



Covid Guidelines



Players

- Players should arrive dressed for soccer activities and leave immediately after.
- Masks are optional
- Players should keep their personal belongings in their personal space. Sharing of equipment is prohibited.
- Players should have all of their own personal equipment (Ball, water bottle, GK Gloves etc.)
- Players are encouraged to practice proper hygiene during soccer activities. Using alcohol based hand sanitizer (at least 60% alcohol) Cover coughs and sneezes with tissues or sleeves, do not use hands.
- Reminding not to touch the face (eyes, nose, mouth) with unwashed hands.
- It is recommended that carpooling be avoided. In the event that transportation of a non family member becomes necessary, all parties in the vehicle should wear a cloth face covering and have external air circulation in the vehicle (open window)

Spectators

- Spectators should continue to allow for at least 6 feet of social distancing between family units regardless of vaccination status
- Masks are optional
- CDC recommendations for unvaccinated spectators should be followed
- Only immediate family members may congregate within a family unit without social distancing
- No tents allowed

Health Assessment

- All participants (players, coaches) should complete a health assessment with their team Covid officer prior to participating in any soccer activities.
- The health assessment will consist of the following:
 - Ensure the participants health. Take temperature daily. The average normal body temperature is generally accepted as 98.6°F (37°C). Some studies have shown that the “normal” body temperature can have a wide range, from 97°F (36.1°C) to 99°F (37.2°C). A temperature over 100.4°F (38°C) most often means you have a fever caused by an infection or illness.
 - If there are any symptoms, even mild ones, do not attend practice or a game. Public health urges you to stay home and isolate until:
 - You have had no fever for at least 72 hours (without the use of medicine) AND
 - Other symptoms (cough, shortness of breath) have improved AND
 - At least 7 days have passed since your symptoms first appeared.
 - If you are unvaccinated and anyone in your household or that you have had close contact with (within six feet for approximately 15 minutes over a 24 hour period) displays symptoms you should self-quarantine based on current CDC guidelines , The Commonwealth of MA and direction the Acushnet Board of Health.
 - Notify the Aysa Covid Coordinator immediately if your child has become sick.
 - Notify the Aysa Covid Coordinator immediately if your child has been identified as a close contact by a school or public health authority.

OUT-OF-STATE TRAVEL

- All Acushnet Youth members should be aware and understand any travel advisory that is in place for the Commonwealth of Massachusetts or any state they travel to.