Ginny Palmieri
Newsletter Editor	Simon Sherrington
Assistant Newsletter Editor	Joe Angiello
Webmaster	Susan Gilbert
Assistant Webmaster	Joan Thompson
Ex Officio Encore (2)	TBD

Minutes of Joint Meeting with Encore March 14, 2019



Sheila McCoy and Margaret Souza welcomed 87 enthusiastic guests to a wonderful lunch at Falmouth's own Liam McGuire's. A rowdy, Irish good time was had by all.

Newcomers Club of Falmouth - Membership Application

Check one: New membership _____ Renewal of membership _____

Check one: Individual membership _____ \$30 Joint membership (must be same household) _____ \$50

Please print carefully as this information is used to update the directory.

Name (1): _____

Name (2): _____

Address: _____ Phone(1): _____

Town: _____ Zip: _____ Phone(2): _____

You will receive your monthly newsletter by email.

Email address - member (1): _____

Email address - member (2) (if different): _____

Check here if you do not have an e-mail address: ____ See coupon in newsletter to order a hard copy of the newsletter.

Name to be put on name badge 1 (if needed): _____

Name to be put on name badge 2 (if needed): _____

Check to request a non-magnetic badge clasp if you have a heart pacemaker. Badge 1: _____ Badge 2: _____

Volunteer Opportunities:

Falmouth Newcomers depends on its members to volunteer for the many tasks that need to be accomplished. Your willingness to offer your time and talent is greatly appreciated. Please check areas of interest.

I have skills or interest in:

Word processing: _____ Website management: _____ Excel/database management: _____ Newsletter development/editing: _____

Writing articles for newspaper: _____ Finance/accounting: _____ Photography: _____ Recording meeting minutes: _____

Organization: _____ Event planning: _____ Leading an activity: _____ Coordinating refreshments; _____ Baking: _____

For our Information: How did you hear about Falmouth Newcomers?

Realtor: _____ Member: _____ Chamber of Commerce: _____ Newspaper: _____ Website: _____ Other: _____

The Newcomers Club of Falmouth urges all members to obtain a physical examination from their physicians prior to participation in any physical activity associated with the Newcomers Club of Falmouth. In recognition of the possible dangers connected with any physical activity, member(s) hereby knowingly and voluntarily waive(s) any cause of action of any kind whatsoever arising out of any Newcomers Club of Falmouth activity from which any liability may or could accrue to the Newcomers Club of Falmouth, its officers, directors or members.

Signature: _____ Date: _____

Mail completed application/renewal form with check payable to 'Newcomers Club of Falmouth' to:
Membership Chair, PO Box 2339, Teaticket, MA 02536
2018-2019

Reminder
You must be a current member of Falmouth Newcomers
or Encore to participate in any activities

Activity	Notes	Leader/s
Book Clubs & Games		
BOOK GROUPS: Men's	Will make a new group or add to existing one	John Checklick
BOOK GROUPS: Women's	Makes new groups each year	Joan Chambers
BOOKS: Philosophy Discussion	Group agrees on frequency of meeting More likely to discuss a chapter at a time rather than a book at a time	Simon Sherrington
BOWLING: Candlepin	Tuesdays 1:00 to 3 p.m. Ryan's Entertainment Center	John & Julie Karas
		Arlene Morse
CARDS: Co-ed Bridge	Forms new groups when has 8	Sally Byrne
CARDS: Duplicate Bridge	3 rd Thursday (evening I think)	Rita Foster (Encore)
CARDS: Men's Cards	NEW – NOT bridge or poker Rummy, Euchre , etc.	Dave Colaciccio
CARDS: Men's Poker	Many groups 7 per + 1 or 2 subs Can be added any time	Ken Roth
CARDS: Couple's/Pair's Samba	2 nd & 4 th Tues eve 6:30 p.m. Starting Sept 11 Card game like Canasta but adds runs Meets at Gus Canty Go in pairs – friends or partners	Pat Keck
CARDS & GAMES	Mondays 10:30 a.m. to 3:00 p.m. -school calendar Mostly bridge and Mahjongg Meets at Gus Canty Bring a lunch + end of year luncheon	Sue Simchock
		Mary Flanagan
GAME: Bunco	Monthly in the evening Dice game—no skills needed Meets in participant homes	Mary Beth Goodwin
GAME: Mahjongg	Mondays 9:30 a.m. to 11:30 a.m. Gus Canty Bring lunch & Mahjongg card and game (if you have them) 1 st 6 weeks – tutorial for beginners!	Jackie Nuccio
GAME: Trivia Nites	Starts in January and February British Beer Company—3 rd Tues beginning Jan 15 Liam McQuire's—1 st Wed beginning Feb 6 Reminder e-mail weekend prior	Karen Epstein

Outdoor Recreation		
BIKING	Thursdays @4:00 p.m. Sun @ 1 or 2 p.m. Meet at Depot Ave No constraints	Lynda Onthank
DOG WALKERS (Off Leash)	Times arranged by group Meet at local beaches & woods	Debbie Carlisle
GOLF: Men's	Wednesday, 9:00 a.m. (year round) Thursday, 8:00 a.m. (May to October) Falmouth Country Club Participants may go to one or both In the Winter, they combine and play when they can on Wednesdays	George Engstrom
GOLF: Nine & Dine	She picks place and date, then dine in or out Recreational but need to know how to play golf Men & women	Lorraine Boles
GOLF: Women's 9-Hole	Thursday – 2:00 pm Falmouth Country Club All golf levels welcome	Carolyn Wurm
GOLF: Women's 18-Hole	Thursdays, late morning or early afternoon Usually play at Brookside in Bourne \$40 includes cart	Joan Sheehy
KAYAKING: Tuesday	Every Tuesday morning in season Need own kayak	Rich Boles
KAYAKING: Friday	Time & location varies Need own kayak	MJ Kovary
SHELL FISHING	Monthly in warm seasons Varies by tides and weather Shell-fishing license required All types of shell fish Small groups SEE HANDOUT	Peter Baranowski
SKI: Cross-country & Snow- shoe	Per snowfall She sends out e-mail re where/when to meet Need own equipment	Lynda Onthank
SKI: Downhill Day-Trips	Often go to Wachusett; open to other and longer trips if group is interested	Kathy DelCicchi Joan Zwible
TENNIS: Men's	Group decides where and when to play	Rich Boles
TENNIS: Women's	Group decides where and when to play Try to accommodate all skill levels Outdoor in the summer and option for indoor in the win- ter	Pam Marck

WALKING: Falmouth on Foot	Mondays at 9:30 a.m. weekly walks exploring Falmouth (Wednesday rain date) Co-ed	Betty Berthiaume
		Sheila Chisholm
WALKING: Men's	Fridays year round 9:00 Trunk River summers (start Mem. Day) 9:30 Locust St Parking – after Columbus Day	Phil Nehro
WALKING: Women's	Thurs 8:30 a.m. except for winter Trunk River to Woods Hole Break at Pie in the Sky prior to returning All walking speeds welcome	Mary Beth Goodwin
Social		
BREAKFAST: Men's	(Every other) Thurs 8:30 at Crabapples	John Checklick
COOKING TOGETHER	Monthly--group decides where and when to meet Group cooking, testing all new recipes and techniques monthly while socializing in members' homes	Debbie Carlisle
DINING IN	10-12 individuals meet monthly Singles and couples welcome Host chooses theme, and each person contributes to the meal Frequency, time and location vary by group	Dave Colacicco
DINING OUT	Group enjoys dinner out monthly Singles and couples welcome Group suggests where/when to go	Dave Colacicco
DINNER & A MOVIE: Tuesday	Second Tuesday of the month Matinee movie then dinner at a restaurant Contact leader by Sunday to ensure restaurant reservation September through June	David & Diane Margarettos
DINNER & A MOVE: Wednesday	First Wednesday of the month Matinee movie then dinner at a restaurant Contact leader by Monday to ensure restaurant reservation	Skip & Linda McCormack
LUNCH & LEARN	Learning opportunities are planned throughout the year Dates and times are published in the newsletter	Sally Colaicco
MIX AND MINGLE	Meets in host's home to socialize Each brings hors d'oeuvre or dessert to share Mix of current and new members Usually about 20 per group	Susan Gilbert Ginny Palmieri

SINGLES	Male & Female Not dates New friends Member-driven Planned & spontaneous social outings Locally and off Cape	Jeanne Fortier
		Sue Sargalski
THEATER: Live	Theater outings announced in Newsletter	Bette West
THEATER: (Plays!) Matinee & Lunch	Share lunch and then attend a matinee performance On or off Cape	Kathy Osol
WIN Dinners (Women in Newcomers)	4th Thursday of the month Women only Group chooses the restaurants September through June Group decides whether to meet in July & August	Donna Hurst
WINE EXPLORATION	6:00 to 8:00 p.m. in groups of 8 to 11 Individuals or couples welcome Meet monthly in participant homes	Midge Frieswyk
'YOUNG' SOCIAL NETWORK	Monthly activities to meet new people Intended for members 65 or younger	Kim Park
Special Interest		
CURRENT ISSUES: Discussion	Mon 4 to 6 Every 6 weeks Host picks topic (often social issues) & prepares wine & snacks	Oliver Zafiriou
FOR YOUR HEALTH	Meet monthly if the topic interests you Leader is a health coach and will initiate topics but wants input from the participants as well	Laura Winslow
FRENCH: Coed Conversation	Monday, 2 p.m. Meet at Gus Canty Must be fluent enough to carry on a conversation	Jerry Lanson
FRENCH: Femme Francaises Conversation	Wednesday afternoons at 1:30 Women only Meet in homes, share snacks Subscribe to magazine designed to help the British learn French (\$70) Intermediate level	Marsha Zafiriou (Encore)
GARDENING: Dirt Diggers	Tuesday afternoons some months Trips to various gardens and related activities other months	Phyllis Huse
GERMAN: Conversation	TBD	Marsha Zafiriou

INVESTMENT GROUP	2 nd Thursday 5:00 to 6:30 p.m. once a month Falmouth Library	Phil Nehro
KNITTING/ NEEDLEWORK	Thursday 1 to 3 Gus Canty - Room 2 Drop in option Any skill level including new to it Knitting, crocheting, quilting, other needlework or beading	Ellen Barkhuff
		Laurie Pocius
LINE DANCING	Tuesdays 2 to 3 (1:30 warm-up & review) Men & Women Gus Canty No lessons between Mem Day & Labor Day	Doris Lachapelle
MUSIC: Opera - Live Met Transmissions	Saturday afternoons Scheduled several times a year Carpool to Kingston or Dennis	Nancy Walbek
MUSIC: Playing 60's Music	Wednesday afternoons twice a month Location rotates Play an Instrument or Sing	Curt Bakal
PHOTOGRAPHY: Shutter Bugs	Monthly events: by topic About an hour Bring own cameras 12 months	David Margaretos
SPANISH: Conversation	Fridays at 1:00 p.m. Must be at a Spanish conversational level (not for beginners)	Alice Goldstein
		Linda Sanvicente
'Teacher' FIELD TRIPS (without the kids!')	Year-round monthly trips via car (ride sharing) On and off Cape	Christina Brodie
		Olivia Masih White
TECHNOLOGY TIPS	2 nd Thursday, 3 to 4:30 p.m. Meeting Room, Falmouth Library Small group and individualized coaching on par- ticipant-generated topics	Denise DeCoste
		Art Gilbert
VOLUNTEER EXCHANGE	Volunteer for tasks you are comfortable doing when another member needs some extra support Your hours are tracked At some point when you might need support, oth- ers will invest <i>their</i> hours to support you	Susan Gilbert
		Art Gilbert
WRITING: Poetry Circle	4th Thursday, 10:00 a.m., Trustees' Room at the library Supportive group to encourage our natural ex- pression Meet monthly to share original poetry	Marcie Schwartz