



Lōkahi Outrigger Canoe Center

Monthly Newsletter
June 2017

'Ōlelo Hawai'i Corner

Lanakila - Victory!!!

*Mea Lanakila -
Champion*



Upcoming Events

June Events

Dine & Donate Fundraiser @ Round Table Pizza– June 15th
Regatta #2 – Sea Plane Basin (Alameda) – June 17th
Regatta #3 – Lake Natoma – June 24th
Fireworks Booth Fundraiser Begins – June 30th

July Events

Regatta #4 – Sea Plane Basin (Alameda) – July 8th
Dine & Donate Fundraiser @ Chipotle Petaluma – July 12th
Championship Regatta – Monterey Beach – July 15th
Kilohana Classic Long Distance Race – Redwood City – July 29th

Lōkahi News

Fireworks Fundraiser is Back!

This our biggest fundraiser of the year! Starting June 30 – July 4 from 10am-9pm, we will have our fireworks booth at the Lucky's Shopping Center (Lakeville Hwy/Caulfield). We need your help! Anyone 18 years or older can work the booth. Please sign up for a shift [here!](#)

Eating Pizza = A Trip to Kona

Our Kona Keiki are at it again! Round Table Pizza (227 S. McDowell Blvd.) will be hosting pizza fundraiser! Present the flyer for Dine-In or Take-Out orders between 11:30am – 9:30pm and 15% will be donated to our Kona Keiki crew.

Weight for it!

Did you check out those new tents?! They worked great for the first regatta. Only thing they're missing, some weight. Got some old dumbbells laying around the house? Lōkahi would like to take that weight off your hands! Let a board member know if you'd like to donate some weight for our new beautiful tents.

Mālama Our Home

The shed is our home, but it does not belong to us. We ask that our members do not leave their bottles, shirts, jackets, etc. in there; especially on the golf cart. Let's show our gracious hosts how respectful our group is!



Safety with Jim Hanson

Wear Appropriate Clothing

Wear appropriate clothing for the weather conditions (hot or cold). The combined effects of wet and wind (wind chill) can cause rapid loss of body heat even on warm days. This can largely be prevented by wearing wind proof clothing. Paddlers also often get cold after paddling while putting the canoes away or between sessions. It is important therefore to bring a warm, dry change of clothes for such occasions.

Use Sun Protection

As a paddler you will spend many hours of your life on the water – the UV exposure, even on cloudy days will be high due to reflection off the sea surface. Be aware of potential long term damage to unprotected skin and eyes. Use sun block, protective clothing, hats and sunglasses.