

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**Event 28 Girls 11 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Orla Rose	11	Co Cardiff	1:27.80	1:21.69
37.04	1:21.69 (44.65)			
2 James, Josie	11	Redditch	1:29.90	1:29.38
39.32	1:29.38 (50.06)			

**Event 28 Girls 12 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Geach, Libbie	12	Swansea Aq	1:11.87	1:11.31
32.96	1:11.31 (38.35)			
2 Oxley, Jessica	12	Co Leicester	1:12.90	1:12.46
34.61	1:12.46 (37.85)			
3 Dwyfor-Clark, Efa	12	Swim Gwynedd	1:17.42	1:13.82
33.80	1:13.82 (40.02)			
4 Handley, Evie	12	Exeter City	1:16.31	1:15.89
35.68	1:15.89 (40.21)			
5 Smith, Darcey	12	Portsmouth N	1:13.70	1:16.62
34.93	1:16.62 (41.69)			
6 Coffey, Cora-leigh	12	Swansea Aq	1:22.00	1:19.74
38.08	1:19.74 (41.66)			

**Event 28 Girls 13 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Aris, Charlotte	13	Portsmouth N	1:08.10	1:08.48
31.40	1:08.48 (37.08)			
2 Lo, Alyssa	13	Co Leicester	1:07.80	1:08.65
32.34	1:08.65 (36.31)			
3 Tucker, Holly	13	Swansea Aq	1:10.45	1:10.96
32.99	1:10.96 (37.97)			
4 Evans, Sophie	13	Nofio S Gar	1:12.50	1:13.70
33.13	1:13.70 (40.57)			
5 Ingram, Olivia	13	Co Cardiff	1:22.41	1:17.46
36.76	1:17.46 (40.70)			
6 Evans, Ella	13	Co Cardiff	1:19.48	1:17.56
36.55	1:17.56 (41.01)			
7 Coombes, Cerys	13	Bridgend Cty	1:22.40	1:18.26
35.33	1:18.26 (42.93)			
8 Catling, Freya	13	C Dolphins	1:21.01	1:18.90
36.30	1:18.90 (42.60)			
9 Knight, Cari	13	Swansea Aq	1:21.60	1:19.05
36.22	1:19.05 (42.83)			
10 Lawes-Turley, Mia	13	Exeter City	1:19.21	1:21.99
36.63	1:21.99 (45.36)			
11 Pickersgill, Aoife	13	Carmarthen	1:23.30	1:22.98
36.61	1:22.98 (46.37)			
12 Marsh, Nina	13	Pembs Cty	1:23.10	1:27.18
39.78	1:27.18 (47.40)			

**Event 28 Girls 14 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Grant, Lucy	14	Co Newport	1:12.50	1:09.16
31.20	1:09.16 (37.96)			
2 Day, Hannah	14	Portsmouth N	1:12.10	1:11.30
33.19	1:11.30 (38.11)			
3 Brassington, Lucy	14	Co Cardiff	1:17.44	1:13.11
34.28	1:13.11 (38.83)			
4 Smart, Charlotte	14	Swansea Aq	1:14.00	1:14.46
34.99	1:14.46 (39.47)			

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**(Event 28 Girls 14 Year Olds 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
5 Hale, Gemma	14	Swansea Aq	1:15.20	1:14.79
35.57	1:14.79 (39.22)			
6 Scotchbrook, Poppy	14	Co Leicester	1:11.40	1:15.31
34.67	1:15.31 (40.64)			
7 Mavrikakis, Abby	14	Portsmouth N	1:13.70	1:15.38
34.65	1:15.38 (40.73)			
8 Thomas, Grace	14	Pembs Cty	1:15.60	1:17.98
34.92	1:17.98 (43.06)			
--- Humphreys, Ffion	14	Swim Gwynedd	1:17.97	DQ

**Event 28 Girls 15 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Grover, Lillie	15	Wyre Forest	1:06.80	1:05.76
30.45	1:05.76 (35.31)			
2 Ward, Arabella	15	Mt Kelly	1:06.11	1:07.47
31.63	1:07.47 (35.84)			
3 Dudley-Pun, Giada	15	Mt Kelly	1:07.37	1:08.00
32.01	1:08.00 (35.99)			
4 Boyle, Felicity	15	Mt Kelly	1:10.98	1:09.26
32.57	1:09.26 (36.69)			
5 Green, Ashleigh	15	Redditch	1:08.60	1:09.33
32.57	1:09.33 (36.76)			
6 Lewis, Lowri	15	Neath	1:07.25	1:09.55
32.26	1:09.55 (37.29)			
7 Huthwaite, Macy	15	Mt Kelly	1:10.71	1:10.94
33.27	1:10.94 (37.67)			
8 Travers-Griffin, Clia	15	Exeter City	1:09.10	1:11.34
33.28	1:11.34 (38.06)			
9 Adama, Iman	15	Mt Kelly	1:07.56	1:11.72
32.65	1:11.72 (39.07)			
10 Simmonds, Macy	15	Co Leicester	1:14.50	1:15.42
35.12	1:15.42 (40.30)			
11 Gronow, Mia	15	Bridgend Cty	1:13.50	1:15.50
34.08	1:15.50 (41.42)			
12 Knowles, Amy	15	Pembs Cty	1:10.50	1:15.81
35.12	1:15.81 (40.69)			
13 Peter, Sophie	15	Swansea Aq	1:15.50	1:16.10
34.73	1:16.10 (41.37)			

**Event 28 Girls 16 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Roe, Hermione	16	Mt Kelly	1:06.92	1:07.99
31.34	1:07.99 (36.65)			
2 Vaughan, Isabella	16	Mt Kelly	1:08.44	1:08.05
32.06	1:08.05 (35.99)			
3 Endicott, Bethan	16	Mt Kelly	1:05.35	1:08.51
32.25	1:08.51 (36.26)			
4 Hayes, Alexandra	16	Wyre Forest	1:09.10	1:10.00
32.49	1:10.00 (37.51)			
5 Adams, Jaimee	16	Co Cardiff	1:10.53	1:10.52
34.07	1:10.52 (36.45)			

**Event 28 Girls 17 & Over 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Scotchbrook, Milly	21	Braunstone	1:02.80	1:02.90
29.75	1:02.90 (33.15)			

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 28 Girls 17 & Over 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Major, Scarlet	18	Co Newport	1:05.24	1:04.53
30.28	1:04.53 (34.25)			
3 Roberts, Catherine	18	Swim Gwynedd	1:03.91	1:05.31
30.78	1:05.31 (34.53)			
4 Mears-Bently, Emily	17	Co Leicester	1:05.00	1:05.43
30.73	1:05.43 (34.70)			
5 Pease, Georgia	19	Swansea Aq	1:04.37	1:05.62
29.99	1:05.62 (35.63)			
6 Peter, Hannah	18	Swansea Aq	1:05.10	1:05.75
30.38	1:05.75 (35.37)			
7 Klein, Josephine	17	Mt Kelly	1:05.07	1:06.52
30.57	1:06.52 (35.95)			
8 Ghibellini, Federica	17	Mt Kelly	1:05.54	1:06.62
31.50	1:06.62 (35.12)			
9 Melbourne-Smith, Gabrielle	18	Swansea Uni	1:02.47	1:06.73
30.96	1:06.73 (35.77)			
10 Fry, Caitlyn	18	Mt Kelly	1:03.35	1:06.89
31.35	1:06.89 (35.54)			
11 Cross, Jessica	20	Swansea Aq	1:04.41	1:06.96
30.85	1:06.96 (36.11)			
12 Leleux, Eve	18	Wrekin Coll	1:05.53	1:07.37
31.64	1:07.37 (35.73)			

**Event 29 Boys 11 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Biddick, James	11	Exeter City	2:33.10	2:31.33
34.79	1:13.39 (38.60)	1:52.31 (38.92)	2:31.33 (39.02)	

**Event 29 Boys 12 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Thomas, Sion	12	Haverfordwes	2:37.90	2:31.13
34.87	1:14.27 (39.40)	1:54.11 (39.84)	2:31.13 (37.02)	
2 Brock, Freddy	12	Rct Squad	2:35.91	2:31.49
35.58	1:15.09 (39.51)	1:54.14 (39.05)	2:31.49 (37.35)	
3 Bennett, Finley	12	Pembs Cty	2:34.10	2:32.35
34.19	1:12.47 (38.28)	1:51.88 (39.41)	2:32.35 (40.47)	
4 Chapman, Coby	12	Penyrheol	2:37.50	2:39.34
36.33	1:18.03 (41.70)	2:00.07 (42.04)	2:39.34 (39.27)	

**Event 29 Boys 13 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Jennings, Thomas	13	Portsmouth N	2:11.40	2:09.56
29.56	1:02.29 (32.73)	1:36.14 (33.85)	2:09.56 (33.42)	
2 Davidson, Max	13	Redditch	2:16.20	2:14.90
30.87	1:04.35 (33.48)	1:39.64 (35.29)	2:14.90 (35.26)	
3 Hardy, Ryan	13	Welshpool	2:26.22	2:19.40
32.08	1:08.14 (36.06)	1:43.94 (35.80)	2:19.40 (35.46)	
4 Rhys, Gruff	13	Swim Gwynedd	2:26.22	2:23.19
32.66	1:09.23 (36.57)	1:47.46 (38.23)	2:23.19 (35.73)	

**Event 29 Boys 14 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Gillett, Oliver	14	Swansea Aq	2:09.74	2:07.25
28.93	1:01.34 (32.41)	1:34.39 (33.05)	2:07.25 (32.86)	
2 Prysor, Sami	14	Pembs Cty	2:07.75	2:07.55
28.76	1:00.54 (31.78)	1:33.97 (33.43)	2:07.55 (33.58)	
3 Boyd, Lewis	14	Co Leicester	2:05.10	2:07.63
29.63	1:02.13 (32.50)	1:35.40 (33.27)	2:07.63 (32.23)	

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**(Event 29 Boys 14 Year Olds 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Angelakis, Panagiotis	14	Mt Kelly	2:08.34	2:10.01
29.40	1:03.12 (33.72)	1:36.70 (33.58)	2:10.01 (33.31)	
5 Parrott, Thomas	14	Mt Kelly	2:12.91	2:11.33
30.38	1:04.32 (33.94)	1:38.67 (34.35)	2:11.33 (32.66)	
6 Tyers, Ethan	14	Exeter City	2:08.70	2:11.49
30.12	1:03.67 (33.55)	1:38.28 (34.61)	2:11.49 (33.21)	
7 James, Ioan	14	Bridgend Cty	2:16.93	2:12.94
30.89	1:04.54 (33.65)	1:39.17 (34.63)	2:12.94 (33.77)	
8 Dollamore, Joseph	14	Portsmouth N	2:12.40	2:13.22
29.91	1:03.36 (33.45)	1:38.60 (35.24)	2:13.22 (34.62)	
9 Fletcher, Owen	14	Pembs Cty	2:15.20	2:15.42
30.31	1:04.26 (33.95)	1:40.21 (35.95)	2:15.42 (35.21)	
10 Cressey-Rodgers, Huw	14	Nofio S Gar	2:22.10	2:15.54
31.75	1:07.01 (35.26)	1:41.62 (34.61)	2:15.54 (33.92)	
11 McCauley-Wright, Adam	14	Portsmouth N	2:16.65	2:16.77
31.05	1:05.70 (34.65)	1:41.90 (36.20)	2:16.77 (34.87)	
12 Fitch, Lewis	14	Co Leicester	2:19.20	2:16.93
31.53	1:06.64 (35.11)	1:42.68 (36.04)	2:16.93 (34.25)	
13 Montague, Mason	14	Pembs Cty	2:16.10	2:16.99
30.58	1:05.13 (34.55)	1:42.18 (37.05)	2:16.99 (34.81)	
14 Upton-Boorman, Liam	14	Nofio S Gar	2:20.00	2:18.89
30.96	1:05.70 (34.74)	1:42.06 (36.36)	2:18.89 (36.83)	
15 Elliott, Theo	14	Exeter City	2:17.00	2:20.14
30.82	1:06.17 (35.35)	1:43.23 (37.06)	2:20.14 (36.91)	
16 Steward, Bradley	14	Redditch	2:23.30	2:20.87
31.52	1:07.88 (36.36)	1:44.89 (37.01)	2:20.87 (35.98)	
17 Ford, Ethan	14	Co Leicester	2:15.20	2:21.63
31.09	1:06.64 (35.55)	1:44.40 (37.76)	2:21.63 (37.23)	
18 Montgomery, Samuel	14	Pembs Cty	2:22.00	2:23.50
31.51	1:07.58 (36.07)	1:45.99 (38.41)	2:23.50 (37.51)	
19 Jones, Harrison	14	Bridgend Cty	2:23.20	2:23.83
31.06	1:07.26 (36.20)	1:45.88 (38.62)	2:23.83 (37.95)	
20 Clarke, Henry	14	Penyrheol	2:25.10	2:23.95
31.84	1:08.67 (36.83)	1:46.73 (38.06)	2:23.95 (37.22)	
21 Richardson, Osian	14	Swansea Aq	2:24.30	2:25.05
32.32	1:10.20 (37.88)	1:48.33 (38.13)	2:25.05 (36.72)	

**Event 29 Boys 15 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Thomson, Fergus	15	Mt Kelly	2:06.30	2:02.82
28.44	59.61 (31.17)	1:31.46 (31.85)	2:02.82 (31.36)	
2 Wells, Oliver	15	C Dolphins	2:09.79	2:03.25
28.50	59.39 (30.89)	1:31.58 (32.19)	2:03.25 (31.67)	
3 John, Finlay	15	Bridgend Cty	2:09.90	2:06.07
28.59	59.83 (31.24)	1:33.00 (33.17)	2:06.07 (33.07)	
4 Harris, Daniel	15	Co Leicester	2:04.60	2:06.10
29.11	1:01.22 (32.11)	1:33.80 (32.58)	2:06.10 (32.30)	
5 Carver, Wil	15	Swansea Aq	2:12.09	2:11.14
30.21	1:02.99 (32.78)	1:37.22 (34.23)	2:11.14 (33.92)	
6 Morgan, Lewis	15	Bridgend Cty	2:13.05	2:11.34
30.52	1:03.79 (33.27)	1:38.83 (35.04)	2:11.34 (32.51)	
7 James, Charlie	15	Co Leicester	2:08.00	2:11.81
30.28	1:03.67 (33.39)	1:38.13 (34.46)	2:11.81 (33.68)	
8 Fleet, Harry	15	Co Leicester	2:16.80	2:12.95
30.07	1:03.18 (33.11)	1:37.96 (34.78)	2:12.95 (34.99)	
9 Johnstone, Daniel	15	Nofio S Gar	2:17.00	2:12.98
30.77	1:04.70 (33.93)	1:40.08 (35.38)	2:12.98 (32.90)	

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**(Event 29 Boys 15 Year Olds 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
10 Dizon, Matthew	15	Co Leicester	2:08.20	2:13.40
30.20	1:03.69 (33.49)	1:38.23 (34.54)	2:13.40 (35.17)	
11 Agoston, Michael	15	Redditch	2:18.60	2:15.45
30.77	1:05.33 (34.56)	1:41.05 (35.72)	2:15.45 (34.40)	
12 Lloyd Lewis, Cemlyn	15	Chirk	2:17.70	2:15.95
30.41	1:04.45 (34.04)	1:41.66 (37.21)	2:15.95 (34.29)	
13 Mycock, Matthew	15	Exeter City	2:18.30	2:16.09
31.38	1:05.46 (34.08)	1:40.83 (35.37)	2:16.09 (35.26)	
14 Evans, Emrys	15	Co Cardiff	2:17.33	2:16.59
32.34	1:07.52 (35.18)	1:42.98 (35.46)	2:16.59 (33.61)	
15 Williams, Cai	15	Bridgend Cty	2:17.20	2:17.06
30.87	1:06.00 (35.13)	1:42.29 (36.29)	2:17.06 (34.77)	

**Event 29 Boys 16 Year Olds 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Winter, Logan	16	Portsmouth N	2:00.63	2:00.03
27.47	58.02 (30.55)	1:29.40 (31.38)	2:00.03 (30.63)	
2 Reeve, Dylan	16	Mt Kelly	1:58.57	2:00.37
27.69	58.67 (30.98)	1:29.80 (31.13)	2:00.37 (30.57)	
3 Davies, Anthony	16	Mt Kelly	2:02.14	2:01.59
28.24	59.00 (30.76)	1:30.56 (31.56)	2:01.59 (31.03)	
4 Moore, George	16	Co Leicester	2:02.10	2:01.67
27.63	58.64 (31.01)	1:30.31 (31.67)	2:01.67 (31.36)	
5 Arioli, Luca	16	Mt Kelly	2:00.69	2:01.87
27.74	58.83 (31.09)	1:30.27 (31.44)	2:01.87 (31.60)	
6 Edwards, Owain	16	Mt Kelly	2:06.45	2:05.12
28.80	1:00.82 (32.02)	1:33.86 (33.04)	2:05.12 (31.26)	
7 Kelly, Magnus	16	Mt Kelly	2:01.91	2:06.08
28.69	1:00.82 (32.13)	1:33.27 (32.45)	2:06.08 (32.81)	
8 Cummings-Candal, James	16	Portsmouth N	2:02.94	2:06.40
29.01	1:00.85 (31.84)	1:33.59 (32.74)	2:06.40 (32.81)	
9 Major, Sebastian	16	Co Newport	2:07.21	2:07.41
29.50	1:01.86 (32.36)	1:35.30 (33.44)	2:07.41 (32.11)	
10 Catling, Finlay	16	C Dolphins	2:11.81	2:13.15
30.19	1:04.01 (33.82)	1:38.77 (34.76)	2:13.15 (34.38)	
11 Poynter, Harry	16	Portsmouth N	2:10.90	2:13.71
29.97	1:04.11 (34.14)	1:39.13 (35.02)	2:13.71 (34.58)	
12 Steven, Adam	16	Co Newport	2:11.48	2:13.89
30.41	1:04.27 (33.86)	1:39.62 (35.35)	2:13.89 (34.27)	
13 Sullens, Zack	16	Exeter City	2:07.90	2:14.55
30.16	1:04.47 (34.31)	1:39.76 (35.29)	2:14.55 (34.79)	
14 Hedge, Thomas	16	Swansea Aq	2:12.40	2:14.64
30.06	1:03.38 (33.32)	1:38.66 (35.28)	2:14.64 (35.98)	

**Event 29 Boys 17 & Over 200 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Rodriguez, Antonio	17	Swansea Aq	1:54.98	1:55.91
27.43	56.39 (28.96)	1:25.79 (29.40)	1:55.91 (30.12)	
2 McCann, Sean	17	Co Leicester	1:57.40	1:58.15
27.72	57.78 (30.06)	1:28.53 (30.75)	1:58.15 (29.62)	
3 Beamer, Thomas	19	Swansea Aq	1:55.70	1:58.37
27.25	57.13 (29.88)	1:28.23 (31.10)	1:58.37 (30.14)	
4 Burton, Luke	18	Swansea Aq	2:00.10	1:59.64
27.42	57.95 (30.53)	1:29.49 (31.54)	1:59.64 (30.15)	
5 Darbyshire, Robert	18	Wyre Forest	1:58.02	2:00.17
27.58	58.23 (30.65)	1:29.26 (31.03)	2:00.17 (30.91)	
6 Burton, Matthew	20	Swansea Uni	1:58.00	2:00.67
27.35	57.13 (29.78)	1:27.82 (30.69)	2:00.67 (32.85)	

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## Results - Session 6 - Warm Up 2:15

**(Event 29 Boys 17 & Over 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
7 Lencioni, Aurelio	17	Redditch	2:02.40	2:03.86
28.29	59.48 (31.19)	1:31.88 (32.40)	2:03.86 (31.98)	
8 McGregor, Drew	18	Mt Kelly	2:04.91	2:04.20
28.08	1:00.30 (32.22)	1:32.38 (32.08)	2:04.20 (31.82)	
9 Cressey-Rodgers, Ioan	17	Nofio S Gar	2:05.00	2:05.34
29.59	1:01.76 (32.17)	1:34.14 (32.38)	2:05.34 (31.20)	
10 Westwood, Owen	17	Wyre Forest	2:05.30	2:07.40
29.01	1:01.71 (32.70)	1:34.84 (33.13)	2:07.40 (32.56)	
11 Chapman, Nathan	17	Mt Kelly	2:05.30	2:07.66
29.68	1:02.47 (32.79)	1:35.73 (33.26)	2:07.66 (31.93)	
12 Holland, Benjamin	18	Mt Kelly	2:03.94	2:09.34
29.32	1:02.68 (33.36)	1:36.36 (33.68)	2:09.34 (32.98)	
13 Holmes, Daniel	18	Redditch	2:06.40	2:10.95
28.99	1:02.00 (33.01)	1:36.69 (34.69)	2:10.95 (34.26)	
14 O'Reilly, Adam	19	Mt Kelly	2:04.23	2:13.13
30.05	1:03.49 (33.44)	1:38.36 (34.87)	2:13.13 (34.77)	
15 Toku, Alp	17	Mt Kelly	2:06.90	2:15.63
28.81	1:01.29 (32.48)	1:37.52 (36.23)	2:15.63 (38.11)	
16 Andrews, Rory	17	Pembs Cty	2:07.90	2:17.09
30.43	1:05.22 (34.79)	1:40.95 (35.73)	2:17.09 (36.14)	

**Event 30 Girls 11 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Orla Rose	11	Co Cardiff	3:15.44	3:06.90
42.44	1:30.03 (47.59)	2:18.55 (48.52)	3:06.90 (48.35)	
2 Agoston, Alexia	11	Redditch	3:23.40	3:13.78
43.64	1:33.44 (49.80)	2:23.80 (50.36)	3:13.78 (49.98)	
3 Stark, Tala	11	Pembs Cty	3:50.10	3:38.53
48.74	1:42.19 (53.45)	2:39.83 (57.64)	3:38.53 (58.70)	
--- Griffiths, Gwenan	11	Swansea Aq	3:47.20	DQ

**Event 30 Girls 12 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Gardener, Hannah	12	Bridgend Cty	2:59.32	2:56.65
42.47	1:27.89 (45.42)	2:12.94 (45.05)	2:56.65 (43.71)	
2 Williams, Marys	12	Swansea Aq	3:12.60	3:12.82
44.31	1:33.08 (48.77)	2:23.36 (50.28)	3:12.82 (49.46)	

**Event 30 Girls 13 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Collyer, Mabli	13	Swansea Aq	2:43.10	2:44.53
37.46	1:19.35 (41.89)	2:02.05 (42.70)	2:44.53 (42.48)	
2 Morgan, Carys	13	Welshpool	2:50.88	2:47.57
35.96	1:18.44 (42.48)	2:02.55 (44.11)	2:47.57 (45.02)	
3 Statham-Gill, Sophie	13	Co Leicester	2:58.00	2:54.74
40.62	1:26.18 (45.56)	2:11.72 (45.54)	2:54.74 (43.02)	
4 Andrews, Kate	13	Co Leicester	2:52.70	2:54.91
39.65	1:24.58 (44.93)	2:10.47 (45.89)	2:54.91 (44.44)	
5 Gibson, Mari	13	Co Cardiff	3:15.20	2:55.09
39.98	1:24.84 (44.86)	2:11.53 (46.69)	2:55.09 (43.56)	
6 Dunbar, Niamh	13	Co Leicester	2:52.80	2:55.42
40.30	1:25.56 (45.26)	2:11.15 (45.59)	2:55.42 (44.27)	
7 Jones, Eryn	13	C Dolphins	3:11.86	3:10.70
43.86	1:33.46 (49.60)	2:23.67 (50.21)	3:10.70 (47.03)	
8 Lawes-Turley, Mia	13	Exeter City	3:15.00	3:22.43
45.24	1:36.65 (51.41)	2:29.63 (52.98)	3:22.43 (52.80)	

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 30 Girls 13 Year Olds 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
9 Marsh, Nina	13	Pembs Cty	3:17.80	3:23.50
45.30	1:38.02 (52.72)	2:31.45 (53.43)	3:23.50 (52.05)	

**Event 30 Girls 14 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Bissicks, Ella	14	Swansea Aq	2:50.60	2:50.76
37.48	1:20.79 (43.31)	2:05.79 (45.00)	2:50.76 (44.97)	
2 Scotchbrook, Poppy	14	Co Leicester	2:53.50	2:55.94
40.37	1:25.59 (45.22)	2:11.45 (45.86)	2:55.94 (44.49)	
3 Beynon, Gracie	14	Bridgend Cty	3:02.50	3:01.80
42.27	1:29.14 (46.87)	2:16.15 (47.01)	3:01.80 (45.65)	
4 Dillon-Cambridge, Daisy	14	Redditch	3:06.60	3:07.31
41.29	1:28.65 (47.36)	2:17.68 (49.03)	3:07.31 (49.63)	
5 Holmes, Emily	14	Redditch	3:06.40	3:07.48
43.84	1:32.76 (48.92)	2:21.09 (48.33)	3:07.48 (46.39)	
--- Worthington, Emma	14	Chirk	2:51.80	DQ

**Event 30 Girls 15 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 D'Cunha, Jasmine	15	Mt Kelly	2:42.32	2:42.40
36.50	1:18.49 (41.99)	2:01.03 (42.54)	2:42.40 (41.37)	
2 Evans, Caitlin	15	Neath	2:58.47	3:01.53
39.86	1:25.50 (45.64)	2:13.32 (47.82)	3:01.53 (48.21)	
3 Robinson, Naomi	15	Portsmouth N	2:59.40	3:02.92
40.37	1:27.17 (46.80)	2:14.72 (47.55)	3:02.92 (48.20)	
4 Daly, Kirsten	15	Bridgend Cty	3:04.10	3:05.02
45.13	1:33.48 (48.35)	2:19.87 (46.39)	3:05.02 (45.15)	
5 Birkett, Amelie	15	Co Leicester	3:04.30	3:09.44
43.87	1:32.72 (48.85)	2:21.12 (48.40)	3:09.44 (48.32)	

**Event 30 Girls 16 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Lewis, Caera	16	Pembs Cty	2:45.00	2:43.48
36.93	1:18.53 (41.60)	2:00.81 (42.28)	2:43.48 (42.67)	
2 Skelt, Chloe	16	Mt Kelly	2:42.07	2:44.06
35.59	1:16.83 (41.24)	2:00.23 (43.40)	2:44.06 (43.83)	
3 Van Der Stroom, Isis	16	Mt Kelly	2:42.14	2:45.21
37.51	1:19.08 (41.57)	2:02.03 (42.95)	2:45.21 (43.18)	
4 Robinson, Holly	16	Mt Kelly	2:41.40	2:48.81
38.52	1:21.42 (42.90)	2:05.37 (43.95)	2:48.81 (43.44)	
5 Marsh-Smith, Isabella	16	Swim Gwynedd	2:55.36	2:53.98
39.19	1:23.37 (44.18)	2:08.25 (44.88)	2:53.98 (45.73)	
6 Swanston, Jessica	16	Exeter City	2:56.60	2:58.14
40.08	1:24.99 (44.91)	2:11.50 (46.51)	2:58.14 (46.64)	
7 Owen, Elain	16	Chirk	2:55.16	2:59.97
40.26	1:25.91 (45.65)	2:12.99 (47.08)	2:59.97 (46.98)	
8 Wingfield-Dobbs, Freya	16	Co Leicester	2:54.50	3:00.05
40.51	1:27.97 (47.46)	2:14.20 (46.23)	3:00.05 (45.85)	
9 Wilkins, Maia	16	Swansea Aq	3:00.50	3:01.14
41.25	1:25.98 (44.73)	2:14.08 (48.10)	3:01.14 (47.06)	
10 Sweeney, Jessica	16	Co Newport	2:58.33	3:01.28
40.16	1:26.60 (46.44)	2:14.37 (47.77)	3:01.28 (46.91)	

**Event 30 Girls 17 & Over 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Lambert, Imogen	17	Mt Kelly	2:35.75	2:38.72
36.96	1:17.55 (40.59)	1:58.02 (40.47)	2:38.72 (40.70)	

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 30 Girls 17 & Over 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
2 Stoimenova, Kameliya	19	Bo Newham	2:38.62	2:39.13
37.04	1:17.97 (40.93)	1:59.69 (41.72)	2:39.13 (39.44)	
3 Sharp, Laura	19	Swansea Aq	2:41.46	2:40.14
37.06	1:17.60 (40.54)	1:59.00 (41.40)	2:40.14 (41.14)	
4 Green, Jennifer	18	Swansea Aq	2:40.23	2:42.44
36.71	1:18.00 (41.29)	2:00.13 (42.13)	2:42.44 (42.31)	
5 O'Reilly, Carys	18	Co Leicester	2:32.30	2:45.53
36.94	1:19.62 (42.68)	2:01.94 (42.32)	2:45.53 (43.59)	
6 Poynter, Grace	19	SurreyUni SC	2:43.54	2:45.68
35.72	1:17.27 (41.55)	2:00.80 (43.53)	2:45.68 (44.88)	
7 Cranch, Molly	18	Swansea Aq	2:50.12	2:46.65
38.11	1:20.92 (42.81)	2:03.14 (42.22)	2:46.65 (43.51)	
8 Ware, Keely	17	Exeter City	2:50.50	2:48.13
38.32	1:20.85 (42.53)	2:04.37 (43.52)	2:48.13 (43.76)	
9 Jones, Emily	17	Co Newport	2:44.32	2:50.09
38.35	1:22.14 (43.79)	2:06.91 (44.77)	2:50.09 (43.18)	
10 Lewis, Rachael	17	Pembs Cty	2:44.76	2:52.84
39.32	1:22.99 (43.67)	2:07.36 (44.37)	2:52.84 (45.48)	
11 Ward, Ellie	17	Co Newport	2:47.98	2:54.45
37.57	1:21.64 (44.07)	2:08.74 (47.10)	2:54.45 (45.71)	

**Event 31 Boys 11 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Major, Maximus	11	Co Newport	1:23.61	1:16.26
35.95	1:16.26 (40.31)			
2 Oxley, William	11	Co Leicester	1:14.80	1:18.85
38.10	1:18.85 (40.75)			
3 Agoston, Joseph	11	Redditch	1:23.20	1:22.78
40.05	1:22.78 (42.73)			

**Event 31 Boys 12 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Allen, Harry	12	Exeter City	1:14.16	1:14.11
35.94	1:14.11 (38.17)			
2 Thomas, Iolo	12	Neath	1:22.32	1:18.46
37.33	1:18.46 (41.13)			
3 Hole, Ethan	12	Co Cardiff	1:25.50	1:20.88
37.70	1:20.88 (43.18)			
4 Thomas, Sion	12	Haverfordwes	1:21.30	1:22.41
39.79	1:22.41 (42.62)			

**Event 31 Boys 13 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Arnold, Jack	13	Swansea Aq	1:10.61	1:09.11
33.81	1:09.11 (35.30)			
2 Gibson, Finlay	13	Co Leicester	1:09.80	1:09.98
34.64	1:09.98 (35.34)			
3 Jennings, Thomas	13	Portsmouth N	1:07.80	1:10.07
34.46	1:10.07 (35.61)			
4 Rhys, Gruff	13	Swim Gwynedd	1:09.06	1:10.08
34.99	1:10.08 (35.09)			
5 Sellick, Fenn	13	Swansea Aq	1:12.40	1:11.63
34.81	1:11.63 (36.82)			
6 Lee, Aled	13	Redditch	1:10.10	1:12.17
34.97	1:12.17 (37.20)			
7 Perry, Owen	13	Redditch	1:12.60	1:13.09
35.96	1:13.09 (37.13)			



## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 31 Boys 13 Year Olds 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
8 Davies, Iwan	13	Co Cardiff	1:13.98	1:13.21
	35.96	1:13.21 (37.25)		
9 Walters, Macsen	13	Co Cardiff	1:17.30	1:13.53
	35.04	1:13.53 (38.49)		
10 Davidson, Max	13	Redditch	1:11.96	1:15.36
	36.37	1:15.36 (38.99)		
11 Williams, Samuel	13	Co Cardiff	1:19.10	1:18.35
	38.63	1:18.35 (39.72)		
12 Price, George	13	Swansea Aq	1:19.40	1:20.79
	38.33	1:20.79 (42.46)		

**Event 31 Boys 14 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Parrott, Thomas	14	Mt Kelly	1:07.84	1:06.81
	32.28	1:06.81 (34.53)		
2 Montgomery, Samuel	14	Pembs Cty	1:08.24	1:07.66
	32.82	1:07.66 (34.84)		
3 Hodges, Charlie	14	Mt Kelly	1:07.96	1:07.71
	32.44	1:07.71 (35.27)		
4 Blazej, Ivan	14	Mt Kelly	1:09.21	1:09.58
	34.17	1:09.58 (35.41)		
5 Jones, Harrison	14	Bridgend Cty	1:11.90	1:10.57
	34.10	1:10.57 (36.47)		
6 Tyers, Ethan	14	Exeter City	1:07.70	1:10.73
	34.39	1:10.73 (36.34)		
7 Gillett, Oliver	14	Swansea Aq	1:10.52	1:11.08
	34.74	1:11.08 (36.34)		
8 Upton-Boorman, Liam	14	Nofio S Gar	1:12.89	1:11.86
	34.75	1:11.86 (37.11)		
9 Fitch, Lewis	14	Co Leicester	1:10.70	1:12.12
	34.84	1:12.12 (37.28)		
10 James, Ioan	14	Bridgend Cty	1:11.90	1:12.77
	35.45	1:12.77 (37.32)		
11 Ford, Ethan	14	Co Leicester	1:11.30	1:14.04
	35.75	1:14.04 (38.29)		
12 McCauley-Wright, Adam	14	Portsmouth N	1:13.80	1:15.35
	35.69	1:15.35 (39.66)		

**Event 31 Boys 15 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Thomson, Fergus	15	Mt Kelly	58.82	1:01.34
	29.23	1:01.34 (32.11)		
2 John, Finlay	15	Bridgend Cty	1:03.40	1:03.30
	30.45	1:03.30 (32.85)		
3 Davies, Evan	15	Co Newport	1:04.94	1:05.34
	31.09	1:05.34 (34.25)		
4 Johnstone, Daniel	15	Nofio S Gar	1:04.49	1:05.93
	32.85	1:05.93 (33.08)		
5 Williams, Cai	15	Bridgend Cty	1:09.60	1:11.27
	34.72	1:11.27 (36.55)		

**Event 31 Boys 16 Year Olds 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Spencer, Thomas	16	Portsmouth N	57.60	59.95
	29.07	59.95 (30.88)		
2 Fox-Wiltshire, Benjamin	16	Co Newport	1:00.13	1:00.70
	29.64	1:00.70 (31.06)		

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 31 Boys 16 Year Olds 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
3 James, Tristyn	16	Bridgend Cty	1:00.60	1:01.61
29.88	1:01.61 (31.73)			
4 Winter, Logan	16	Portsmouth N	59.20	1:02.56
29.76	1:02.56 (32.80)			
5 Moore, George	16	Co Leicester	1:02.30	1:04.10
30.95	1:04.10 (33.15)			
6 Thomas, Rhys	16	Swansea Aq	1:05.00	1:04.53
31.02	1:04.53 (33.51)			
7 Edwards, Owain	16	Mt Kelly	1:01.82	1:05.25
31.34	1:05.25 (33.91)			
8 Burkett, Maximus	16	Swansea Aq	1:06.70	1:08.42
32.64	1:08.42 (35.78)			

**Event 31 Boys 17 & Over 100 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Small, Joe	21	Swansea Uni	54.88	55.64
26.73	55.64 (28.91)			
2 Mougis, Sofoklis	19	Swansea Aq	57.18	58.79
28.69	58.79 (30.10)			
3 Rodriguez, Antonio	17	Swansea Aq	1:00.10	1:00.31
29.61	1:00.31 (30.70)			
4 Robinson, Harry	17	Mt Kelly	57.38	1:00.35
29.28	1:00.35 (31.07)			
5 James, Freddie	19	Swansea Aq	59.91	1:01.48
29.65	1:01.48 (31.83)			
6 Hazell, Charlie	17	Mt Kelly	1:00.74	1:01.76
30.11	1:01.76 (31.65)			
7 Williams, George	20	Swansea Aq	1:00.41	1:01.85
30.20	1:01.85 (31.65)			
8 Toy, Adam	26	Portsmouth N	1:00.40	1:01.89
29.49	1:01.89 (32.40)			
9 Burns, Logan	18	Exeter City	1:03.20	1:03.75
31.40	1:03.75 (32.35)			
10 Andrews, Michael	26	Portsmouth N	1:02.10	1:03.91
30.80	1:03.91 (33.11)			
11 Cressey-Rodgers, Ioan	17	Nofio S Gar	1:04.80	1:05.19
31.77	1:05.19 (33.42)			
12 Lencioni, Aurelio	17	Redditch	1:04.00	1:06.85
32.47	1:06.85 (34.38)			

**Event 31 Boys 100 LC Meter Backstroke Multi-Class**

Name	Age	Team	Seed Time	Finals Time
1 Navarro-Barber, Tomas S9	17	Portsmouth N	1:17.40	1:22.22
37.61	1:22.22 (44.61)			

**Event 32 Girls 11 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Nichols, Grace	11	Pembs Cty	5:25.50	5:21.58
36.38	1:16.67 (40.29)	1:57.68 (41.01)	2:38.72 (41.04)	
3:19.96 (41.24)	4:01.16 (41.20)	4:42.07 (40.91)	5:21.58 (39.51)	
2 James, Josie	11	Redditch	5:46.40	5:43.88
37.41	1:19.42 (42.01)	2:04.00 (44.58)	2:48.10 (44.10)	
3:33.55 (45.45)	4:17.85 (44.30)	5:02.24 (44.39)	5:43.88 (41.64)	

**Event 32 Girls 12 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Smith, Darcey	12	Portsmouth N	4:55.31	4:49.48
32.43	1:09.07 (36.64)	1:46.25 (37.18)	2:23.39 (37.14)	
3:00.66 (37.27)	3:37.95 (37.29)	4:14.81 (36.86)	4:49.48 (34.67)	

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 32 Girls 12 Year Olds 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
2 Geach, Libbie	12	Swansea Aq	5:01.40	4:56.51
33.62	1:10.27 (36.65)	1:47.42 (37.15)	2:25.64 (38.22)	
3:03.96 (38.32)	3:42.63 (38.67)	4:20.86 (38.23)	4:56.51 (35.65)	
3 Oxley, Jessica	12	Co Leicester	4:54.10	5:00.31
33.72	1:11.36 (37.64)	1:49.64 (38.28)	2:27.54 (37.90)	
3:05.70 (38.16)	3:44.33 (38.63)	4:23.29 (38.96)	5:00.31 (37.02)	
4 Davies, Brianna	12	Mt Kelly	5:03.30	5:04.44
35.43	1:13.59 (38.16)	1:53.28 (39.69)	2:31.73 (38.45)	
3:10.42 (38.69)	3:49.22 (38.80)	4:27.72 (38.50)	5:04.44 (36.72)	
5 Davies, Sian	12	Mt Kelly	5:31.07	5:28.85
36.02	1:17.27 (41.25)	1:59.53 (42.26)	2:41.83 (42.30)	
3:24.06 (42.23)	4:07.67 (43.61)	4:49.38 (41.71)	5:28.85 (39.47)	

**Event 32 Girls 13 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Owen, Gracie	13	Neath	4:49.37	4:46.32
31.74	1:07.45 (35.71)	1:43.93 (36.48)	2:21.03 (37.10)	
2:57.95 (36.92)	3:35.36 (37.41)	4:11.81 (36.45)	4:46.32 (34.51)	
2 Lo, Alyssa	13	Co Leicester	4:45.00	4:53.59
32.85	1:09.00 (36.15)	1:46.51 (37.51)	2:24.29 (37.78)	
3:02.13 (37.84)	3:39.91 (37.78)	4:17.52 (37.61)	4:53.59 (36.07)	
3 Sawle, Jemima	13	Portsmouth N	4:54.80	4:53.89
32.44	1:09.20 (36.76)	1:46.68 (37.48)	2:24.77 (38.09)	
3:02.26 (37.49)	3:40.59 (38.33)	4:17.77 (37.18)	4:53.89 (36.12)	
4 Needs, Abigail	13	Exeter City	4:50.78	4:56.01
32.40	1:08.63 (36.23)	1:46.22 (37.59)	2:24.06 (37.84)	
3:02.35 (38.29)	3:40.85 (38.50)	4:19.15 (38.30)	4:56.01 (36.86)	
5 King, Marley	13	Penyrheol	5:02.40	4:57.77
33.38	1:12.13 (38.75)	1:51.53 (39.40)	2:30.60 (39.07)	
3:09.59 (38.99)	3:47.88 (38.29)	4:24.02 (36.14)	4:57.77 (33.75)	
6 Tucker, Holly	13	Swansea Aq	5:08.70	5:08.62
33.76	1:11.23 (37.47)	1:50.69 (39.46)	2:30.27 (39.58)	
3:10.09 (39.82)	3:50.23 (40.14)	4:30.14 (39.91)	5:08.62 (38.48)	
7 Gilderdale, Celyn	13	Pembs Cty	5:19.90	5:15.12
34.50	1:13.90 (39.40)	1:54.55 (40.65)	2:35.10 (40.55)	
3:16.16 (41.06)	3:56.51 (40.35)	4:36.69 (40.18)	5:15.12 (38.43)	
8 Thomas, Rhian	13	Pembs Cty	5:23.60	5:30.86
35.80	1:17.74 (41.94)	2:01.16 (43.42)	2:43.89 (42.73)	
3:26.07 (42.18)	4:09.37 (43.30)	4:50.93 (41.56)	5:30.86 (39.93)	

**Event 32 Girls 14 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Quiller, Nicole	14	Mt Kelly	4:42.77	4:42.58
31.07	1:06.00 (34.93)	1:42.50 (36.50)	2:19.23 (36.73)	
2:55.94 (36.71)	3:32.84 (36.90)	4:08.63 (35.79)	4:42.58 (33.95)	
2 Chamberlain, Breanna	14	Mt Kelly	4:40.90	4:47.16
31.95	1:07.38 (35.43)	1:43.57 (36.19)	2:20.39 (36.82)	
2:57.56 (37.17)	3:34.73 (37.17)	4:11.59 (36.86)	4:47.16 (35.57)	
3 Hoare, Isabella	14	Wyre Forest	4:41.80	4:47.34
32.73	1:08.68 (35.95)	1:44.37 (35.69)	2:20.61 (36.24)	
2:57.36 (36.75)	3:34.66 (37.30)	4:12.01 (37.35)	4:47.34 (35.33)	
4 Knobel, Lily-Anne	14	Portsmouth N	5:00.95	4:56.70
33.76	1:10.70 (36.94)	1:48.28 (37.58)	2:26.54 (38.26)	
3:04.33 (37.79)	3:42.33 (38.00)	4:20.17 (37.84)	4:56.70 (36.53)	
5 O'Mahoney, Kaitlin	14	Neath	4:59.96	4:58.55
33.28	1:09.72 (36.44)	1:47.86 (38.14)	2:26.05 (38.19)	
3:05.20 (39.15)	3:44.14 (38.94)	4:22.75 (38.61)	4:58.55 (35.80)	

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 32 Girls 14 Year Olds 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
6 Evans, Mali	14	Swansea Aq	5:01.98	5:04.46
33.46	1:11.11 (37.65)	1:49.50 (38.39)	2:28.97 (39.47)	
3:08.63 (39.66)	3:49.17 (40.54)	4:28.59 (39.42)	5:04.46 (35.87)	
7 Hale, Gemma	14	Swansea Aq	5:03.14	5:04.86
33.37	1:10.86 (37.49)	1:49.12 (38.26)	2:28.59 (39.47)	
3:07.64 (39.05)	3:48.18 (40.54)	4:26.92 (38.74)	5:04.86 (37.94)	
8 Bissicks, Ella	14	Swansea Aq	5:01.60	5:11.57
35.50	1:15.33 (39.83)	1:55.44 (40.11)	2:35.69 (40.25)	
3:16.05 (40.36)	3:56.52 (40.47)	4:35.69 (39.17)	5:11.57 (35.88)	
9 Beynon, Gracie	14	Bridgend Cty	4:54.30	5:12.86
34.76	1:13.60 (38.84)	1:54.27 (40.67)	2:34.91 (40.64)	
3:15.15 (40.24)	3:55.07 (39.92)	4:34.42 (39.35)	5:12.86 (38.44)	
10 Thomas, Grace	14	Pembs Cty	5:13.60	5:18.97
35.44	1:16.63 (41.19)	1:57.78 (41.15)	2:39.25 (41.47)	
3:20.18 (40.93)	4:01.07 (40.89)	4:41.03 (39.96)	5:18.97 (37.94)	
11 McDonagh, Emily	14	Bridgend Cty	5:15.45	5:24.80
34.34	1:14.21 (39.87)	1:56.71 (42.50)	2:38.92 (42.21)	
3:20.87 (41.95)	4:02.94 (42.07)	4:44.41 (41.47)	5:24.80 (40.39)	

**Event 32 Girls 15 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Martin, Olivia	15	Mt Kelly	4:36.19	4:38.00
31.33	1:05.45 (34.12)	1:40.67 (35.22)	2:15.84 (35.17)	
2:51.34 (35.50)	3:26.90 (35.56)	4:02.64 (35.74)	4:38.00 (35.36)	
2 Sherlock, Katie	15	Mt Kelly	4:46.80	4:40.10
32.16	1:07.39 (35.23)	1:42.73 (35.34)	2:18.48 (35.75)	
2:54.04 (35.56)	3:29.93 (35.89)	4:05.47 (35.54)	4:40.10 (34.63)	
3 Dixon, Millie	15	Mt Kelly	4:47.39	4:44.65
32.00	1:06.15 (34.15)	1:41.90 (35.75)	2:17.10 (35.20)	
2:53.07 (35.97)	3:29.81 (36.74)	4:07.24 (37.43)	4:44.65 (37.41)	
4 Ball, Alicia	15	Co Leicester	4:48.60	4:49.40
32.92	1:09.28 (36.36)	1:46.66 (37.38)	2:24.50 (37.84)	
3:01.31 (36.81)	3:37.68 (36.37)	4:14.21 (36.53)	4:49.40 (35.19)	
5 Russell, Annabel	15	Co Leicester	4:45.40	4:50.44
32.71	1:08.57 (35.86)	1:45.29 (36.72)	2:22.13 (36.84)	
2:59.42 (37.29)	3:36.68 (37.26)	4:14.10 (37.42)	4:50.44 (36.34)	
6 Hatherley, Ruby	15	Exeter City	4:42.20	4:53.46
32.87	1:09.34 (36.47)	1:46.67 (37.33)	2:24.15 (37.48)	
3:02.18 (38.03)	3:40.06 (37.88)	4:17.54 (37.48)	4:53.46 (35.92)	
7 Roberts, Alysia	15	Co Cardiff	5:05.71	5:04.00
33.68	1:11.66 (37.98)	1:50.74 (39.08)	2:30.56 (39.82)	
3:09.64 (39.08)	3:48.42 (38.78)	4:26.86 (38.44)	5:04.00 (37.14)	
8 Sari, Sara	15	Exeter City	4:51.00	5:04.56
33.39	1:10.88 (37.49)	1:49.34 (38.46)	2:28.39 (39.05)	
3:07.51 (39.12)	3:46.92 (39.41)	4:26.26 (39.34)	5:04.56 (38.30)	
9 Knowles, Amy	15	Pembs Cty	5:10.90	5:17.60
34.33	1:13.43 (39.10)	1:53.18 (39.75)	2:34.37 (41.19)	
3:15.87 (41.50)	3:57.89 (42.02)	4:39.38 (41.49)	5:17.60 (38.22)	

**Event 32 Girls 16 Year Olds 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Hickman, Eve	16	Bridgend Cty	4:47.20	4:48.21
30.99	1:05.91 (34.92)	1:42.96 (37.05)	2:20.23 (37.27)	
2:57.70 (37.47)	3:34.96 (37.26)	4:12.49 (37.53)	4:48.21 (35.72)	
2 Vaughan, Isabella	16	Mt Kelly	4:41.24	4:55.48
32.57	1:08.59 (36.02)	1:45.48 (36.89)	2:23.00 (37.52)	
3:01.06 (38.06)	3:40.05 (38.99)	4:18.38 (38.33)	4:55.48 (37.10)	

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 32 Girls 16 Year Olds 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
3 Phillips, Rhianna	16	Nofio S Gar	5:00.90	5:09.43
34.37	1:11.67 (37.30)	1:50.80 (39.13)	2:29.92 (39.12)	
3:09.74 (39.82)	3:49.89 (40.15)	4:30.25 (40.36)	5:09.43 (39.18)	
4 Johns, Ffion	16	Swansea Aq	5:01.80	5:14.74
35.40	1:14.36 (38.96)	1:54.35 (39.99)	2:34.33 (39.98)	
3:14.15 (39.82)	3:54.42 (40.27)	4:34.75 (40.33)	5:14.74 (39.99)	

**Event 32 Girls 17 & Over 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Main, Sophie	18	Mt Kelly	4:26.03	4:28.00
30.74	1:04.21 (33.47)	1:37.84 (33.63)	2:12.20 (34.36)	
2:46.07 (33.87)	3:20.26 (34.19)	3:54.20 (33.94)	4:28.00 (33.80)	
2 Forwood, Emily	17	Mt Kelly	4:29.30	4:28.88
30.94	1:04.95 (34.01)	1:38.65 (33.70)	2:12.83 (34.18)	
2:46.66 (33.83)	3:21.09 (34.43)	3:55.45 (34.36)	4:28.88 (33.43)	
3 Sharp, Laura	19	Swansea Aq	4:31.18	4:30.95
30.82	1:04.26 (33.44)	1:38.62 (34.36)	2:13.48 (34.86)	
2:48.07 (34.59)	3:22.96 (34.89)	3:57.15 (34.19)	4:30.95 (33.80)	
4 Ghibellini, Federica	17	Mt Kelly	4:42.16	4:40.35
32.41	1:07.37 (34.96)	1:43.05 (35.68)	2:18.61 (35.56)	
2:54.54 (35.93)	3:30.22 (35.68)	4:05.83 (35.61)	4:40.35 (34.52)	
5 Rowsell, Evelyn	17	Portsmouth N	4:36.72	4:42.09
31.17	1:05.41 (34.24)	1:41.50 (36.09)	2:17.01 (35.51)	
2:53.46 (36.45)	3:30.01 (36.55)	4:07.16 (37.15)	4:42.09 (34.93)	
6 Bamborough, Katie	17	Mt Kelly	4:41.26	4:43.51
32.32	1:08.09 (35.77)	1:44.39 (36.30)	2:20.85 (36.46)	
2:57.48 (36.63)	3:34.03 (36.55)	4:09.39 (35.36)	4:43.51 (34.12)	
7 Jovanov, Mila	17	Mt Kelly	4:40.38	4:43.56
32.13	1:07.68 (35.55)	1:43.39 (35.71)	2:19.41 (36.02)	
2:55.92 (36.51)	3:32.34 (36.42)	4:08.56 (36.22)	4:43.56 (35.00)	
8 Ayling, Amelia	17	Portsmouth N	4:41.90	4:45.37
32.27	1:08.30 (36.03)	1:44.73 (36.43)	2:21.33 (36.60)	
2:58.32 (36.99)	3:35.07 (36.75)	4:10.80 (35.73)	4:45.37 (34.57)	
9 Cressey-Rodgers, Deryn	18	Nofio S Gar	4:46.40	4:49.72
32.29	1:07.88 (35.59)	1:44.70 (36.82)	2:21.85 (37.15)	
2:59.13 (37.28)	3:36.89 (37.76)	4:13.73 (36.84)	4:49.72 (35.99)	
10 Gillett, Keira	17	Swansea Aq	4:53.30	4:54.74
33.18	1:08.88 (35.70)	1:45.72 (36.84)	2:22.84 (37.12)	
3:00.60 (37.76)	3:38.70 (38.10)	4:16.80 (38.10)	4:54.74 (37.94)	
11 Kenny, Nevaeh	17	Mt Kelly	4:48.92	4:55.77
32.24	1:08.14 (35.90)	1:45.48 (37.34)	2:23.60 (38.12)	
3:01.67 (38.07)	3:40.17 (38.50)	4:18.36 (38.19)	4:55.77 (37.41)	

**Event 33 Boys 11 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Phillips, Finley	11	Carmarthen	45.80	42.56
2 Agoston, Joseph	11	Redditch	44.80	45.37

**Event 33 Boys 12 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Hole, Ethan	12	Co Cardiff	44.50	41.55

**Event 33 Boys 13 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Gifford-Groves, Caleb	13	Millfield	37.16	37.32
2 Temby, Jacob	13	Co Cardiff	39.52	37.36
3 Perry, Owen	13	Redditch	36.10	37.48
4 Sellick, Fenn	13	Swansea Aq	38.20	38.33
5 Rixon, Noah	13	Co Newport	39.89	38.38

## Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022

## Results - Session 6 - Warm Up 2:15

**(Event 33 Boys 13 Year Olds 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
6 Williams, Samuel	13	Co Cardiff	42.26	40.92
7 Davies, Iwan	13	Co Cardiff	41.94	41.15

**Event 33 Boys 14 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Dollamore, Joseph	14	Portsmouth N	33.71	34.31
2 Perry, Riley	14	Redditch	33.50	34.79
3 Williams, Luke	14	Co Newport	36.26	35.63
4 Clarke, Henry	14	Penyrheol	37.60	35.80
5 Montague, Mason	14	Pembs Cty	36.62	36.55
6 Bird, Charles	14	Chirk	38.10	37.80
7 Cressey-Rodgers, Huw	14	Nofio S Gar	39.00	37.89
8 Richardson, Osian	14	Swansea Aq	38.00	38.28

**Event 33 Boys 15 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Gifford-Groves, Ashton	15	Mt Kelly	32.27	33.38
2 Agoston, Michael	15	Redditch	33.60	33.45
3 Cotterell, Lewis	15	Co Leicester	33.70	33.72
4 Swinton, Christopher	15	Swansea Aq	34.92	33.93
5 Page, Paul	15	Co Leicester	34.40	34.13
6 Oxley, Oliver	15	Co Leicester	35.50	35.27
7 Morgan, Lewis	15	Bridgend Cty	37.60	38.89

**Event 33 Boys 16 Year Olds 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Martini, Tommaso	16	Portsmouth N	31.10	31.60
2 Frith, Callum	16	Exeter City	31.93	31.95
3 Lunn, Chase	16	Portsmouth N	33.19	32.87
*4 James, Tristyn	16	Bridgend Cty	34.26	32.92
*4 Cole, Toby	16	Swansea Aq	33.00	32.92
6 Steven, Adam	16	Co Newport	33.24	34.04
7 Burkett, Maximus	16	Swansea Aq	35.30	34.29
8 Edwards, Owain	16	Mt Kelly	34.25	34.34
9 Sullens, Zack	16	Exeter City	33.76	35.14
10 Poynter, Harry	16	Portsmouth N	35.00	35.51
11 Fowler, Joseph	16	Rct Squad	35.31	35.85

**Event 33 Boys 17 & Over 50 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Newman, Bradley	20	Co Cardiff	28.34	28.16
2 Panaretos, Panayiotis	19	Swansea Aq	28.78	28.68
3 Davies, Aneurin	17	Swansea Aq	29.25	29.53
4 Hallett, Ronny	17	Mt Kelly	29.54	30.18
5 Sin, Joseph	18	Mt Kelly	29.78	30.55
6 Casey, Alexander	18	Co Leicester	30.40	30.85
7 Weatherley, Tyler	20	Swansea Aq	31.12	30.93
8 Hoey, Luke	19	Swansea Aq	31.80	30.99
9 Godwin, Dylan	20	Portsmouth N	32.50	31.17
10 Gallagher, Dylan	18	Swansea Aq	31.88	31.37
11 McGregor, Drew	18	Mt Kelly	30.57	31.39
12 Redman, Samuel	29	Portsmouth N	30.13	31.50
13 Wilkinson, Ben	17	Mt Kelly	31.93	31.52
14 Robinson, Harry	17	Mt Kelly	31.49	31.69
15 Jordan, Liam	17	Exeter City	32.00	31.74
16 Burton, Luke	18	Swansea Aq	32.92	31.98
17 Aengenheyster, Finn	17	Mt Kelly	33.62	32.61

**Swansea Aquatics Spring Long Course 2022 - 12/03/2022 to 13/03/2022****Results - Session 6 - Warm Up 2:15****(Event 33 Boys 17 & Over 50 LC Meter Breaststroke)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
18 Holmes, Daniel	18	Redditch	32.50	33.22
19 Wu, Kevin	17	Mt Kelly	32.90	33.50
20 Lee, Jason	18	Swansea Aq	32.50	33.70
21 Burns, Logan	18	Exeter City	33.80	34.23