

**18th Sunday in ordinary time
(Year B) 1 August 2021**

First reading

Exodus 16:2-4,12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord

All: Thanks be to God.

Responsorial Psalm

Psalm 77(78):3-4,23-25,54

The Lord gave them bread from heaven.

The things we have heard and understood, the things our fathers have told us, these we will not hide from their children but will tell them to the next generation:

The Lord gave them bread from heaven.

the glories of the Lord and his might and the marvellous deeds he has done, Yet he commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

The Lord gave them bread from heaven.

Mere men ate the bread of angels. He sent them abundance of food; So he brought them to his holy land, to the mountain which his right hand had won.

The Lord gave them bread from heaven.

Second reading

Ephesians 4:17,20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the

truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord
All: Thanks be to God.

Please stand for the Gospel Acclamation.

Gospel Acclamation:
Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.
Alleluia!

Gospel

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.
All: Praise to you, Lord Jesus Christ.



**Sacred Heart Parish
Preston**

322 Bell St, Preston 3072

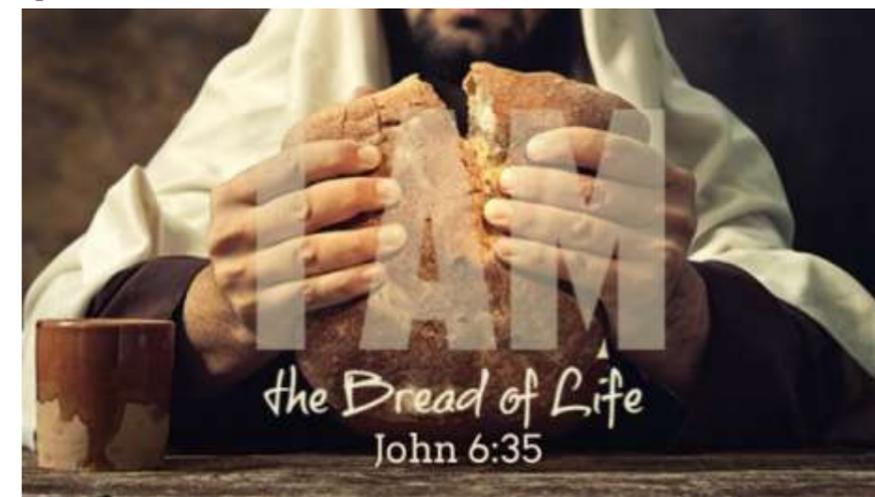
Parish Contacts: Phone: (03) 9480 3398 Or (03) 9484 2124
Email: preston@cam.org.au Website: www.sacredheartpreston.com.au



**18th Sunday in Ordinary Time
(Year B) 1 August 2021**

Becoming Bread for Others

The Scripture readings of this Sunday offer us a deeper meaning of the miracle of the multiplication of the loaves and fish. This miracle reminds us of the manna given to the Israelites in the wilderness. According to Moses, the manna was given to them by God. It was intended not only to satisfy their hunger, but more importantly, to be a sign that God was with the Israelites in their trials. Likewise, the multiplication loaves and fish was intended to not just satisfy the hunger of the crowd, but to be a sign for them of God's presence in Jesus. After all, Jesus introduced Himself as the Bread of Life who satisfies the spiritual hunger of the people. Therefore, the bread given by Moses was perishable while the bread given by Jesus is imperishable. We believe that Jesus continues to feed us with that living bread. Hence, we will never be hungry or thirsty again. How can we receive that Living bread? I believe that frequent participation in Mass and receiving the Body and Blood of Christ through Holy Communion, nourishes us with that living bread. It has a great effect on our lives. It transforms and makes our lives more fruitful. St Paul, realising that effect of the bread of life, reminds us "not to go on living the aimless kind of life that pagans live" (Ephesian 4:17). Moreover, the living bread transforms us to be better persons: kind, loving, caring, forgiving, and compassionate. Once Jesus' way of life becomes our lifestyle we will become "bread for others". We become bread for others by bringing hope to those living in hopeless conditions, justice for those who suffer social injustice, voice to the voiceless, healing to the broken hearted, consolation to the lonely, peace to those living in unfriendly environments. Let's continue to pray for the guidance of the Holy Spirit that we may work tirelessly caring for those who are hungry to see God's presence in their lives. God Bless You



Office Hours:

Mon, Thurs & Fri: 10am -2pm

Parish Priest:

Fr Aloysius Nato, SVD
Ph: 0428 715 282

Italian Community Chaplain:

Fr Albano Da Costa, SVD
Ph: 0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney
School Phone: 9487 1001

Sacrament Co-ordinator:

Ylenia Useli
shpcatechists@gmail.com

Child Safety Officers:

Kay Dufty: 0431 376 212
Robert Dullard: 0433 401 958

Child Safety Committee:

Robert Dullard (Chair), Kay Dufty,
Mary Harb, Teresa Dang and
Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Kay
Dufty (secretary), Tony Eley,
Ophelia Swai, Anisasio (Pauline)
Veamatahau, Mark Tierney,
Ben Fortuna and Natalie Baran

Parish Finance Committee:

Peter Constable (Chair)
Ph: 0425 779 831

St. Vincent de Paul Society:

Stephen Costello (President)
Ph: 0432 405 417

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm
Sunday: 9:00am (Italian),
10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9.10am

Healing Mass: 1st Thursday of
the month at 1.30pm

Devotional Practices:

**Adoration of the Blessed
Sacrament:** Wednesday after
9.10am Mass

Holy Rosary: Thursday (English)

Reconciliation:
Weekdays: 30 minutes before
Mass or by appointment

Baptisms & Weddings:
By appointment only

Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

Registration for Sacramental Program for 2021

Children of our parish who attend other than Catholic schools and wish to receive the Sacraments of Reconciliation (Year 3) and First Holy Communion (Year 4) are required to enrol for preparation classes conducted in our parish. Enrolment forms are available in the foyer of our church.



Feast Days of the week:

Monday 2nd August St Eusebius of Vercelli, Bishop
 St Peter Julian Eymard
 Tuesday 3rd August St Dominic, Priest
 Wednesday 4th August St John Vianney
 Thursday 5th August Dedication of the Basilica of St Mary Major
 Friday 6th August The Transfiguration of the Lord.
 Saturday 7th August Ss Sixtus II and Companions
 St Cajetan

Joke Corner

A funeral service is held in a church for a man who has passed away. At the end of the service, the pallbearers carrying the casket accidentally bump into a wall jarring the casket. They then hear a faint moan. They open the casket and find that the man is alive. He lives for 10 more years and then dies. A ceremony is held again at the same church and at the end of the service the pallbearers pick up the casket. As they are walking out of the church the wife calls out, "Watch out for the wall!"

Thanksgiving Envelopes

The next batch of thanksgiving envelopes are in the foyer ready for collection. Please collect yours. Thank you for your continued support to our Parish.

Last Week's Collection: 25/7/21

1st Collection for our Church: \$
 2nd Collection for support of clergy: \$



Meditation on Jesus For Healing and Wellbeing Of Body & Soul

(Through gentle postures and breathing exercises)
 August 7th from 1pm – 4pm.
 (Cost: \$20, Concession \$15).

Registration is necessary by phone or email.
 Guided by Fr. Gilbert Carlo SVD
 At: **Janssen Spirituality Centre**,
 22 Woodvale Road, Boronia, Vic
 RSVP Tel: 03-97626625 or Email:
enquiries@janssencentre.org
 Or gilbertcarlo@gmail.com



"Heart of Life is offering an "At-home Retreat – Moments that are Grace" – over five weeks, beginning Tuesday, 3 August and concluding 31 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion on how God might have been present for you. To register your interest, please call 9890 1101 or email info@heartoflife.melbourne no later than 28 July 2021."



Episcopal Ordination

We congratulate the Most Reverend Martin Ashe and Most Reverend Anthony Ireland. On their Episcopal Ordination which occurred Saturday 31 July at St Patrick's Cathedral. May the Holy Spirit continue to guide them in their new role.

'The ministry of an Auxiliary Bishop is to confirm, strengthen and support the priests and local communities in the region to which he is sent.'
 Bishop-elect Anthony Ireland



'Being a bishop ... ultimately, it's the Lord calling me in another way to continue the mission of the Church that I am really keen on giving my life to.'
 Bishop-elect Martin Ashe



SACRED HEART Gardening Group

A new Gardening Group is meeting once a month to help keep our church grounds neat and beautiful. We welcome new volunteers as many hands make light work!
 The next working bee is on:

Saturday 7 August
 10am - 12pm
 (providing restrictions allow)
 (-green fingers crossed)

Meet at the Presbytery

BYO: Gardening gloves and tools for weeding and pruning. One or two whipper snipper owners are most welcome!!
 Morning tea provided.

INFORMATION SESSION FOR THE PERMANENT DIACONATE

DO YOU FEEL LIKE BEING CALLED TO SERVE?

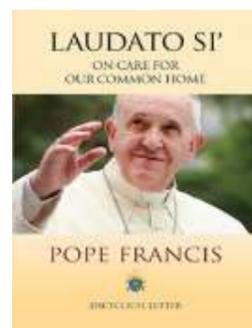
The Permanent Diaconate is open to single and married men who want to serve God and the Church as ordained ministers.
 COME & SEE! An Information Session about the Permanent Diaconate will be held on 14 August, Saturday 10:00 -11.45 am at the Catholic Theological College (CTC), East Melbourne.
 For more information: Watch: Melbourne's Deacons <https://youtu.be/q2RhNDbtTSO>
 Watch: Pope Francis' 2020 Prayer Intention for Deacons <https://youtu.be/NuG99HD1LaY>
 Read More: [Brochure] <https://www.cam1.org.au/permanent-diaconate>
 Contact: Office of the Permanent Diaconate (Phone) 03 9412 335 (Email) diaconate@cam.org.au

CatholicCare Victoria Sunday Appeal

Next weekend is the CatholicCare Victoria Sunday Appeal. As our parish's social service agency, CatholicCare Victoria delivers counselling and mental health services, specialised support for children and teens, refugee and asylum seeker help, support for separating families, homelessness support and pastoral care. Donations from our parish community will help to support the most vulnerable individuals and families in our community.
Please donate to the CatholicCare Victoria Sunday Appeal. Your support and generosity will help the vulnerable and marginalised in our community and empower everyone to reach their full potential. You can donate using the appeal envelope available or online at www.catholiccarevic.org.au or call (03) 9287 5513. All gifts of \$2 and above are tax deductible



LAUDATO SI: ON CARE FOR OUR COMMON HOME



Researchers studying plants, ants, birds, dung beetles and orchid bees in the Brazilian Amazon have found clear evidence that deforestation causes drastic loss of tropical forest biodiversity. Deforestation through logging, fire and farming had a major effect on species loss and simplification across large areas.

Pope Francis shows concern for what is happening to biodiversity in Brazil
 LS 88: The bishops of Brazil have pointed out that nature as a whole not only manifests God but is also a locus of his presence. The Spirit of life dwells in every living creature and calls us to enter into relationship with him. Discovering this presence leads us to cultivate the "ecological virtues". This is not to forget that there is an infinite distance between God and the things of this world, which do not possess his fullness. Otherwise, we would not be doing the creatures themselves any good either, for we would be failing to acknowledge their right and proper place. We would end up unduly demanding of them something which they, in their smallness, cannot give us.

Spirit of life, you dwell in every living creature and you are always calling us into relationship with you. May we find you wherever we seek you. Amen

WE PRAY FOR:

The elderly and the sick
 Anthony, Peter Bourke,
 Pasquale Curcio, Anthony Joseph
 Paige Lapenta, John Plum ,and
 Bronislawa Slobodzian
 That they may be blessed with constant care, attention and respect



Those who have died recently
 Benedetta Verga (RIP 29/7)

We Commemorate

O Lord, may perpetual light shine upon them.
 May they rest in peace. Amen.



THOUGHTS FROM POPE FRANCIS



The Lord is aware of all that we have been through in this time. He is close to those who felt isolated and alone, feelings that became more acute during the pandemic. He is not indifferent to this.

Ministers' Roster

The next Roster for Readers and Eucharistic Ministers for all weekend Masses has been prepared. For those requiring a paper copy (i.e. not receiving an email copy), a copy has been placed (in an envelope) in the church foyer for you to collect
 Thank you all for your faithful service to our Eucharistic Celebrations.

DATES TO REMEMBER

Thursday 5 August: Healing Mass - 1.30pm

Roster for weekend of 7/8 Aug 2021		
	Readers	Ministers
Sat 6.00pm	John Kmaid Terry Murphy	Peter Bourke
Sun 9am (Italian)	Volunteers	Volunteers
Sun 10.30am	Ivana Lo Bello Judeline Wadhvani	George McBrien
Sun 6.00pm	Carolina Constable Peter Constable	Margaret Bannan

Cleaning Roster: Saturday 7 August 2021

Volunteers
 Thank you for your hard work

