



Cold Luncheon

(Choice of One)

Tossed Salad-Mixed greens topped with tomato wedges, cucumber slices, shredded carrots and red cabbage, red and green pepper rings, Broccoli florets and onions.

Served with assorted dressings and crunchy croutons on the side.

Classic Caesar Salad-Romaine leaves and cheese and garlic croutons served with Creamy Caesar dressing and freshly grated Parmesan cheese on the side

Chicken Caesar- Our Classic Caesar salad topped with grilled and julienne chicken breast

Steak Salad- Flavorful flanks steak seasoned with a southwest rub and grilled over open flames. Sliced thin and served atop a bed of mixed greens, cucumbers, tomato wedges, caramelized pecans and crumbled bleu cheese. Served with a sweet and spicy chipotle ranch dressing

Greek Salad-Chopped iceberg and leaf lettuce topped with diced onions and peppers, black olives, banana peppers and feta cheese. Garnished with tomato wedges and served with Parmesan herb vinaigrette.

Cobb Salad-Mixed greens topped with grilled chicken, ham, crumbled bacon, sliced avocado, hard boiled egg and chopped tomato Served with a lemon-Dijon mustard vinaigrette

Italian Antipasto-Chopped greens topped with imported ham, Genoa salami, pepperoni, Prosciutto, Capocollo, Provolone cheese, roasted peppers, onion and artichokes Dusted with freshly grated Parmesan cheese and served with Balsamic vinaigrette

Summer Salad-Mixed field greens topped with sliced strawberries, Mandarin oranges, blueberries, walnuts and crumbled bleu cheese. Garnished with tomato wedges and served with balsamic vinaigrette on the side.

Glenmore Café & Caterers

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An array of unique wraps and petite sandwiches:
*(Unless specified we will create a delicious mixed platter of our specialties-
Vegetarian will be included upon request)*

- *Blackened chicken wrapped in a sun dried tomato-basil tortilla with Romaine lettuce, plum tomatoes, creamy Caesar dressing, mozzarella and Parmesan cheeses*
- *Marinated chicken with Monterey Jack and cheddar cheeses, avocado, red onion, lettuce, tomato and chipotle mayonnaise wrapped in a jalapeno cheddar wrap*
- *Roast Beef, blue cheese and red onion on a crusty French roll with mixed greens, tomato and horseradish cream*
- *Turkey breast, Brie, sprouts, cucumber, lettuce, tomato and honey mustard wrapped in a pesto tortilla*
- *Roast beef, smoked turkey and imported ham wrapped in a garlic herb tortilla with American and Provolone cheeses, lettuce and tomato*
 - *Sliced turkey piled high on a flaky croissant with Muenster cheese, lettuce and tomato*
 - * Boneless chicken breast blended with sun dried tomato pesto-stuffed in a baguette with mozzarella cheese, lettuce and tomato*
 - *Imported ham thinly sliced-piled high on a soft pretzel roll with Swiss cheese, lettuce and tomato.*
- *Ham, salami, Proscuitto ham and pepperoni with lettuce, tomato, onion, mayonnaise and Italian dressing on crusty ciabatta*
- *Sliced turkey breast on multigrain ciabatta bread with Provolone bacon, lettuce and tomato*
- *Homemade chicken salad and tuna salad served on miniature bakery fresh rolls with lettuce and sliced tomato*

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- *Thinly sliced turkey on a sun dried tomato bagel with hummus, cucumbers, Provolone cheese, spinach and plum tomatoes*
- *Oven roasted squash, zucchini, eggplant, red onion, green and red peppers, carrots and fennel wrapped in a spinach tortilla with lettuce, tomato and balsamic vinaigrette*
- *Sliced cucumber, squash and eggplant layered on fresh baked multi-grain ciabatta bread with lettuce, tomato, sprouts and fresh avocado*

(Choice of Two)

Greek Rotini Pasta Salad-Tri color rotini pasta mixed with diced zucchini, squash, onion, peppers, cherry tomatoes, black olives, feta cheese and fresh herbs tossed in a tangy vinaigrette

Red Bliss Potato Salad-New red potatoes mixed with shallots, celery, green peppers, mayonnaise and a hint of Dijon mustard

Creamy Cole Slaw- Shredded red and green cabbage mixed with carrots and celery seed in a light vinaigrette

Rice Salad-Long grain rice blended with curried yogurt, almonds, raisins, onion, chopped green and red peppers

Szechuan Green Beans-Fresh green beans blanched and tossed in olive oil and sesame oil-crushed chiles and a splash of soy sauce

Italian Pasta Salad-Penne rigate' tossed in a sun dried tomato vinaigrette with roasted peppers, artichokes, fresh basil, Capers and Parmesan cheese

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Salads Luncheon

Fresh crisp Romaine lettuce tossed with crunchy croutons in a creamy Caesar dressing, topped with grilled boneless chicken breast and dusted with Parmesan cheese

Our best whole shrimp salad blended with celery, mayonnaise, and Old Bay

All white meat chicken blended with shallots, celery, and mayonnaise

Tuna salad blended with celery, baby sweet gherkins, and mayonnaise

***Presented with lettuce, tomato and bakery fresh rolls*

Choice of two cold salads

Cookies, brownies, and petite desserts

Assorted soft drinks and bottled water

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All lunches include: chips, can of soda or bottled water, two cookies, pasta salad, piece of fruit, paper products and utensils

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The Deli Experience

Fresh sliced lunchmeats artfully displayed:

Roast beef, smoked turkey breast, imported ham and Italian salami, Swiss, American and Provolone cheeses

Relish Tray of tomato slices, pickle spears and slices, lettuce, red onion, pepperoncinis, banana peppers and black olives, Mustard and mayonnaise

Assorted fresh baked rolls and bread

An assortment of potato chips

Greek Pasta Salad

Assorted homemade cookies and brownies

Soft drinks and bottled water

**Additions:*

Crab Balls.....\$1.50 per crab ball

Steamed Shrimp.....\$10/lb

Crab Soup.....\$2 per person

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Hot Buffet #1

*Mixed greens topped with sliced cucumbers, tomato wedges, red and green peppers, shredded carrots, onions and broccoli florets.
Served with assorted dressings*

*Choice of Two Entrees
(From our luncheon selection menu)*

**Grilled Vegetables-Squash, zucchini, eggplant, fennel, carrots, onions and peppers marinated in extra virgin olive oil & fresh herbs*

or

**Sugar peas, asparagus, broccoli, green beans, red pepper slices and mushrooms-sauteed with garlic and ginger-finished with a splash of soy sauce*

*Roasted potatoes, mashed potatoes, parslid potatoes,
Traditional rice pilaf, wild rice blend, saffron rice
Cheesy broccoli rice pilaf, sun dried tomato-herb cous cous, Roasted red pepper and feta rice, buttered fettucine noodles or
Macaroni & cheese*

Fresh baked rolls, bread and butter

Assorted petite desserts, cookies and brownies

Soft drinks & water

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Tortilla Bowl Luncheon

Crunchy flour tortilla bowl awaiting the following a la carte' choices: Mixed greens, black beans, salsa, shredded Monterey Jack and cheddar cheeses, crumbled bleu cheese, diced tomatoes, chopped green onion, roasted peppers, guacamole and sour cream. and garnish it with your favorite:

(Choice of Three)

**Boneless chicken breast marinated in olive oil, honey and chiles
Grilled and served julienne.*

** Ground beef flavored with south of the border seasonings.*

**Flavorful flank steak rubbed with salt, garlic, paprika and fresh cracked black pepper-grilled and sliced thin.*

**Fresh Pacific salmon filet marinated in coconut milk, red curry and yogurt.*

**Zucchini, Squash, parsnips, fennel, carrots, onions and peppers seasoned with fresh herbs and oven roasted*

Top it off with:

Chipotle ranch, sesame ginger and low calorie Italian dressings

Fresh cut cantaloupe, honey dew melon, pineapple, strawberries and clusters of grapes

Assorted petite desserts, cookies and brownies

Soft drinks and Bottled Water

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Grilled Lunch Buffet

Salad Bar-

Crisp Romaine leaves served with crunchy garlic croutons, creamy Caesar dressing and freshly grated Parmigiano-Reggiano cheese on the side

Mixed greens with tomato wedges, cucumber slices, shredded carrots, red and green pepper rings, red cabbage and broccoli florets.

Served with assorted dressings

*Perdue boneless chicken breast marinated in olive oil and delicately seasoned and Fresh grilled North Atlantic salmon filet
Grilled over hardwood coals*

*A selection of individual sized baked quiches to include:
Spinach and Swiss, broccoli & cheddar, fontina & Italian vegetables*

Greek Pasta Salad-tri color rotini tossed with feta cheese, onions, peppers, black olives, cherry tomatoes and banana peppers in a tangy vinaigrette

Fresh Cut Fruit Salad-Cantaloupe, watermelon, pineapple, honey dew melon, grapes, strawberries, blueberries and Mandarin oranges.

Assorted petite desserts, cookies & brownies

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Baked Potato Bar

Jumbo Idaho potatoes rubbed with extra virgin olive oil, salt and pepper-Baked until fork tender and served with the following accompaniments:

*Crumbled bacon, julienne chicken and ham, chili, steamed broccoli, sautéed mushrooms, shredded cheddar cheese, cheese sauce,
sour cream, green onion and salsa*

*Tossed Salad-Mixed greens topped with tomato wedges, sliced cucumber, shredded carrots and red cabbage, broccoli florets, onion, red and green peppers, mushrooms and croutons
Served with assorted dressings*

Corn Chowder-Fresh silver queen corn niblets oven roasted until golden brown-pureed with fresh herbs, carrots, celery, peppers, onion and a splash of cream

Maryland Crab Soup-A host of vegetables simmered with tomato sauce and seafood stock-choked full of sweet Maryland crabmeat

**May substitute type of soups*

Homemade Cookies and Brownies

Soft Drinks and Bottled Water

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