## **ELLIOTT EQUITHERAPY**

Elliott EquiTherapy, owned by Wade & Sheridan Elliott, uses a super pulsed cold laser by Multi Radiance, MR4activet, which is able to treat over 300 different conditions, as well as conduct pre and post-performance treatments. Cold laser therapy is also known as Low Level Laser Therapy (LLLT) and has been used for over 40 years in the medical, physical and veterinary fields. This type of laser is one of the safest on the market as well as one of the most powerful. It is able to penetrate up to 5" deep without creating any heat. Cold laser therapy has dramatically evolved over the years through improved technology and the scientific findings of over 4,000 clinical studies; not to mention the fact that LLLT is endorsed and used by various different professionals such as the Justin Sports Medicine Program, The Olympic Equestrian Team and ISLEP (International Society of Equine Locomotor Pathology).

"When I saw one horse literally cry after receiving a treatment, I knew this type of treatment was the answer to my prayer of finding meaning and passion in a career that my college education prepared me for."

Wade grew up in Fairfield, Texas and involved in numerous was different agricultural fields throughout his childhood where his passion for animals started. He graduated from Fairfield High School in 2008 and then went on to graduate from Tarleton State University with a Bachelors of Science and a minor in Biology in 2012. After graduation he married Sheridan Hodge, who is also a Tarleton State University graduate, and accepted a ranch management position in the Texas Hill Country. But days spent doing manual labor left Wade yearning to use his college education in a more meaningful, passionate and productive way; thus started the journey of investigation which led him to Low Level Laser Therapy. Through his research Wade gained confidence in this type of laser mainly because of the numerous clinical studies explaining how and why this laser worked. Plus these clinical documentations showed no harmful side effects of cold laser therapy. So he and Sheridan prayed and took a leap of faith and invested all of their savings into purchasing the laser.



Wade working at the San Antonio, Texas Livestock Show and Rodeo

Wade started out slow traveling on the weekend to various barrel races and equine events within 100 miles of home. But it didn't take long to realize there was a demand for his services, and another leap of faith was required... leaving the ranch job! A scary step because it meant they would be totally self-employed. But seeing his calendar filled with appointments and witnessing firsthand the horses getting relief (shown by them relaxing and licking their lips) Wade and Sheridan went for it! Wade said, Continue Elliott EquiTherapy...

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So Wade broke down for us how this treatment works. The scientific explanation is ...Cold laser therapy works through the process of photobiomodulation, also known as photosynthesis. Photons deliver nitric oxide at a cellular level directly to the mitochondria, which is the 'powerhouse' of the cell. Next, an increase and exchange of ATP productions begin. This translates in layman's terms as...The use of the Cold Laser leads to repair and regeneration of damaged tissue in the cells, which helps accelerate healing in the tissue and helps to raise it to an optimum level of function. Cold laser therapy through its clinical trials can treat over 300 different conditions including this short list: back and body soreness, spasms "tying up", fractures, ligament strains, tendons repair, wound care, arthritis conditions, nerve regeneration, lymphatic drainage, swelling reduction and pain management of "kissing spine".

Treating a horse prior to competition for the purpose of pain relief due to an existing condition or just from stiff and sore muscles from traveling to the event has its benefits. Cold laser therapy has been clinically proven to increase a horse's flexibility by creating a more fluid movement in their joints and muscles, which can result in a 3% increase in arena performance. This number may seem small, but it can be witnessed by calmness in the alley, better flexibility in turns for barrel horses and just an overall sense that the horse is enjoying his task. Cold laser pre-performance treatments also helps reduce stress on the horse's immune system when having the blood vessel oxygenated. Clinical studies also show that cold laser preperformance treatments allows the horse to recover 300% faster after competition. This number is one of most exciting of a preperformance treatment. This allows the horses to get calm and cooler faster without the aches and pains.

Elliott EquiTherapy is based out of Johnson City, Texas, but is really a mobile company. Wade currently travels all over the state of Texas and Oklahoma and charges \$50 a horse per full body treatment. Operating a mobile service helps to keep the horses calm in their normal environment which helps improve the results.

Contact Wade at therapy4relief@gmail.com or call 903-388-6223 Visit our FB page to see videos, photos and view our schedule!



Cold laser therapy does wonders for different conditions on the lower extremities.



Wound the first day with no laser treatment... progress made after two laser treatments and a week's time.... wound with four laser treatments and 2.5 weeks time.



This shows just how comfortable and relaxed equines get when getting worked. I believe this guy fell totally asleep.

## www.Facebook.com/Elliott-EquiTherapy