



Please send completed forms to:
 Step By Step Attn: Intake
 1470 Beacon Street, Suite B, Brookline, MA 02446
 617-277-6140 (P) 617-277-0168 (F)
Please call or e-mail referralinfo@stepbystepss.org
With any additional questions

Family History Application

A family member of the applicant should fill out this form

Applicant Name: _____
 Age: _____ DOB: ___/___/___ SS#: ___/___/___
 Address: _____
 Phone: _____ E-mail: _____
 Current living situation: _____

Primary person making referral:
 Name: _____ Relationship: _____
 Address _____
 Phone: _____ Age _____ E-mail: _____
 Quality of Relationship: _____

Family Members:

Name: _____ Relationship: _____
 Address _____
 Phone: _____ Age _____ E-mail: _____
 Quality of Relationship: _____

Name: _____ Relationship: _____
 Address _____
 Phone: _____ Age _____ E-mail: _____
 Quality of Relationship: _____

Name: _____ Relationship: _____
 Address _____
 Phone: _____ Age _____ E-mail: _____
 Quality of Relationship: _____

Significant others not listed above:

Name: _____ Relationship: _____
 Address _____
 Phone: _____ Age _____ E-mail: _____
 Quality of Relationship: _____

Who maintains a close relationship with the applicant?

Frequency of contact:

Identify your concerns or reasons for the referral:

What would you like your family member to be able to achieve?

Please describe strengths the applicant possesses:

Please describe limitations or struggles the applicant has with regard to reaching his/her goals:

When did the family first begin to notice behaviors, which may be related to the disability?

What were significant events in the lives of your family members?

Were there any traumatic events?

Were there any medical problems, if so please describe?

Were there any serious accidents, if so please describe?

Has the applicant ever suffered a head injury? _____

Is there any other history of disabilities in the family, if so who?

Are there any other family members with special needs?

Is there any history of drug or alcohol abuse for any individual in the family?

Describe mental health services sought, provided by whom, what was purpose or goal, what was helpful for the person or the family:

Describe the need for hospitalizations, where, when, for how long, and what led up to each hospitalization: _____

History of residential placements: _____

What problems are facing the family now?

Can the family work with Step By Step while the applicant is in our program?

Does everyone in the family agree with this? _____

What is the best way to communicate with the family? ___ Phone ___ E-mail ___ Meetings

Who would you like to be the primary person of contact? _____

Are there issues the family cannot discuss, are afraid to discuss or don't want to discuss. Does everyone in the family agree with this?

Is there any healing that would be helpful to the family? If so who was or is hurt and how did it occur? _____

Sexual history/Concerns of the applicant:

To what extent does the family or applicant consider spirituality or religion important to their lives? _____

Are there any significant cultural or ethnic issues?

Please provide a history of the educational experiences for the applicant (if possible, enclose a resume): _____

Please provide a history of the vocational or work experiences for the applicant:

Is there any history of learning disabilities? _____

Is there any military history? _____

If yes, did the applicant see any action in the military, receive any benefits?

Please provide any legal history that might be of significance:

Police involvement /Law violations (what, when, outcome):

Legal charges, etc: _____

Incarcerations etc: _____

Civil proceedings: _____

Is there a legal guardian? If so please provide name, address & phone:

Please list any placements or treatment for substance abuse:

When was the last known use of intoxicants? _____

Name specific intoxicants:

Please identify any problems in the following areas:

Nutrition/Eating patterns, changes, disorders:

Pain Management: _____

Depressed Mood/sad: _____

Anxiety: _____

Traumatic Stress: _____

Anger/Aggression: _____

Oppositional Behaviors: _____

Inattention/ Withdrawal: _____

Impulsivity: _____

Disturbed Reality Contact (psychosis): _____

Unusual Thoughts: _____

Mood Swings/Hyperactivity: _____

Substance Abuse/Addiction: _____

Sleep Problems: _____

Social Stressors: _____

Pertinent Health Concerns: _____

Would you consider the applicant to be at risk of harming themselves or others? _____

If yes, please explain:

Is the applicant allergic to any foods? _____

If so, please list: _____

Does the applicant have any dietary restrictions? _____

If so please describe: _____

How will SBS know if the applicant is not doing well?

Are there other areas that are important for the staff to understand about the person who may receive SBS support?

Signature: _____ Date: _____

Print Name: _____

Relationship to Applicant: _____