

# The Voice -

## The Newsletter of the Hawaii Dental Hygienists' Association



Fall/Winter, 2009

### President's Message - Your Voice Will Be Heard!



HDHA is headed for a fabulous year! Our Annual Scientific Session was a huge success thanks to you all. Congratulations to our newly elected officers. I am looking forward to working with such an amazing board. Diane Brucato-Thomas deserves a massive amount of credit for a superb job as President this past year. She possesses a wonderful talent for encouraging people to go above and beyond what can be expected of us volunteers and valuing all contributions brought to the table.

As a member of HDHA since I graduated from dental hygiene school in 2002, it is a tremendous honor to serve as your president for the 2009-2010 year. I will rely on my experience of 7 years on the Board of Trustees of the HDHA to carry our Association forward through this year.

This year, I will be doing my best to first, increase our membership, and second, to raise the necessary funds for a few important projects that will prove increasingly difficult during these challenging economic times. I have also asked the Board and my colleagues to focus on those two principle responsibilities. A BIG mahalo goes out to Patterson Dental for starting off our year with a \$1000.00 donation!

This is a time for ALL members to contribute, especially those "old timers" who have the experience as well as those new members who have the enthusiasm. I already have some ideas for a "social" event for all of us to just "hang out." That's right, no CE, just fraternizing. We

must stay united to succeed. The strength of our Association is one of the keys to many successful endeavors.

I thank you for this opportunity and look forward to everyone's participation. I am happy to answer any questions or concerns you might have, and I appreciate your feedback. Please feel free to email me at [love2floss@live.com](mailto:love2floss@live.com). Your voice will be heard!

~ Tricia Jinbo, RDH, BS

## License Renewal Cycle Underway

The time has come again to renew your professional license with the Department of Commerce and Consumer Affairs (DCCA) PVL Division. We have great news for you. **Renew your Dental Hygienist (DH) license online by midnight (HST), December 31, 2009** at [pvl.hawaii.gov/renewals](http://pvl.hawaii.gov/renewals) and receive a 25% Customer Appreciation Credit (CAC).

**SAVE \$10.00 and pay only \$100.00 to renew.**

The discounted fee is **ONLY** available for licensees who **renew online by midnight (HST), December 31, 2009.**

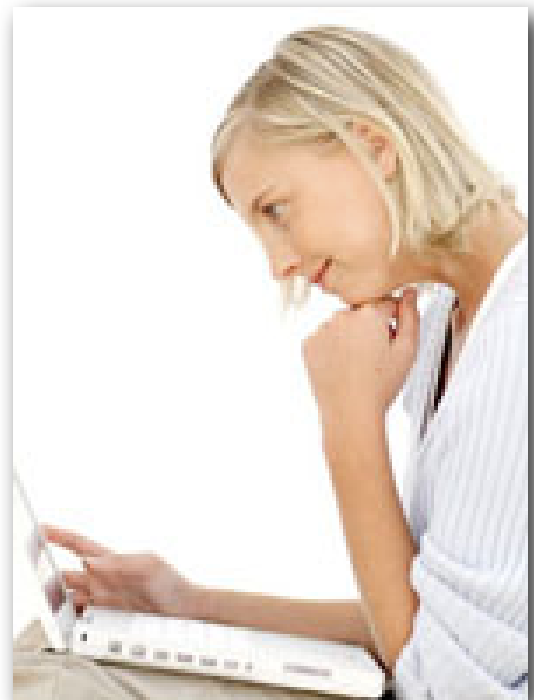
Renewals after **December 31, 2009** will not be accepted online and must be submitted by mail or in person to:

DCCA  
Professional and Vocational Licensing Division  
335 Merchant Street, Rm. 301  
Honolulu, HI 96813

THE DISCOUNTED FEE ABOVE DOES NOT APPLY TO MAIL-IN RENEWALS.

Visit [pvl.hawaii.gov/renewals](http://pvl.hawaii.gov/renewals) to renew your license online TODAY and SAVE!!!

It's Secure, Fast and Simple - almost like hitting "The Easy Button"! ;-)





## 2009-2010 HDHA Board of Trustees

Following is the list of your officers for this year. Please feel free to contact them with your suggestions and ideas!

**President** - Tricia Jinbo, RDH, BS - [love2floss@live.com](mailto:love2floss@live.com)

**President-Elect** - Gail Rubino, RDH, BA, MSDH - [gailrubino@hotmail.com](mailto:gailrubino@hotmail.com)

**Immediate Past President** - Diane Brucato Thomas, RDH, EF, BS, FAADH - [dmbt@hawaiiantel.net](mailto:dmbt@hawaiiantel.net)

**Vice-President** - Jill Rethman, RDH, BA - [grethman@hotmail.com](mailto:grethman@hotmail.com)

**Treasurer** - Elizabeth Kelley Miyashiro, RDH, BS - [memiyashiro@hotmail.com](mailto:memiyashiro@hotmail.com)

**Secretary** - Leanne Nadai, RDH, BS - [leannenadai@hotmail.com](mailto:leannenadai@hotmail.com)

**Trustee At Large** - Gerraine Hignite, RDH, BS - [gerrainet@excite.com](mailto:gerrainet@excite.com)

**Trustee At Large** - Amy Okoji, RDH, BS - [amyokoji@gmail.com](mailto:amyokoji@gmail.com)

**Maui Trustee** - Shannon Murakami, RDH, BS - [skyliemaui@aol.com](mailto:skyliemaui@aol.com)

**West Hawaii Trustee** - Susan Smith, RDH - [sdsrdh@hotmail.com](mailto:sdsrdh@hotmail.com)

**2nd Delegate to ADHA** - Sierra Spruce, RDH - [sierraspruce@gmail.com](mailto:sierraspruce@gmail.com)

# 2009-2010 Committee Chairs and Members

**Administration** - **Diane Brucato Thomas**, RDH, EF, BS, FAADH; Tricia Jinbo, RDH, BS; Gayle Rubino, RDH, BA, MSDH; Jill Rethman, RDH, BA, Elizabeth Kelley Miyashiro, RDH, BS

**Scholarship Sub-Committee** - Includes all Administration plus Leanne Nadai, RDH, BS

**Continuing Education** - **Jill Rethman**, RDH, BA; Elizabeth Kelley Miyashiro, RDH, BS; Gerraine Hignite, RDH, BS

**Annual Scientific Session Sub-Committee** - **Elizabeth Kelley Miyashiro**, RDH, BS; Gerraine Hignite, RDH, BS; Amy Okoji, RDH, BS; Leanne Nadai, RDH, BS; Daphne Yoshikawa, RDH; Mikiel Lina Agoy, RDH, BS; Stacy Matsuyama, RDH, BS; Diane Brucato Thomas, RDH, EF, BS, FAADH

**Membership** - **Gayle Rubino**, RDH, BA, MSDH; Elizabeth Kelley Miyashiro, RDH, BS; Susan Smith, RDH

**Nominations** - **Diane Brucato Thomas**, RDH, EF, BS, FAADH; Kim Schneider, RDH

**Public Relations** - **Mikiel Lina Agoy**, RDH, BS; Diane Brucato Thomas, RDH, EF, BS, FAADH; Stacy Matsuyama, RDH, BS

**Regulations and Practice** - **Sierra Spruce**, RDH; Diane Brucato Thomas, RDH, EF, BS, FAADH; Gayle Rubino, RDH, BA, MSDH; Marilyn Nonaka, RDH, BS, MS; Leanne Nadai, RDH, BS; Mikiel Lina Agoy, RDH, BS

**Hawaii HYPAC** - **Kim Schneider**, RDH; Anna Akaka, RDH, BA

**ADHA Delegation** - **Tricia Jinbo**, RDH, BS; Sierra Spruce, RDH (2nd Delegate); Gayle Rubino, RDH, BA, MSDH (1st Alt Delegate); Elizabeth Kelley Miyashiro, RDH, BS (2nd Alt Delegate)

**Website Manager** - **Mikiel Lina Agoy**, RDH, BS

**VOICE Editor** - **Jill Rethman**, RDH, BA

**A Very Merry Christmas and Happy Holidays from your HDHA Leadership Team!!**



# HDHA 18TH ANNUAL SCIENTIFIC SESSION A SUCCESS!!

**SUNDAY OCTOBER 4, 2009 - HILTON WAIKIKI PRINCE KUHIO**

Our one-day meeting was filled with great CE - thanks to Winnie Furnari - fun and fellowship. We had several special guests, including ADHA Executive Director Ann Battrell, RDH, MSDH; ADHA President, Lynn Ramer, LDH; ADHA Director of Governmental Affairs, Megan Fitzpatrick and ADHA District XII Trustee, Susan Savage, RDH, BSDH. Tricia O'Hehir, RDH, BS -Editor of Hygienetown and Perio Reports - also attended.

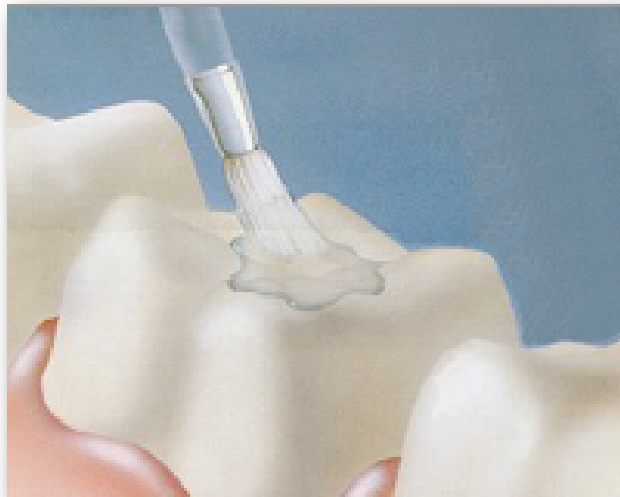


# UPDATED RECOMMENDATIONS FOR SCHOOL-BASED DENTAL SEALANT PROGRAMS

A work group of experts supported by the Centers for Disease Control and Prevention (CDC) recently developed updated recommendations for school-based sealant programs.

The updated recommendations, "Preventing Dental Caries Through School-based Sealant Programs: Updated Recommendations and Reviews of Evidence," were published in the November issue of the [Journal of the American Dental Association](#).

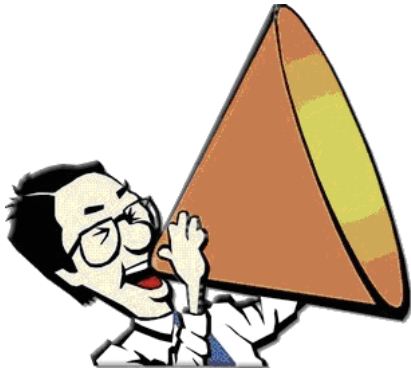
The workgroup, comprised of experts in the fields of caries prevention and treatment, oral epidemiology, and evidence-based reviews, examined new evidence on the effectiveness of sealants in preventing new decay and progression of early decay, methods to assess decay, and sealant placement techniques.



**Results.** The evidence supports recommendations to seal sound surfaces and noncavitated lesions, to use visual assessment to detect surface cavitation, to use a toothbrush or handpiece prophylaxis to clean tooth surfaces, and to provide sealants to children even if follow-up cannot be ensured.

**Clinical Implications.** These recommendations are consistent with the current state of the science and provide appropriate guidance for sealant use in School-Based Sealant Programs (SBSPs.) This report also may increase practitioners' awareness of the SBSP as an important and effective public health approach that complements clinical care.

You can read the complete recommendations [HERE](#)



## NEW ADHA MEMBER BENEFITS!

This holiday season is a great time to take advantage of all of your ADHA member benefits! Your valuable ADHA member benefits can help you save money this holiday season with savings such as discounted hotel stays, car rentals and more. Just in time for your holiday shopping ADHA is proud to introduce a new benefit this month!

●**NEW!** ADHA members now have access to a wide variety of discounted products and services through SmartSavings! SmartSavings is a discount marketplace that provides members with access to hundreds of brand name retailers and local merchants – all from one website. Special offers and discounts that you won't find anywhere else from clothing to vacations, event tickets and computers; you'll find it all on SmartSavings! Visit: <https://smartsavings.motivano.com> for more information. **Additional Benefits and Savings: Geico Insurance, The ADHA Platinum Plus® MasterCard®, and the ADHA Wireless Center, where you can save money on selected phones and services**

**Log on to:** <http://benefits.adha.org> for a complete list of **YOUR** member benefits!!

### The Quarterly Payment Plan is Now Available!

The Quarterly Payment Plan (QPP) is now available! Any current ADHA member who is due for renewal this winter can join the QPP [online today](#). Any new, former or lapsed ADHA members will have to contact ADHA member services by phone to join the quarterly payment plan. Summer Cycle members will be able to join the QPP online in April 2010. For more information, please visit the QPP [Frequently Asked Questions](#) page on ADHA's website.



# THINK GEORGE WASHINGTON HAD WOODEN TEETH? THINK AGAIN....



"Many people are surprised to find out that George Washington never had wooden dentures," said National Museum of Dentistry Curator Dr. Scott Swank. "We think the myth arose since ivory dentures tend to stain like wood after years of eating and drinking."

The National Museum of Dentistry features a gallery devoted to the first president and his tooth troubles. His dentures - made of ivory - are on display, as well as forceps made to pull his teeth on the Revolutionary War battlefield and examples of presidential portraits that show how tooth loss affected Washington's appearance.

Washington lost his first tooth when he was 22 years old. Despite the fact that he brushed with tooth powder daily, he would have only one tooth in his mouth by the time he was inaugurated president in 1789. Washington had many illnesses during his life, including smallpox and malaria. Treatments included remedies such as mercurous chloride, which is known to destroy the teeth.

His favorite dentist, John Greenwood, would make several sets of dentures for George Washington during his lifetime -- and none of them would be made from wood. In fact, they were carved from hippopotamus ivory and elephant ivory. Some of the dentures were set in gold and held in place with springs that held the upper and lower teeth together.

**The National Museum of Dentistry is an affiliate of the Smithsonian Institution. Located in Baltimore, MD, it's a great place to view historical exhibits and experience fun activities related to dentistry and dental hygiene. Check out:**

**<http://www.dentalmuseum.org> for more information.**



# Don't Miss This Event!

## HDHA's First-Ever Future Colleagues Showcase

**Sunday February 7, 2010**  
**8:30 am-4:30 pm**

**University of Hawaii Manoa**  
**Architecture Building - 2410 Campus Road**



Want to learn about the latest innovations in periodontal and implant therapy? How about evidence-based decision making? Are you concerned about the CRDTS and ADEX dental hygiene exams? Maybe you want to learn about professional chic and how to “dress for success.” Join your colleagues for a fun day of learning and networking! Speakers include Braden Seamons, DDS; Diane Brucato-Thomas, RDH, EF, BS, FAADH; Kaleihikina Akaka, BA; and Gayle Chang, RDH, BS. Table clinics and a Silent Auction are also part of this special event. Cost:

HDHA members, \$75 before

1/22/10, \$100 after 1/22/10. Nonmembers: \$150. Includes lunch. **Members - Get the early bird rate and save!!!!!!** Contact Ellie Kelley-Miyashiro, RDH, BS for more info at: [memiyashiro23@yahoo.com](mailto:memiyashiro23@yahoo.com)

**A BIG Mahalo to Hu-Friedy for sponsoring the Future Colleagues Showcase!!**

## Breaking News!!!



### *Let's Go Vegas!*

ADHA's 87th Annual Session and Center for Lifelong Learning is June 24-26, 2010, at Caesar's Palace. Registration and Housing opens January 13 - click [HERE](#) for more information. You can also enter ADHA's new video contest for a chance to win a \$500 VISA check card. Express why you are excited about Vegas and why your colleagues should attend the 2010 Center for Lifelong Learning at the 87th Annual Session to be eligible to win. Go [HERE](#) for more!

### *You Like Write????*

If you are interested in being the editor of The VOICE, contact me at [grethman@hotmail.com](mailto:grethman@hotmail.com). It's a fun way to help your association on your own time. You can use the current layout or

develop a new design...it's up to you! Let your creative juices flow :-)

### *ADHA to Phase Out Journal of Dental Hygiene Print Version*

At their 2009 Fall Board Meeting, the ADHA Board of Trustees acted upon a recommendation from the Finance Committee that ADHA reconsider the print version of *JDH*. The recommendation stated, "that if, at that time the journal is not self-sustaining, the print version of *JDH* should be discontinued." [For more information, click here.](#)

### *FDA Releases New Guidelines For Medication Labeling*

Manufacturers of OTC pain relievers, anti-rheumatic agents and fever reducers must now include warnings about potential safety risks, such as liver damage with excessive doses of acetaminophen and internal bleeding with NSAIDS. Drug companies have until April 20, 2010 to comply. Click [HERE](#) for a continuing education article from *Dimensions of Dental Hygiene*.



The Voice

Hawaii Dental Hygienists' Association

Editor: Gilia Rethman, RDH, BA

[grethman@hotmail.com](mailto:grethman@hotmail.com)



*Look for our next issue:*

*April, 2010*