

# Cooperative Parenting Education Series

An 8-week, evidence based series to help parents guide and protect their children through separation or divorce while establishing a positive, long-term relationship with the child's parent.

## Classes held at:

Family Pride of Northeast Ohio 695 South Street, Unit 6 Chardon, Ohio 44024

#### Dates:

Wednesdays
January 25<sup>th</sup>
February 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 23<sup>rd</sup>
March 1st
6-8pm
Cost FREE

## Participants will:

- · Learn about how the impact their conflict has on their children
- Develop a better understanding of children's issues in divorce
- Learn the practical skills they need to manage anger, increase impulse control, resolve conflict and talk to each other without arguing

Please contact Family Pride at 440-286-1553 to RSVP





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#### Dates:

Thursdays
Apríl 20<sup>16</sup>, 27<sup>16</sup>
May 4<sup>16</sup>, 11<sup>16</sup>, 18<sup>16</sup>, 25th
6-8pm
Cost FREE

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### Dates:

Wednesday
July 19<sup>th</sup>, 26<sup>th</sup>
August 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23rd
6-8pm
Cost FREE

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#### Dates:

Thursdays
October 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>
November 2<sup>nd</sup>, 9th
6-8pm
Cost FREE

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