



HALF-LYTELY BOWEL PREP INSTRUCTIONS FOR COLONOSCOPY

Obtain Half-Lytely and Bisacodyl tablets Bowel Prep kit.

DAY BEFORE EXAM:

Drink only clear liquids for breakfast, lunch and dinner. Solid foods, milk or milk products are not allowed. Clear liquids include all of the following that are not colored red or purple: strained fruit juices without pulp (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer), Gatorade, carbonated and non-carbonated soft drinks, Kool Aid, (or other fruit flavored drinks, plain Jell-O (without added fruit or toppings) and ice popsicles.

12:00 Noon – Take both Bisacodyl tablets with water.

6:00 P.M. – Drink Half-Lytely solution – one 8 oz glass every ten minutes.

BE SURE TO DRINK ALL THE SOLUTION.

You can continue to have clear liquids up until 3 hours prior to your procedure.