*This is printed at no expense to the City*

From Mentor City Council



Mentor City Council

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake – Councilperson, Ward 1; John A. Krueger – Councilperson, Ward 4

2020 Mentor City Magazine

The 2020 edition of Mentor City Magazine has been delivered to each household in the City of Mentor.

Inside, you'll find helpful information about our city services and other resources that can serve as a reference during the next year. You'll learn a little bit more about what makes Mentor special to so many of us.

We would like to extend a special thanks to the advertisers which made this publication possible. They represent a portion of Mentor's robust business community that strongly supports our institutions and make so many high-quality public services possible.

If you are visiting, make yourself at home and please enjoy your stay. We hope you'll find time to take advantage of the many recreational, cultural, and shopping and dining opportunities that we offer.

Mentor 2020 Summer Events Canceled

The City of Mentor regrets to announce changes to its summer schedule of events due to a recent sustained rise in the number of positive COVID-19 cases in Lake County and surrounding counties.

The Mentor Rocks concert series is suspended until further notice. Although the risk of transmission at this outdoor event is very low, it is the joint determination of the City and the Lake County General Health District to practice caution while health indicators continue to be monitored. The General Health District confirms that no positive cases have been associated with

the concert series.

Additionally, the Mentor CityFest celebration scheduled for August 21st-22nd is canceled. We are not confident that the challenge of insuring proper social distancing and sanitary conditions at a festival event with high-contact activities can be met.

The City would like to thank our sponsors, volunteers, vendors, employees, and most of all, our attendees for your continued support in making these events successful. We look forward to welcoming everyone back when community celebration is the only

focus.

The City's approach to the delivery of services remains to work within state guidelines in cooperation with and under the review of local health officials. Living with this coronavirus will continue to require communities to find the balance between acceptable risk and quality activities, and to adapt as situations and conditions require for the good of public health.

Among populous counties in Ohio, Lake County remains among those with the lowest numbers of cases per capita or deaths from COVID-19.

Mentor Public Library Programs for Adults

Mentor Public Library Adult Programs for August

All of these programs are being offered online. Most will be hosted live via Zoom and require registration. You can sign up by calling the library or at www.mentorpl.org. A few will be broadcast on the library's:

- Facebook page:
www.facebook.com/mentorpubliclibrary
- YouTube channel:
www.youtube.com/mentorpubliclib
- And website:
www.mentorpl.org.

Borrow Board Games from MPL

Bored at home? Borrow a board game from Mentor Public Library. The library has more than a dozen board games available, including educational games for kids and both cooperative and competitive games for all ages. They include favorites like Catan, Munchkin and Pandemic, as well as quirkier offerings like Rhino Hero, King of Tokyo and Zombie Dice. For a list of games and their descriptions, visit www.mentorpl.org/games. Adults can borrow up to two games at a time for up to two

weeks. No renewals.

No Talking in the Library

Thursdays at 8 a.m.

Every week, watch a new episode of No Talking in the Library, the podcast where our librarians Meredith and John discuss pop culture, and what they've been reading, watching, and listening to. No Talking in the Library can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

Just the Facts: Nonfiction Book Reviews

Fridays, Aug. 14 and 28
12 p.m.

Every other week, Ms. Mollie from the Lake Branch will highlight two relatively new nonfiction books. Everyone needs a recommendation from time to time, and she can try to help you find your next favorite book. Just the Facts can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

All Booked Up with Cailey & Meg

Saturdays at 12 p.m.

Every week, MPL's librarians Cailey and Meg recommend and discuss books on a specific theme. They rotate their suggestions between teen and adult books. All Booked Up can be viewed on the library's website, www.mentorpl.org, as well as its Facebook page and YouTube channel.

It's a Mystery Book Club

Tuesday, Aug. 4, at 6:30 p.m.

This monthly book club reads crime-related genres such as thriller, suspense, true crime and mystery/detective. In August, they will discuss "Broken Places" by Tracy Clark. The book club will be hosted online via Zoom. Email mary.pelton@mentorpl.org if you wish to participate.

Serenity with Yoga

Wednesday, Aug. 5
2 p.m.

Enjoy a relaxing yoga session with instructor Darlene Kelbach from the comforts of your own home. Wear comfy clothes that are easy to move in and don't forget to set up your yoga mat or beach towel before we get started. Hosted online via Zoom. Registration required to attend.

Continued on page 8

In Rosey's Words....



Rosey Gamiere
Guest Writer

Did you know?

Glass takes one million years to decompose, which means it can be recycled an infinite number of times.

Gold is the only metal that doesn't rust, even if underground for thousands of years.

Your tongue is the only muscle in your body that is only attached at one end.

If you stop getting thirsty you must drink more water because once dehydrated the thirst mechanism shuts off, causing a need to be hospitalized.

Zero is the only number that cannot be represented by Roman Numerals.

Kites were used in the American Civil War to deliver letters and newspapers.

The song, Auld Lang Syne is sung at the stroke of midnight is almost every English-speaking country in the world to bring in the new year.

Drinking water after eating

reduces the acid in your mouth by 61%.

Peanut oil is used for cooking in submarines because it doesn't smoke until its heated above 450 degrees.

The roar of the sea that we hear when we place a conch shell to your ear is not the ocean, but rather the sound of blood surging through the veins in the ear. (it's still fun the first way!)

Nine out of every ten things live in the oceans. (Preserve and support clean water & protect against debris)

The banana cannot reproduce itself, and only by the hand of man. (How would we otherwise live without bananas?)

Airports at higher altitudes require longer airstrip due to lower air density.

The University of Alaska spans 4 time zones.

The tooth is the only part of the human body that cannot heal itself (thus the need for dentists!)

The Earth gets 100 tons of weight making it heavier every day due to falling space dust.

Mickey Mouse is known as "Topolino" in Italy.

Soldiers do not march in step when going across a bridge because they could set up a vibration repeatedly sufficient to knock down the bridge. Wow!

Everything weighs one percent less at the equator (Let's go girls! New vacation spot!)

The letter J does not appear anywhere on the periodic table of elements.

In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage (catching it

meant she accepted.)

Intelligent people have more zinc and copper in their hair (you go redheads!)

A comet tail always points away from the sun.

Caffeine increases the power of aspirin and other painkillers, which is why it is found in some medicines.

THANKS TO MENTOR FOR SUPPORT

Now that I am in the last several months as a Lake County Commissioner, I want to express my thanks to all of the Mentor voters who have supported me from the beginning. I have tried to work hard for Mentor and all of Lake County and I believe that the results have been very positive.

One thing that I have really enjoyed is the support across Party lines. While I have been on the ballot as a Republican,

The military salute is a motion that evolved from medieval times when knights in armor raised their visors to reveal their identity.

When a person dies, hearing is the last sense to go. The first sense is the loss of sight (watch what you say if you are there!)

In ancient times strangers shook hands to show they were unarmed.

Strawberries are the only fruits whose seeds grow on the outside.

Avocados have the highest

calories of any fruit at 167 calories per hundred grams (good nutrition though)

The moon (ah Luna!) moves about two inches away from the Earth each year! (That's our source of night light- scary!)

Well I hope you have as much fun with all this trivia as I did- a lot more FYI to come in the future.

Laughs & Love,
Rosey

I have worked for everyone, regardless of Party affiliation. The Democrats and Independent voters in Mentor have been very supportive of my initiatives to make Lake County and Mentor a great place to raise a family or own a business.

I am hoping to have the same support in my efforts to represent Mentor in the State Senate. I have decided to run because I believe that I can accomplish even more for my community serving in

Columbus. I hope that all of my supporters in Mentor will bless me with their vote in November. I promise to represent all the people in our community and always to do what is best for the great people in mentor and Lake County.

Jerry Cirino is a Lake County Commissioner and candidate for Ohio Senate. Follow his campaign at www.jerrycirino.com.

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A Lake Community News Publication

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Elect

JERRY CIRINO

FOR STATE SENATE

“Commissioner Jerry Cirino has worked hard for Mentor and Lake County. He has been an excellent partner with us in matters of economic development and relations with the county. We strongly recommend Jerry Cirino to be our next State Senator for the 18th District.”

The President and Members of Mentor City Council:

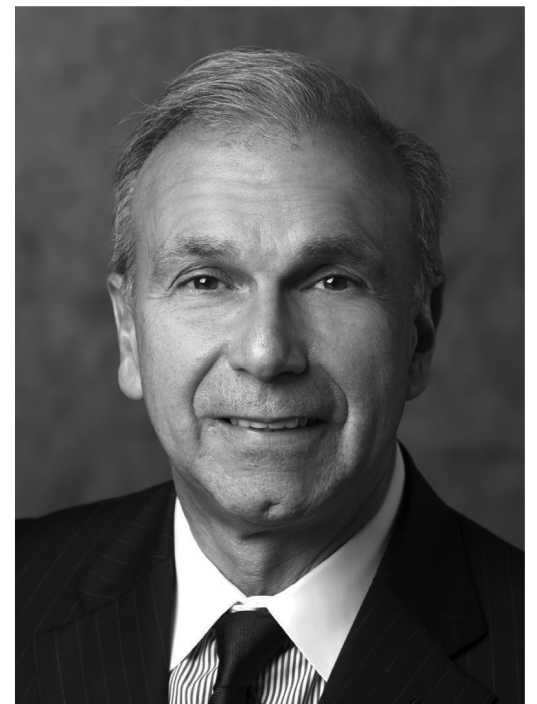
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- Lake County Auditor Chris Galloway
- State Senator John Eklund
- State Senate President Larry Obhof
- State Representative Jamie Callender
- State Attorney General Dave Yost
- State Auditor Keith Faber



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Bankruptcy 101:

*Peace of Mind Now
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You are in financial distress. You are going insane. You NEED some peace of mind. You are thinking about filing bankruptcy but the whole idea makes you uncomfortable and you don't know where to start. No worries. This is what you do and what happens when you file bankruptcy. First, you interview an attorney. This is probably the most important part of the whole process. The interview is called an initial consultation and you should not have to pay for it. Do not hire anyone who wants you to pay for the initial consultation. The initial consultation is the meeting in which you determine your comfort level with the attorney and vice versa. First and foremost, you need to be comfortable with your attorney. He or she will be the pilot of a big part of your life and you do not want a slacker or someone who thinks they are doing you a favor to listen to you.

You as a potential paying client are (or should be thought of) as a valuable commodity. You should be treated with the utmost respect and handled with sensitivity because you are going through a very tough period. It is natural for a potential bankruptcy client to be afraid, vulnerable and questioning their decision to file bankruptcy. A good lawyer is a good listener and sensitive to the needs and feelings of their clients. So, pay a great deal of attention to the attorney's and the office staff's attitude toward you.

A good attorney welcomes client questions. Question their experience and how many bankruptcies they do a year. If the attorney does not do at least one per month I would be concerned. Robert Delchin, our bankruptcy attorney is a partner and founding member of our firm. His entire practice is focused only on bankruptcy. He teaches other attorneys at bankruptcy seminars. He has over twelve years experience in exclusive bankruptcy practice and knows what the bankruptcy court judges like and do not like. He knows all the different bankruptcy trustees (the people who represent the creditor's interests) and how they want their cases prepared to ensure they are approved. Most importantly, Mr. Delchin is respected by the court and trustees because he has a reputation for being on time and prepared. He

has established Biales Delchin Law as a highly competent, seasoned professional bankruptcy firm. A reputation that directly benefits our clients.

Today it is a common practice for many bankruptcy firms to send inexperienced lower paid, younger attorneys to represent their clients at the meeting of creditors and in court. Oftentimes the clients that are put into this unfortunate situation meet their attorney for the first time a few minutes before they are questioned by the bankruptcy trustee. This will never happen at Biales Delchin Law. If you retain us for bankruptcy Mr. Delchin will be your attorney. In addition, you will have a dedicated bankruptcy paralegal who will be available throughout the week to answer your questions and provide assistance.

The practice of bankruptcy has become highly specialized. It's not really something an attorney can do once in awhile and maintain a competent skill level. Fees and costs should be quoted up front in an understandable fashion. You should understand exactly what is covered in the fee and what, if any, added charges might arise. You should meet with the attorney for the initial consultation. You should not meet with a paralegal or legal assistant for the initial consultation unless it is your preference due to a time crunch or some other legitimate reason. The attorney you meet with should be the attorney who will be representing you at the meeting of creditors and be responsible for your case throughout the duration of your representation. The information gathering process at the first meeting is profound and needs to be gathered by the professional so that any potential problem is identified early. Most importantly, you should follow your intuition. If you are not comfortable with the attorney, the office staff or the office environment you should not hire that firm.

In our office, when you come to the initial consultation bring a month of current pay stubs. If you do not have a month of pay stubs bring your most recent pay stub. If you are not employed or self-employed bring account statements or the records you keep of the income you are receiving. Have an idea who you owe money too. Bring any lawsuit, garnishment, repossession, utility shut off, license suspension or foreclosure court papers. If you

do not have anything- do not worry. Just bring yourself and we will help and guide you to get what is needed. We try to keep it simple and make the process as easy as possible.

We give the client a worksheet to take home and fill in his/her creditors and other relevant information. Then the client comes back, and we go over it with them to help them complete it. If the client decides to hire us, she/he puts a portion of the fee down and is put on an affordable payment plan. Once they put the initial payment down (as little as \$300.00 for our firm) we start taking all their creditor calls. We stop the creditors from calling them. The creditors are not allowed to call the client anymore once a bankruptcy attorney has been retained. We do not wait until we are paid in full to stop the creditor calls. The client needs peace of mind which cannot be obtained until all the creditors are backed off from calling. We focus on taking all the financially related stress out of the client's life so they can focus on getting back on their feet.

Once the case is paid in full, we will have a final meeting to go over the client's worksheets. We then enter it into our computer and create what is called a petition and schedules. The client is called in to review and sign it and then we file it electronically from our office. In about a week the attorney and the client will receive a notice of a meeting of creditors which usually is held approximately four to six weeks from the filing date. The meeting of creditors will be in Cleveland, Akron, Jefferson or Youngstown

depending upon where the client resides.

The client will have to attend the meeting of creditors with the attorney. It takes between ten and thirty minutes depending upon the issues in the case. The client will be asked questions by a person called a bankruptcy trustee. The questions are basically about what the client owns and how much money she/he makes. We meet with our clients early and thoroughly prepare them for this hearing so that everything goes smooth. It is rare for creditors to attend even though it is called a "meeting of creditors." Any problems or issues will be disclosed at the meeting of creditors. Clients usually are required to attend only one meeting of creditors.

After the meeting of creditors, for all practical purposes, the

process is over for the client. A creditor has sixty days from the meeting of creditors to object to the client's discharge. Unanticipated objections seldom occur, and if they do, we resolve them so the client can receive their discharge. The "discharge" is the court order that forgives all the client's debt. This is called "a fresh start." The client receives the discharge order which is a piece of paper in the mail. She/he needs to keep the discharge order in a safe known place because that is the paper they will send a creditor if that creditor claims the debt is still owed.

Then the client uses their fresh start to rebuild his or her life and credit rating and lives happily ever after (hopefully). That is what happens when you file a basic Chapter 7 bankruptcy.

Robert C. Biales



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Laketran Means Back to School Savings for College Students

Lakeland Community College students ride free on Local Routes 1-6

when you decide to say home and start your college education. Aside from the safety of remaining close to home this year, there is

also the savings to consider when going to Lakeland. Laketran and Lakeland Community College have a longstanding partnership that offers college students enrolled at Lakeland Community College and Holden University Center free transportation Monday-Saturday on Laketran Local Routes 1-6. Laketran offers regularly scheduled bus service throughout Lake County with service to Lakeland's main campus on Routes 1, 2, 3, & 6.

to get to class. College students receive a reduced fare of \$1.50 on Laketran Park-n-Ride Routes 10-13. Park-n-Ride operates Monday-Friday with 18 daily departures from nine different Lake County locations. Students are required to show a current student ID card when boarding the bus. Students interested in trying Park-n-Ride for the first time can get a free ride pass by visiting laketran.com/park-n-ride/freeride.

and Laketran Headquarters in Painesville Township, operating hourly on weekdays and every two-hours on Saturdays. Service will operate from 6:00 a.m. to 8:00 p.m.

Route 9 will provide peak service connecting downtown Painesville and Tyler Boulevard with service to Diamond Centre. Service will operate weekdays from 5:30 a.m. to 8:30 a.m. and 2:00 p.m. to 6:00 p.m. Route 9 service will operate with a smaller Dial-a-Ride style bus equipped with amenities of a traditional fixed route bus including bike racks, stop cords, a destination sign and fare box.

The new routes, made possible by the passage of Laketran's quarter of one percent sales tax levy last November, will provide access for nearly 58,000 residents and to 33,000 jobs.

New routes offer more connections to schools and jobs

This fall, Laketran is launching its first new routes in 20 years. The two new routes will improve transit service to Mentor's Tyler Boulevard manufacturing hub as well as bring service to Mentor-on-the-Lake and Mentor Headlands, two areas that currently lack access to public transportation.

Laketran's new Route 8 will connect Tyler Boulevard to major destinations including Lakeland Community College, Great Lakes Mall, Mentor Park-n-Ride, Mentor High School, Mentor Civic Center area, Mentor-on-the-Lake, Mentor Headlands

Learn how to ride

To get started on Laketran, students can plan their trips and track their bus in real-time using Laketran's mobile app or contact Laketran's Outreach Specialist at 440-350-1067 for route suggestions.

Laketran's Route 11 from Madison Park-n-Ride provides morning and evening commuter service to campus.

Students commuting from Cuyahoga County receive free transfers from Laketran to Greater Cleveland RTA.

Students are required to swipe a current Lakeland Student ID card when boarding the bus and can take advantage of the free rides to get to get anywhere in Lake County at any time.

Cleveland-based college students get reduced fare on Park-n-Ride

Cleveland State University and other Cleveland-based college students can also ride Laketran



Electronics & Television Collection August 15, 2020

Lake County residents only, no businesses at Lake County Fairgrounds. Enter only from Mentor Ave. entrance, 1301 Mentor Ave., Painesville Twp.

Saturday, August 15, 2020. 9:00 a.m. – 3:00 p.m. Rain or shine
Fees may apply, cash/check accepted only

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Mentor Farmers Market Open Every Friday

The Mentor Farmers Market is open every Friday from 2:00 PM to 6:00 PM at Garfield Park, 7967 Mentor Avenue.

"We are happy to be able to support our local farmers and to offer this service to Mentor residents," says Kenn Kaminski, Director of Mentor Parks and Recreation, "The Mentor Farmers Market offers an opportunity for residents to purchase fresh-picked fruits and vegetables along with farm related items like honey, baked goods, flowers, and teas."

To ensure the safety of

shoppers, vendors and city staff, modifications to the weekly farmers market will include:

- Designated six-foot distances between people
- Vendor stands spaced 6 feet apart
- Hand sanitizer stations
- Separate operating hours for seniors and at-risk individuals
- Requirement for vendors, city staff and volunteers to wear cloth face coverings as recommended by CDC guidelines
- Only whole, uncut produce and pre-packaged items will be

sold. No sampling of any food will be permitted

The first hour (2:00 PM – 3:00 PM) will be designated for senior citizens and at-risk individuals only. We ask all other shoppers to please arrive after 3:00 PM to help protect our most vulnerable citizens.

For more information about the Mentor Farmers Market or to inquire about becoming a vendor, please visit www.mentorfarmersmarket.com or call Wildwood Cultural Center at 440-974-5735.

Home Energy Assistance Summer Crisis Program

As of July 1, the Ohio Development Services Agency and Lake County Council on Aging will help income-eligible Ohioans maintain their utility service through the Home Energy Assistance Summer Crisis Program. The program helps eligible Ohioans pay an electric bill, purchase an air conditioning unit or fan, or pay for central air conditioning repairs. This year, the program will run from July 1 until September 30, 2020.

"In years past, the Council on Aging has assisted Lifeline, Inc., Lake County's Community Action Agency, with helping seniors apply for this program at various senior centers in our area. Unfortunately, the senior centers are still closed due to COVID-19 and it is not known if they will open in time (or in what capacity) for the Council on Aging to be able to assist with the application process at the centers," states Jennifer McLaughlin, Manager of the Aging & Disability Resource Center at the Council on Aging. "We will continue to do

everything possible during this time to ensure seniors have information and resources to access the benefits they need."

The Summer Crisis Program assists low-income households with an older household member (60 years or older), or households that can provide physician documentation that cooling assistance is needed for a household member's health. Examples of conditions can include lung disease, Chronic Obstructive Pulmonary Disease, asthma, etc. This year, households that were diagnosed with COVID-19 in 2020, have a disconnect notice, have been shut off, or are trying to establish new service on their electric bill are also eligible for assistance.

Ohioans can visit energyhelp.ohio.gov to start their application prior to their required appointment. This year appointments can be held over the phone or in person at Lifeline, Inc. To schedule an appointment call, (440) 350-9160.

Eligible households can receive up to \$500 if they are a customer of a

regulated utility, or \$800 if they are a customer of unregulated utilities such as electric cooperatives and municipal utilities. The assistance is applied to their utility bill, or to purchase an air conditioning unit or fan, or pay for central air conditioning repairs. Ohioans must have a gross income at or below 175% of the federal poverty guidelines to qualify for assistance. For a family of four the annual income must be at or below \$45,850.00.

Also new this year, Ohioans enrolled in the Percentage of Income Payment Plan Plus Program (PIPP) who meet the above criteria may be eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the features of the Summer Crisis Program locally and what is needed to apply, contact the Lake County Council on Aging at (440) 205-8111. Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880.



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Covid-19 Hasn't Slowed Down American Home & Energy Products

Have recent events have left you feeling stressed out and anxious?

Looking for a place to relax and escape?

"Why not have your most relaxing destination be your own backyard?" says Chris Bedrick, owner of American Home and Energy Products in Painesville.

Covid-19 has many residents searching for ways to stay connected while staying safe and socially distancing. Many customers have chosen not to go on vacation this year and are staying close to home. American Home and Energy Products is a destination spot for indoor &

outdoor living inspiration, "we want your outdoor areas to be a place to enjoy with family and friends," says Chris.

Additions like outdoor cooking areas, fire pits, water gardens, pondless water features, decorative stones and lighting can take your backyard to whole new level. If you are looking for inspiration, stop by the store to see over 2000 square feet of displays and ten different departments of product. "We have indoor and outdoor fireplaces, patios, fire pits and retaining walls and outdoor kitchens including the best grills, smokers and kitchen accessories. We also have structures to create

outdoor rooms and the very best outdoor furniture. All of these project ideas can be installed by most homeowners or we can assist you with the installation," adds Chris.

Several unique and elegant outdoor displays showcase some of the exciting home

improvements that can be made to increase the value of your home and upgrade living spaces for your family. We encourage you to come out to the store, take a stroll around the grounds and discover for yourself what you can do with your home and how we can help.

American Home and Energy Products is located at 1270 Mentor Avenue in Painesville. Hours are Monday-Friday, 9:00 a.m. to 5:30 p.m.; Saturday, 9:00 a.m. to 4:00 p.m.; closed on Sunday.

For more information, call 440-358-5858, or visit AmericanHome.com.

Window Savings at Shoreline

Deciding who to call to get your best deal when it's time to replace your outdated windows & doors is easier than you realize.

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We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that cost.

Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in stock.

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience

as stress-free as possible, we always keep you informed of the progress of the job.

Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our company is bonded and insured, and our workers are covered by workers compensation for your protection.

We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept all major credit cards & special financing.

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www.shorelinewindowandremodeling.com.

MPL Programs

Continued from page 1

Men's Book Club

Monday, Aug. 10, at 7 p.m.

This month's book is "I'll Be Gone in the Dark" by Michelle McNamara. Copies of the book are available at the reference desk at MPL's Main Branch. Hosted online via Zoom. Registration required to attend.

Author Talk with Amanda Flower

Tuesday, Aug. 11, at 6:30 p.m.

A special evening with bestselling and award-winning

writer Amanda Flower, author of "Andi Unstoppable," "Maid of Murder," the Magical Bookshop series and more. Hosted online via Zoom. Registration required to attend.

Civil War Series: Ideas Outlive Men - James A. Garfield & the Civil War

Wednesday, Aug. 12, at noon

James A. Garfield was catapulted to national fame by the impressive victory in the January 1862 battle of Middle Creek in Kentucky. Even before he donned

Continued on page 19

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Don't Put Off Going to College! Top 3 Reasons to Choose Lakeland This Fall

With so many recent changes to daily life, it can be overwhelming to think ahead to the next couple of months. To support the education needs of the region, Lakeland Community College is moving forward with plans to offer remote and hybrid

options, as well as in-person classes this fall.

Here's why so many people are choosing to start college at Lakeland this fall:

1. Study from the comfort of home – For those who feel more comfortable staying close

to home, 60% of fall classes will be offered online. Once students are done with Lakeland studies, many choose to transfer to a bachelor's degree program offered through the Holden University of Lakeland, so they still get to stay close to home.

2. Value – Two semesters for the price of one. Always.

Shopping around for college this fall? Some colleges are offering special tuition discounts, like pay for one semester and get one free. But with Lakeland's low tuition, you'll still come out ahead! Since 1967, Lakeland's low tuition has been a great a financial decision for thousands of students in Lake County.

3. High Quality Education

Lakeland was named one of the 50 Best Community Colleges in the country this past April. Top factors included cost, reputation and student success. It's why Lakeland remains a top choice for families and students of all ages to start their college journey.

Apply for free today at lakelandcc.edu/apply.

Fall classes start Aug. 22.



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Home Remodels are the New "Vacation"

Covid 19 has many places shut down and travel plans have been cancelled. This is the story we hear from so many of our customers. Couped up in their homes they are making a choice to make the best of it.

One of our customers stated "We were upset our cruise was cancelled. After using that money to have our Bathroom remodeled and falling in love with our home again, the timing could not have been any more perfect"

These stories keep us positive as an overwhelming amount of

people stuck at home call our phones everyday. We appreciate your patience and understanding through all this. We are doing the very best we can to fit everyone in.

We are taking customer calls in the order they are received. Our new normal is being at home a lot. Take control of your home and get the repairs and upgrades done. You are going to get them done at some point, why not while you are home to enjoy ?

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My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at

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Sometimes a little outside help can make all the difference in the world...

Has being cooped up all winter given you and your loved one cabin fever? Now that the warm weather has arrived you can get out and get your sanity back.

But, what if you couldn't? What if you were dependent upon someone else to be able to get out?

Can you take a moment? And imagine how it would make you feel to be sitting indoors and looking out and seeing the beautiful inviting outdoors but you are unable to get out by yourself? Sadly, that's the case for a lot of seniors. Taylor Made Home Care can help.

We can get your senior out and enjoy all there is to do in your area. We are excited to explore the possibilities. Remember, we can be there when you can't.

• Fairport Harbor Beach—free beach wheelchairs available

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• City Pools—offer aerobic water classes

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NEED A VACATION?

This is the time of year for family vacations. Some of our loved ones are still able to travel but, some are not. Taylor Made Home Care can provide respite care, short or long term, so you can have a stress free vacation to unwind with no worries and relax.

OR JUST NEED A BREAK?

Our caregiver Lisa overheard a client saying, "Mom, I'm leaving to give you a break from me."

Mom laughed. But, there's a lot of truth in that statement. While caregiving is rewarding, it can also be overwhelming for all involved.

Sometimes a little outside help can make all the difference in the world. Give us a call and let's talk about it!

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HOT TIP

Don't forget to check in with elderly family members and neighbors as the weather warms up. Make sure they are drinking plenty of water and check their homes for safety issues.

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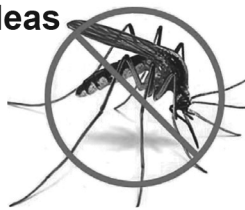
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We coordinate all these services to provide seamless service for you and there is always someone

available to speak with when you need questions answered.

Better At Home, LLC is not a chain or a franchise. We are a locally owned and operated agency located in Willoughby, backed by the experience of a paramedical professional with over 10 years experience in both the paramedical sector and the home care industry, as well as over 20 years direct care experience. Our staff is an exceptional team of home care professionals who are bonded, insured and backed by real-world experience, education and skills.

Call us today at 440-946-1600. We look forward to the privilege of serving you and your family.

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Microneedling is the “it” cosmetic procedure for anti-aging and scar reduction! Also known as collagen induction therapy, the treatment uplifts skin and improves texture on people of all ages. The process of microneedling is applying small pinpricks on the skin causing minor injuries. The damaged tissue then stimulates

new collagen production that is firmer and smoother tissue. It is typically performed on the face around fine wrinkles, acne scars, and large pores but can also be done on stretch marks and other tissue variations on the body. It also targets sun spots and hyperpigmentation to provide an even skin tone. Your skin naturally

loses collagen from aging and stimulating production will restore the tissue closer to previous appearances.

The treatment requires little to no downtime as it is minimally invasive. Some may experience mild reddening and irritation the following days and will require sunscreen use to protect the

recovering area. You’ll notice brighter skin immediately but effects will build over the weeks even up to months as collagen production continues. For the most effective results, two to three treatments are required 4-6 weeks a part. Microneedling can be combined with cosmetic serums like hyaluronic acid or Platelet Rich Plasma Therapy to drive into the skin for greater absorption and added benefits. It can also be an excellent accompaniment to other cosmetic procedures such as eyelid surgery as the stimulation of your body’s own collagen can blend in natural looking results.

Microneedling is considered safe for a person who is generally healthy and not pregnant. We can help you plan a treatment plan for your desired outcomes. Microneedling may require stopping certain acne medications. It is also the next step for anyone

who is not achieving desired results with chemical peels. Cosmetic Laser Medi-Spa & More is currently offering a buy one area get one half off special at our Chardon location on 133(Up) Main Street. Bryan Kraus our Microneedling Specialist has 30 years’ experience with the skin and is excellent at the technique of microneedling. Too deep a treatment and you will get into trouble and to light of pressure you will get very little result. Bryan’s treatment technique is specialized for your exact skin type, texture and thickness of your skin. Not all microneedlers are created equal. His knowledge and experience with the skin makes him top notch in his field.

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WHAT CAN WE DO ABOUT HOME HUMIDITY?

We all believe it is the temperature that determines how comfortable we are. That is true, but it is only part of the story. Humidity levels have a great impact on home comfort as well.

Relative humidity is the amount of water vapor in the air compared to the amount the air can hold. Warmer air holds more moisture than cold air, which is why we suffer with higher humidity in the summer months.

Hot, humid weather is more uncomfortable than hot, dry weather because high humidity slows the evaporation of sweat. Evaporation is nature's way of cooling us down.

Removing moisture from the air is hard work for your air conditioning system. There are two sources of home humidity. One is the humidity that leaks in from the outside. That is why it is just as important to caulk and weather seal in the summer as in winter to prevent humid air leaks.

GoldenCrust BAKERY

Hi Everyone- hope you're all doing well!

It's been a very trying time for everyone- it's hared to plan anything whether it is a party, a vacation, or just a get together. I don't envy the people who have to plan out what to do with the schools or sports- it's impossible to please everyone!

We all have to be patient and considerate of each other. I love to see all the ideas people and especially the children have come up with to help others. So many people have donated everything from money to time, food, clothes and anything else people need.

Many people are hurting, especially the small businesses. We are lucky because we are essential and have been able to stay open the whole time. We appreciate each and every one of you that supported us through this time. We welcome all of our new friends too!

We would like to give a very big THANK YOU to everyone who voted for us in the Best of the Best Contest! We have won for the THIRD time in a row!! Thank you from all us here at the Bakery- we will always do our very best to serve you!

Stay safe and thank you for wearing your masks.

The other humidity source is the many uses of hot water in the home. Bathing, cooking and drying clothes in an automatic dryer all raise the moisture content of the air in our homes.

There are some things you can do to prevent your air conditioning system from overworking to remove excess humidity.

✓ Bathe early or late in the day. Use an exhaust fan to remove steam.

✓ Use tight fitting lids

on pots and pans and use the exhaust fan.

✓ Only run full loads in the dishwasher and run it late at night.

✓ Vent your automatic clothes dryer to the outside.

✓ Limit trips in and out, close the door quickly.

High humidity levels can also foster mold growth. Most molds grow at relative humidity's of 70 percent or higher. Excess humidity also causes fogged or sweating windows. Over time,

the dampness of humidity can contribute to the gradual decay of wood and building materials.

Watch for signs of excess humidity and take steps to keep it under control. In some cases, you may need to install a dehumidifier to assist your air conditioner. We are happy to assess the factors that affect the humidity in your home and suggest solutions. Call Us Today!

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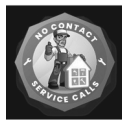
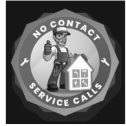
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DIVORCE 101:

**DISSOLUTION:
EXPEDIENT. ECONOMICAL.
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The most fundamental difference between a contested divorce and a dissolution and/or uncontested divorce is that in a contested divorce the parties cannot agree on one or more of the issues whereas in a dissolution or an uncontested divorce the parties agree on everything. Dissolutions and uncontested divorces are very cost effective and can be finalized in as little as six weeks from the date of the filing. The cost of the divorce or dissolution will vary on the number of issues in the case. In a dissolution or uncontested (no fighting) divorce the financial cost can be dramatically less than a contested divorce (the parties cannot agree on one or more of the issues) but, most importantly, the emotional cost to both parties and their children, if applicable, is much lower.

An action for divorce- if the parties cannot come to a voluntary agreement- can easily take a year or longer to finalize. There is the dread of runaway attorney fees averaging \$250- \$300 per hour. In a contested divorce (where the people are actively fighting) there is always the worry (which is justified) that the attorney will quit if you run out of money or the fear of receiving another several thousand-dollar bill unexpectedly. The information gathering process referred to as "discovery" can become a

costly and stressful nightmare. Discovery is not required with dissolution.

The emotional price of continuous daily resentment, depression, fear and worry can become overbearing and destructive to one's health. Dissolution avoids all of this. That being said; It is very difficult to get two people who are usually not the best of friends to begin with to agree on all issues. All issues must be agreed to for a successful dissolution to occur. This requires compromise. The cardinal rule is that nobody walks away happy. Each party usually feels wronged in some way by the other. Each party usually feels that they could have obtained a better result if they would have just held out longer or been more aggressive. The truth is the law is pretty settled on how property and children are resolved. In most cases, you will not get a better result by engaging in prolonged litigation.

If the parties are unable to come to an agreement regarding all the issues, as is often the case, a divorce must be initiated. I try to resolve as many issues as possible before hand and communicate with the other party or his/her attorney to coordinate the process. It is always best to work together and focus upon resolution of the issues on which the parties agree. The purpose of the attorney is to make the process as minimally painful, and least expensive as possible. Yes, you heard right our job is to make

your life easier and less stressful by making the process as simple and affordable as possible. From my point of view I'd rather have regular infusion of smaller fees coming in that can be turned around fast ensuring client satisfaction rather than some monstrosity where the people are spending thousands of dollars an hour fighting over silverware (which I simply would not do.) And, of course, the client's going to be angry at the attorney when he comes to his senses- and his anger is justified in a situation like that where a client is taken advantage of in an emotionally charged state. Not Cool! Happens every day. But dissolutions are so relatively inexpensive and simple that there is no way really to be taken advantage of. Lawyers concentrating in dissolution law are really more about providing a cost effective option to the average income Jane or Joe to be able to move on with their lives in this current

pandemic crap economy where most people are either out of work or out of money. And the client doesn't really have to worry about getting bamboozled by dissolution attorneys because attorneys who are that way don't practice dissolution because its more of a low buck, discount area. Contested divorce practice is where people can throw away money with no viable objective other than to hurt each other which is, also, a very sad commentary on the current state of the practice of domestic relations.

Bottom line. If both parties can be open and honest throughout the process a dissolution is the best way to go. Like in everything, communication is key. Unfortunately, in many cases, the parties have so much resentment toward each other that they are simply unable to cooperate. This is never in anybody's best interest and can be very damaging to children.

There are certainly ways to minimize the pain and cost of a divorce, but it will never be as efficient and emotionally healthy as two parties coming to a voluntary agreement with dissolution. I believe that a dissolution really should be possible in most cases if two factors are present (1.) the parties are mature, sensitive and intelligent and (2.) the matter is approached with a cost versus benefit business analysis, an open mind and sound professional guidance. I know this is easier said than done. But- if accomplished- the financial and emotional rewards (including healing time) reaped are enormous for the parties and children and will simplify and bring to a peaceful conclusion a situation that, otherwise, has the potential of turning into an ugly thing in times that are already about as ugly and uncertain as we have ever seen.

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the colony, our noses detect the smell of these fungal gases.

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affect it has on the human body is dependent on three variables.

Our individual immune systems, the type of spore and the volume of fungal gas, determines the impact on our bodies.

Additionally, the longer the exposure to these gases, the greater the likely hood we will develop a sensitivity. Much like other environmental allergens we are exposed to, the longer the exposure, the greater the chance our bodies will have an adverse reaction.

Some health effects include, headaches, shortness of breath, dizziness, lethargy, fever, and digestive problems. More severe reactions are hypersensitivity, and asthma symptoms. Although rare, certain Aspergillus species release aflatoxins that are carcinogenic.

There are many things in life

we cannot control, but exposure to fungal gases is not one of them. With a little effort, we can reduce or eliminate this health hazard by using a disinfectant or removing the affected material. In some instances, it may be necessary to seek a professional opinion or get professional help.

Gregory L. Drenik
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Mentor Window Earns Yet Another Angie's List Super Service Award- 8 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 8th year in a row. This award reflects exemplary years of service provided to customers throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We

Wheelchair Drive August 1st

Joni and Friends Wheels for the World nonprofit will be holding a wheelchair drive August 1, from 9 am to 1 pm in the parking lot of St. Noel Church, 35200 Chardon Road, Willoughby Hills.

Since this event will take place outdoors, with only a few collection volunteers, minimal contact will take place. We are collecting used wheelchairs (manual only) in any condition. Please no walkers or canes as we have an overabundance at this time. Tax deductible receipts are available.

Wheels for the World provides life-changing mobility to people impacted by disability around the world. Wheelchairs are cleaned and repaired to like-new condition in prison programs and sent to someone in need at no cost to the recipient.

Picture the person who is going to receive the wheelchair. A person with limited mobility is tragically often excluded from life in their community because they have no way of moving around. But the gift of a wheelchair literally lifts someone from the dirt to a seat of dignity and opportunity. A child may be able to go to school or an adult will be able to get around more easily, work, and not be bound to their house.

Change a life! For questions please contact Karen or Bruce Fraley at fraleyk@sbcglobal.net or 440-946-1605.

treat each and every one of our customers like family."

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2018 winners have met strict eligibility requirements,

which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging

from price to professionalism to punctuality.

Mentor Window offers a full range of home improvements, including Energy Star Tilt-In double hung windows, slider styles, bay windows, casement windows, patio doors, fiberglass and steel entry doors, vinyl siding in over 50 colors & styles, cedar shake style siding, seamless gutter systems, gutter

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It is up to you to Speak Up

Health care professionals work hard to deliver the best possible care to their patients. However, the practice of medicine is often complex leaving the door open for occasional errors. While health care workers take every precaution to guard against mistakes, it is no longer good enough for patients to sit by passively allowing caregivers to handle all details of their care.

Research shows that patients who take part in decisions about their own health care are more likely to recover faster and help to prevent health care missteps. So, what can you do?

Learn to speak up.

Be bold and speak up when you have questions or concerns. If you do not understand your doctor's

explanation or instructions, ask again. Do not be embarrassed if you need to ask more than once. It is your body and you have a right to understand everything your doctor is telling you.

Pay attention to the care you are getting. Speak up and let your doctor or nurse know if something does not seem right. Keep track of medications you are given and say something if you suspect you are about to be given the wrong medicine. Do not be afraid to raise your concern if you think your caregiver has you confused with someone else.

Educate yourself about your diagnosis and treatment options. Ask your doctor if he has any written information you can study. Do not search random websites as many are sources of misleading information. Stick with respected websites such as

the Center for Disease Control and Prevention (CDC) website or those recommended by your health care team.

Keep a notepad or journal for your medical notes. Use it to track appointments and write down questions for your doctor. Keep a record of any conversations you have with your insurance company. Retain your copies of your medical records and share them with your health care team so they have a better idea of your health history.

Do not be afraid to ask for a second opinion especially if you are unsure about the course of treatment being recommended to you. You have the right to seek out the opinion of another doctor.

Learn to take an active role in your own healthcare. Your health care providers will welcome you

to the team.

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These events are for educational purposes only and no plan specific benefits or details will be proposed. Limited seating. Pre-registration required. Some nominal fees may apply.

MPL Programs

Continued from page 8

a soldier's uniform, though, he had strong convictions and opinions about the events which led to the Civil War. Garfield, like every surviving soldier, continued to have those strong feelings and close ties with his fellow veterans

after they mustered out. Learn more about Garfield's private and public sentiments about the war and the cause for which millions fought. Presented by Daniel J. McGill of James A. Garfield National Historic Site. Hosted online via Zoom. Registration required to attend.

during the old days of the Mounds Club. Presented by staff from the Lake County History Center. Program will be hosted online via Zoom. Registration is required to attend.

Monday Night Book Club

Monday, Aug. 24, at 6:30 p.m.

Join librarian Cailey for a discussion of bestsellers, popular reads and books of interest. This month the book club will discuss "The Mapmaker's Children" by Sarah McCoy. Copies are available at the Reference Desk for pickup. Book club will be hosted online via Zoom.

Registration is required to attend.

Old Crimes of Old Times

Tuesday, Aug. 18, at 6:30 p.m.

Revisit famous and infamous stories from Lake County's past. For example, the first murder in Lake County is cringe-worthy. Party girl and husband slayer Velma West brought a new definition to strong women, and the Mafia reigned supreme here

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Mentor Public Library: Children & Teen Programs

Fun for the whole family!

All of these programs are being offered online. Some will be hosted live via Zoom and require registration. You can sign up by calling the library or at www.mentorpl.org. Others will be broadcast on the library's:

- Facebook page: www.facebook.com/mentorpubliclibrary
- YouTube channel: www.youtube.com/mentorpubliclib
- And website: www.mentorpl.org.

Imagine Your Story Summer Reading Program

Ends Aug. 2

Kids, teens and adults can all participate in Mentor Public Library's Summer Reading Program. The theme for summer reading is Imagine Your Story and it's all about fairy tales, folk tales and mythology. Families can enjoy themselves and possibly even win prizes by filling out the library's "Safe in your Castle" Bingo Card, which is stuffed with fun ideas for summer activities. Get your printable bingo card at www.mentorpl.org/summerreading2020. The more bingos you get, the more chances you have to win one of our prizes. Adults and teens must turn in their bingo cards by Aug. 1 and kids have until 3 p.m. on Aug. 2.

Reading Skills with Jill

Mondays at 10 a.m.

Kids can join Ms. Jill – a certified teacher – for online tutorials that will help them keep their reading skills sharp this summer. Children will practice sight words, vowel sounds and phoneme awareness. Geared for kids entering kindergarten through third grade.

Artpocalypse

Tuesdays at 12 p.m.

Get fun and colorful craft ideas with Mr. Josh from Mentor Public Library's Headlands Branch. Can be viewed on the library's Facebook page, YouTube channel, or at www.mentorpl.org/artpocalypse.

Kindergarten Readiness Countdown

Fridays

Have a kid that's counting down to kindergarten? Mentor Public Library is offering activities to help them prepare for school. Children can practice their skills with fun challenges in five essential areas: language and early literacy, math, shapes and colors, gross motor skills, and essential life skills.

The activities can be found on Mentor Public Library's website at www.mentorpl.org/kindergarten-readiness. New activities will be added every Friday for the next six weeks, starting July 24. The activities are offered as PDFs that can be downloaded or printed at home or at the library.

Tween Time: Book Reviews

Fridays, Aug. 7 and 21
12 p.m.

Every other week, Ms. Traci from the Lake Branch will highlight two relatively new books for tween readers. Everyone needs a recommendation from time to time, and she can help your tween find their next favorite book.

Virtual Book Party

Tuesday, Aug. 4, at 11 a.m.

Kids (ages four to eight) can share their favorite book and tell

everyone what they love most about it during the library's online book party. This program will be a live Zoom event. Registration is required.

Virtual Mad Libs

Wednesday, Aug. 5, at 11 a.m.

Kids (entering third through sixth grade) can create silly stories together with nouns, verbs, and adjectives that they suggest. This program will be a live Zoom event. Registration is required.

Virtual Name that Tune

Tuesday, Aug. 11, at 11 a.m.

Kids (those entering kindergarten through fifth grade) can test their musical acumen. They'll hear 10-second snippets of songs and see if they can name that tune. This program will be a live Zoom event. Registration is required.

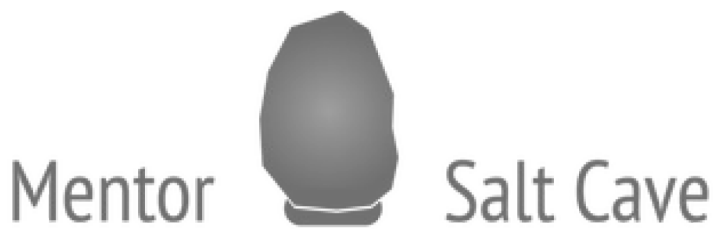


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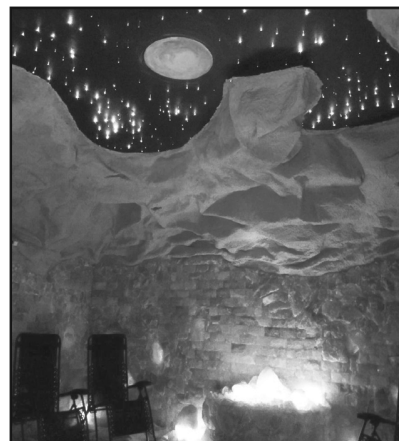
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