



JUNE 2019

Mon.	Tue.	Wed.	Thu.	Fri.
3 NO GROUPS	4 NO GROUPS	5 NO GROUPS	6 LEISURE GROUP 1-3 P.M. CHESS, BINGO, Prizes! - JAMES WEIGHT MANAGEMENT 3 P.M	7
10 ARTS AND CRAFTS 1-3 P.M. – KAIDEN Tentative – please check with reception	11 STRESS & ANXIETY – JUMOKE 1P.M	12 MOVIE DAY - JUMOKE 1 P.M	13 LEISURE GROUP 1-3 P.M. CHESS, Games, Fun! - JAMES WEIGHT MANAGEMENT 3 P.M	14
17 ARTS AND CRAFTS 1-3 P.M. - ERIKA	18 COFFEE CLUB 1-2 P.M. KAIDEN – Tentative – please check with reception	19 MOVIE DAY - JUMOKE 1 P.M.	20 LEISURE GROUP 1-3 P.M. CHESS, BINGO, Prizes! - Pending WEIGHT MANAGEMENT 3 P.M	21 STRESS & ANXIETY – JUMOKE 1P.M
24 ARTS AND CRAFTS 1-3 P.M. – ERIKA Craft – Mindfulness Bottles	25 AGM – No Groups	26 MOVIE DAY - JUMOKE 1 P.M.	27 LEISURE GROUP 1-3 P.M. CHESS, Games, Fun! – Pending WEIGHT MANAGEMENT 3 P.M	28 STRESS & ANXIETY – JUMOKE 1P.M