

## Teeth Cleaning

We all know that good oral hygiene keeps your teeth looking clean and shiny, but did you know that it's also essential to your overall health? It's true, poor oral hygiene can lead to a variety of dental and medical problems such as gum disease, infection, heart disease, stroke, and even diabetes.

That's why dentists recommend that teeth be cleaned professionally twice a year. Teeth cleaning is the removal of dental plaque and tartar in order to prevent cavities, gingivitis and gum disease. The average dental cleaning is a routine procedure that is rarely painful and takes 30 to 45 minutes.

At Tran Dental, we specialize in and frequently perform a variety of dental cleaning procedures, from scaling to whitening, so you can rest assured that yours will be performed by a skilled and experienced dental professional.

We are dedicated to providing the highest standard of quality in all dental procedures to ensure our clients' complete satisfaction. Using state-of-the-art dental technology, we have improved thousands of smiles, and we want to do the same for you. To schedule an appointment or a consultation, please contact us today.