

## Classes & Workshops

PLJ Lifestyles provides classes/workshops on **Event Planning, Email Marketing, Medicare & Supplemental Insurance Planning, Financial Planning** plus more...

- **Intro to Computers, Internet & Email**
- **Social Media – Facebook, Twitter & LinkedIn**
- **Understanding Microsoft Excel, Word & PowerPoint**
- **Research & Medical Document Organization**
- **Memory Fitness & Brain Health**
- **Stephen Ministers - Christ-centered Care for Those Who are Suffering**

*"Bear one another's burdens, and so fulfill the law of Christ."  
Galatians 6:2*

Other options include: (check with us for updates)

- **Bible Study/Fellowship Outlines for Facilitators**
- **Cooking – Professional Chef**
- **Health & Wellness Coaching**
- **Jewelry - American Artisan**
- **Gardening – Master Gardener**
- **Family Legacy History Memoir**
- **Hunting & Fishing Basics**
- **Sports Talk & Fantasy Teams**

