2015 PARTICIPANT INFORMATION COVER SHEET

League Official Use League Official Use Fee Information BC Birthdate: Amount Paid: League Age (as of 7/31/15): ME Weight: Buy-Out Paid: Division: How paid: Approved by: Receipt #: FOOTBALL Raffle Tickets: Raffle Tickets: & Cheer PARENTS/LEGAL GUARDIANS FILL OUT THIS PORTION: Participant Legal Name: MIDDLE Participant Address: ZIP CITY ADDRESS Siblings participating in this organization: Sibling Name: _____ Age: ____ Sibling Name: _____ Age: ____ Mother/Guardian Name: Mother Address: (if different from Participant's) ADDRESS CITY Home Phone: Cell phone: E-mail address (must be written clearly!): Father/Guardian Name: Father Address: (if different from Participant's) Home Phone: _____ CITY Cell phone: E-mail address (must be written clearly!): LEAGUE OFFICIALS COMPLETE THIS SECTION: League received 2015 Player Contract (Reg) Parent understands that the JAAFSCC group insurance is a Secondary Excess Coverage over Insurance provided by the parents' insurance coverage (Reg) League received 2015 OCJAAF Contract (Reg) League received 2015 Parent Participation form (Reg) Utility bill checked to verify address (Reg)

Medical Examination (AD)

20__ Orangecrest JAAF Cheer Contract Form

| Child's Full Legal Name | League Age (As of 07/31) |
|---|---|
| Parent/Guardian's Full Name | <u> </u> |
| Handbook, By-laws, OCJAAF Registration, and JAAI know and adhere to the documents that govern this organic | FSC Player Contract: Parents are responsible tanization. |
| Sportsmanship: through word and action, parents/specthe organization before, during and after practices, game | etators are expected to be a positive presence in es, and competitions. |
| Fundraiser: each child is required to participate and fulfi Spirit wear, pictures, trophies, and yearbooks will be disp | ill the fundraiser obligation or buy out for \$75. persed when all financial obligations are met. |
| Sponsorship: Cheer is required to raise \$1200 per the will require the remaining balance to be equally divided be sponsorship. | whole squad. Any portion of this amount not me by the number of participants who did not turn in |
| Fees: registration fees and fundraisers must be paid in a per returning participants and \$470 per new participants. | timely manner. The Cheer registration is \$275 Competition is \$100 per participant. |
| Refunds: Registration will be issued if requested in writing pack, personalized items, and the cost of the uniform will ending injury, before the third game in regular season plaparent may request a refund of \$100. There will be no other practice. | be deducted. If a participant suffers a season ay, as verified in writing by a medical doctor the |
| Uniforms: each cheerleader will be provided with a singl Once uniform order has been placed no refunds will be g | e uniform to be used at games and competition. iven. |
| Photography: there are often photos being taken of the website or in league albums. | kids. These photos may be posted on the |
| Initial here if you DO give your consent for your choosted in connection with Orangecrest JAAF | nild to be photographed and his/her photo to be |
| Initial here if you DO NOT give your consent for you be posted in connection with Orangecrest JAAF | our child to be photographed and his/her photo |
| Parking and other rules: adherence to parking and all of the and any visitors fields, is mandatory and necessary for ou | he rules at all fields including Orange Terrace ir continued ability to use these facilities. |
| By signing below you agree to comply with all of the by-la American Football of Southern California conference and program, both at home and away, and understand that it is ules and expectations. | the Orangecrest Youth Football and Cheer |
| Parent/guardian signature: | Dated: |
| Parent/guardian signature: | Dated: |

SOUTHERN CALIFORNIA JUNIOR ALL AMERICAN CONFERENCE, INC. 2015 PLAYER'S SEASON CONTRACT

(Please only complete the yellow highlighted section of this form)
(PLEASE READ CAREFULLY)

Rev. 03/15

| SECTION I (C | hapter Offi | <u>cials</u> will con | nplete SECTION | V I after candid | ate has been assigne | ed a specifi | c Team, League | and Division) |
|---|--|---|--|--|---|--|---|---|
| SCJAAFO | Chapter | ORA | NGECRES | T JAAF | Team N | Name | | |
| DIVISION: | IR. MICRO | MICRO | ☐ JR. PEE W | EE PEE WE | E MIDGET 0 | CHEERLE | ADING RETU | JRNING NEW |
| SECTION II | (TO BE | COMPLETEL | BY CANDIDATE | E PLAYER PARE! | NT/ GUARDIAN) | | | |
| NO CANDIDATE The CANDIDATE | will be permitt PLAYER agre | ed to participate es that he will f | e in any activity unti aithfully abide by th | I SECTIONS II, III, e Rules of the SCJ | V and VI of this Contra AFC to the very best of | ct has been co his ability. | ompleted in full. | |
| Participates Legal I | ast Name | Legal First | Middle | Bi | rth date Age | e (as of 7-31- | School Na | mme & Grade (as of 7-31-15) |
| Address | | | | City | | | Zip | |
| Home phone numb | er (with area co | ode) Cell | number Parent/Guar | dian (with area code) | Cell number #2 (with | area code) | Parent/Guard | lian e-mail addresses |
| I/We as parent/gu Local Chapter to property of Local cost of said equip from Local Chap I/We as parent/ comply with an disciplinary act PARENT/GUARD RELATIONSI SECTION IV | nardian of sai said candidat Chapter. I a oment, with p ter. guardian of y and all ru ion to be tal IAN: Signatur HIP TO MI | d candidate do te. I understar tere to reimb ayment due w said candida tes and regul teen against s te Thor: FA | o hereby assume for all equipment is urse Local Chapte hen equipment is R te understand it ations of SCJAA aid candidate, particles (No Nickname) | MENT RESPO ull and complete to s to be used for So r for any and all of requested by Loc ULES AND REC is the responsib AFC. Any nonce arent/guardian, to Print Nar MOTHER COMPLETED (S) (Please print!) | ONSIBILITY For the proper care and CJAAFC activities on equipment that is lost, all Chapter, or immedical CHATION described by the parent/grompliance with rule ream or chapter by Single LEGAL GUA | ly and that a damaged or ately upon the uardian, cases and regular SCJAAFC. RDIAN ERATHLE | stolen for the full he withdrawal of s and idate, team an lations shall be contact. Date | replacement aid candidate d chapter to eause for R) |
| Proof of Age: | ☐ Birth Cer | | | ☐ Gov't ID | | | | |
| Examining Dr Examining Dr Examining Dr | () W requi | Heart ☐ Ears Thile this exami rement for partiality dividual exami ons: | Height Nose Technical Nose Technical Nose to Tec | Weight eth ☐ Abdome titute a complete M h football program. is considered not ph Offic BY RESPONSIBL hereby certify that | n | ☐ Hernia Des on this dat icipate in this EAM OFFIC mitted does c | (recommended te, and based upon myouth football programmend Date | y observation, meet the ram for the following |
| Sections 11 and II Examination, Sect explained fully the Finally, we certify | I. In addition, to ion IV, was co | we hereby certi: mpleted by the o follow in the the Player Seas | fy that the Parental (qualified Doctor of levent of injury, and | Consent and Medic Medicine listed, prid I that in- jury/insura | al Treatment Authorization to the Candidate's part | ons, Section I ticipation in a performed in cable. | ny manner with this accordance with SC | and, together with the Medic team. We certify that we hav JAAFC rules and procedure |

ABOUT THE CONFERENCE/LEAGUE INSURANCE COVERAGE

SECTION VI. (TO BE COMPLETED BY CANDIDATE PLAYER PARENT/GUARDIAN)

PARENTAL CONSENT

I/We the parents/guardians of the minor named in Section II Candidate for a position on a SCJAAFC Team, hereby give my/our approval to his/her participation in any and all SCJAAFC activities during the current season. I/We assume all risks and hazards incidental to such participation, including transportation to and from such activities. I/We do hereby waive, release, absolve, indemnify, and agree to hold harmless the team, the Chapter, and the SCJAAFC including sponsors and other related participants, for any injury to my/our child. SCJAAFC has advertising, modeling and photo copyrights.

MEDICAL TREATMENT AUTHORIZATION

The SCJAAFC has Secondary Excess Accident-Medical Group Insurance coverage, with a deductible amount for each injury incurred. The SCJAAFC group insurance is "SECONDARY EXCESS COVERAGE," over any valid collectable coverage provided by the parent's separate personal or employee's dependent group insurance. The SCJAAFC secondary group covers one year from date of first treatment, for each injury, with dental coverage, for sound natural teeth, including dental X-rays. Abdominal hernia and pre-existing conditions are excluded. In executing the foregoing release, I/we, the undersigned acknowledge and represent that I/we understand that any claim for injuries which arises out of our child's participation, must be reported to the Team or Chapter Officials "IMMEDIATELY". The insurance claim form must be filled out and delivered to the Conference Insurance Commissioner "WITHIN 30 DAYS" from the date of injury. I/We have read the foregoing release, understand it and signed it voluntarily.

| injuries which arises out of our child's participation, must be reported to the Team or Chapter Officials "IMMEDIATELY". The insurance claim form must be filled out a delivered to the Conference Insurance Commissioner "WITHIN 30 DAYS" from the date of injury. I/We have read the foregoing release, understand it and signed voluntarily. |
|---|
| THE NAME OF OUR OWN AND/OR EMPLOYMENT GROUP INSURANCE COMPANY IS: |
| POLICY NUMBER: (IF NO INSURANCE, List Father's or Mother's Soc. Security No.) |
| n the event of injury to MY/OUR Child, I/We hereby grant authority to a qualified Doctor of Medicine to render such medical treatment as said Doctor of Medicine deems necessary under the circumstances. PLEASE LIST ALL ALLERGIES or mark NKA |
| A. IMPORTANT NOTICE (State required "Disclosure" statement; C.I.C. Section 10270.2) |
| THIS IS AN EXCESS PLAN – The Medical Expense Benefit of this Plan (Program) is an "EXCESS" type benefit that picks up whe other coverage leaves off. If you have any other individual, franchise, blanket or group (except automobile medical payments insuranc coverage which provides benefits of services for, or by reason of, medical or dental care or treatment, then this Plan (Program) will paount the medical expenses not provided or reimbursable under your other coverage. The premium for this Plan (Program) has been reduced, taking this into account. |
| If you have any other coverage, you should first submit you claim under that coverage. You should submit a claim under this Pla (Program) only if you have no other coverage or if your other coverage does not fully provide or pay for your medical care or treatmer Failure to submit the claim to your primary carrier can result in delaying payment by SCJAAFC insurance carrier. |
| B. The Conference/League insurance is "EXCESS" only. This means that the Parents/Guardians OWN INSURANCE MUST B NOTIFIED OF THE INJURY. If the Parents/Guardians have insurance WITH PRE-PAID MEDICAL PLANS, such as Kaiser or Ros Loos, the injured person MUST BE TAKEN TO THE PRE-PAID MEDICAL FACILITIES, for treatment. |
| C. If insured's Parent's/Guardians HAVE NO OTHER 1st OR PRIMARY INSURANCE; the Conference/League group insurance may be used. BUT THERE IS A \$1000.00 DEDUCTIBLE FOR EACH INJURY. Subject to change. |
| D. The Conference/League group insurance PAYS ONLY TO THE HOSPITALS AND DOCTORS unless receipts are submitted showing proof of payment by Parent/Guardian to the Hospital/Medical Treatment center. The following forms are required to proceed the claim. 1. Insurance Claim Form. 2. Chapter AD report of injury. 3. Copy of Parent/Guardian Insurance card. 4. Hippa Form (of www.leaguelineup.com/jaafsc). 5. Copy of any medical bills. 6. Copy of player's contract. |
| E. Any and all claims MUST be reported to your Chapter AD. The Chapter AD will then notify SCJAAF. |
| Parent/ Guardian'sName (Please Print) |
| |

| Parent/ Guardian'sName (Please Print) |
|---------------------------------------|
| Relationship to Minor |
| Signature |
| Date |

S.C.J.A.A.F

Medical Examination From Season 20___

This form satisfies Section IV of Player's Season Contract. This form MUST be completed by a qualified Doctor of Medicine, Doctor of Osteopathy, Nurse Practitioner or Physician's Assistant as described in rules, Article III, Section C, and Certification #2.)

| J.A.A.F.S.C. Chapter | | Team Name | Team Name | | | |
|----------------------|---------------------|--|--|-------------------|-----------------------|--|
| | | | | | | |
| Last Name | First Name | Middle | Birth Date | Age | Phone | |
| | | | | | | |
| Address | | | City, State | | Zip code | |
| | | Height | The second section of the sect | | | |
| | | Weight | | - | | |
| | В | Blood Pressure | | applit. | | |
| | | | Heart | | | |
| | | | ☐ Ears | | | |
| | | | Nose | | | |
| | | | Teeth | | | |
| | | 1 0 m | Abdomen | | | |
| | | | ☐ Extremities | | | |
| | | | Hernia (recom | mended, NOT | REQUIRED) | |
| | | | | | | |
| Remarks: | | | | | | |
| () | it does on this dat | | stitute a complete Med ny observations, meet rogram. | | | |
| () | | ned by me on this da I program for the fo | ate is considered not p llowing reasons: | ohysically qualif | ïed to participate in | |
| | Explanation | | | | | |
| Examining Dr | | | Office I | Phone | | |
| Signature | | | | | | |
| Date: | | | | Stamp required | | |
| | | l: | | | | |

Orangecrest JAAF Mandatory Parent Participation Form

| need all of your during registrat | r help to make this the best seas | son it can be. All position, once al | parents will choose a position to assume I of the positions have been filled parents Please rank your top 3 choices: |
|---|--|---|--|
| | Game Coach Trainer (must be 14yrs or older) Competition Coach Competition Committee | | Asst. Game Coach Game Team Parent Asst Comp Coach Banquet Committee |
| Liaison will hav Snack bar assign | e the schedule available and ma | ake arrangements me before or afte | bar during home games. The Parent sthat work best for you and the League. It your child's game. You will not be |
| requirements. your driver's lice | ense picture, Megan's Law sign | you bring a copy ed by our Chapte | to be certified in protocols and of the SCJAAF rule book, a color copy of r Commissioner, and Coach's application. Clinic the second week of the season. |
| Your Full Name | | Your D | OB |
| Child's Full Nar | ne | Your Pl | none No |
| Your Address _ | | | |
| Occupation & E | mployer | | Phone No |
| Provide a brief | summary of experience in youth | Cheer, or knowle | edge of the sport: |
| Please explain, suspended in a | including when and what state y | you've been conv | icted of a crime or have been refused or |
| conduct a back understand you impressionable communication regulations of the | ground check, reviewing for crim 'Il hold a position of trust and res periods of a child's developmen skills with both children and adu ne SCJAAF Conference and Ora | ninal, sexual offen sponsibility in a yo t. You will have p Ilts. You agree to ungecrest Wolves | e permission for Orangecrest JAAF to der, and child abuse history. You buth program, dealing with sensitive and patience, understanding, and good comply with all by-laws, rules, and Youth Football & Cheer Program. You and in violation of this statement and form. |
| DL# | State_ | | Expires |
| Parent Signatur | e | | Dated |
| | | | |

Inherent Risk Sheet

Acknowledge of Rules

Cheerleading is reasonably, safe and fun as long as certain guidelines are followed. But there is an inherent risk of injury as in any athletic activity. Training is an aerobic activity, which includes jumping, stunting, motions, and tumbling. Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. Injuries that can occur in training include, but are not limited to, the following: blisters, muscle strains, ligament sprains, joint or muscle soreness, abrasions, contusions, stress fractures, broken bones, spinal cord injury involving paralysis, and even death. However, if you take certain precautions and follow all the given rules, the possibility of such injuries will be largely decreased. A certified AD (athletic director) will be present at all practices.

Be sure to consistently abide by the following guidelines and the rules listed in the Orangecrest Junior All-American rulebook:

- Never stunt or tumble unless a certified coach or trainer is present.
- Always practice in the presence of a certified coach.
- Always warm-up/stretch appropriately before cheering or stunting.
- Do not attempt a stunt that you do not know how to perform safely, the coach has not approved, or is not age-appropriate. Always use a spotter.
- Always cheer in an area free from obstruction, using a grassy area when stunting during practices. Do not stunt on uneven ground, wet surfaces, or on concrete.
- Stay focused while stunting. Don't talk, laugh, or mess around when performing a stunt.
- Report all injuries to the coach as soon as they occur.
- · Always wear appropriate shoes and clothing.
- Always come prepared to practices.
- Never wear jewelry of any kind during practices or games. This includes any type of body piercing.
- · Never chew gum during practices or games.
- Always wear hair pulled back from your face and shoulders.
- Always keep nails at appropriate length (no longer than your fingertips).
- Eat nutritious meals and get plenty of rest before practices and games.
- · Always ask for assistance or advice when needed.

| I,, have read and understand this inherent risk for appreciate and understand the assumptions of risks inherited in cheerleading phave acknowledge that I am physically fit and am voluntarily participating in this promise to follow the given rules. I further understand that if I do not follow the guidelines, that I can be suspended or completely removed from the Orangecre American cheerleading program. | articipation. I activity and ules and |
|--|---|
| Participant signature & date | |
| Cheer coordinator signature date | rev 03/15 |

Code of Conduct

During the season it is important for everyone to understand some very basic rules which we as adults must adhere to. While these rules of conduct comply with Junior All-American conference of Southern California rules, and our Chapter bylaws, the following list is a brief outline for parents, spectators, or guests to follow while visiting during practices and games. Failure to comply with these rules, may result in the suspension of termination of a parent, spectator, or guest and their right to attend practices and/or games.

No one is allowed on the practice field unless they are a coach, cheerleader, team parent, or board member; except in the areas designated for spectators.

No coach, team parent, or board member is allowed to give a child medication at the field. Parents, likewise, are not allowed to give their child medication and then return them to practice. The only exception is inhalers which must be administered by a certified team A.D., or certified chapter A.D. and their assistant. Parents are not allowed to administer inhalers from the sideline. All children required to use inhalers must have the correct prescribed or type of inhaler in the possession of the team AD at all practices. We will expect parents to give the team AD the appropriate inhaler to keep during the season.

Parents or spectators are not allowed to interrupt practices or games expecting to talk with the coaching staff. All concerns must be addressed to the Parent Liaison, who will approach the coaching staff in the event of a concern requiring immediate attention. All conversations with the coaching staff are to be reserved for after practices or games, conversations before practices or games will be at the coaches discretion.

Food or soft drinks given by spectators to players will not be allowed during practices or games. Water breaks given by the coaching staff will be for water or Gatorade.

No spectators are allowed within 50 feet of the check in area by conference rule, or allowed across the game field barrier set up by the home chapter during games.

No spectator is allowed to harass, provoke or strike a game official, board member, coach, staff member, or player at any time during, before or after a game (or practice).

No one is allowed to hinder the designated medical personnel while they are fulfilling their duties on the field or elsewhere within the jurisdiction of our program.

Spectators are to refrain from any fowl/derogatory remarks or actions directed to the opposing teams or chapters, in any manner which may provoke, confront, or insight the confrontations.

I have read and received a copy of the Orangecrest code of conduct, and agree to abide by the rules as described in the above sections.

| Parent Signature & date | Parent Signature & date | |
|-------------------------|-------------------------|--|