



Education Center International Academy

Signs that a Child is Being Bullied

Watch for changes in the child. Be aware, however, that not all children exhibit warning signs or will ask for help. Some signs that point to a bullying problem are:

- unexplained injuries
- lost or destroyed clothing, books, electronics, or other personal items
- frequent headaches or stomachaches, feeling sick or faking illness
- changes in eating habits, like suddenly skipping meals or binge eating, or may come home from school hungry because they did not eat lunch
- difficulty sleeping or frequent nightmares
- declining grades, loss of interest in school work, or not wanting to go to school
- sudden loss of friends or avoidance of social situations
- feeling of helplessness or decreased self-esteem
- self-destructive behaviors such as running away from home, harming themselves, or talking about suicide.

If you know someone in serious distress or danger, do not ignore the problem. Get help right away.

Please let the administration at ECIA campuses know immediately.

Rowlett (972) 412-8080 ask for Lisa Hiatt or Bob Densmore

Sunnyvale (214) 628-9152 ask for LaVerna Greenlee or Bob Densmore