



April 2018

Monday-Friday 8am-4pm

www.mcminnseniors.com

205 McMinn Ave. | Athens, TN 37303

423-745-6830 | mcminnsenior@commcast.net

Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play. (Please stop by the front office to update your membership form with updated emergency contact numbers.)

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Bingo/Hospice of Chattanooga 11:20 Lunch w/Friends/Hospice 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	3 9:00 BP/Life Care 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Life Care	4 8:30-9:30 Blood Sugar Check/ Starr Regional 10:00 Bingo/Athens Place 11:20 Lunch / Athens Place 2:00 Yoga 4:00 Pickleball (AMS)	5 9:30-11:00 Cornhole Practice 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	6 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 1:00-Beginners Watercolor Must Register. 6:30 Board Games 7:00-9:00 Friday Night Dance
9 10:00 Bingo/Avalon 11:20 Lunch w/Friends/Avalon 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	10 9:00 BP/Guardian 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Choir Sponsored Soup Luncheon 4:30 Relative Caregiver Group	11 10:00 Bingo/Eagle Home Care 10:00 Diabetic Shoe Fitting 11:20 Lunch w/Friends/Premier Properties 2:00 Yoga 4:00 Pickleball (AMS)	12 10:00 – Candle Making Class- Must Register. 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club 6:30 – Candle Making Class – Must Register	13 9:30 Shuffle Board Singles 9:00 US Cellular – Technology Workshop 9:30 Shuffle board Singles 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 1:00-Beginners Watercolor Must Register. 6:30 Board Games 7:00-9:00 Friday Night Dance
16 10:00 Bingo/ 11:20 Lunch w/Friends/Pintos, Ham, Cornbread <u>2:00 No Yoga</u> 6:30 Covered Dish Supper 7:00 Band/Dance	17 9:00 BP/NHC Home Care 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/Taco Tuesday with Wilma.	18 10:00 Bingo/Etowah Health Care 11:20 Lunch w/Friends/Starr Regional 2:00 Yoga 4:00 Pickleball (AMS)	19 9am-2pm – St. Mary’s Clinic 9:30am Bowen Massage 9:30am – Pool Tournament – Register to play by 9:15. 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Bateman 3:00 Chess Club	20 9:30 Horseshoes Tourney 9:30 Dance/Jam Session 10:00 Stretching Class Sponsored by NCH Healthcare 11:20 Lunch w/Bateman 1:00-Beginners Watercolor Must Register. 6:30 Board Games 7pm-9pm – Friday Night Dance and Finger Foods.

Monday	Tues	Wednesday	Thursday	Friday
23 9:30 Bingo at Shoney's/ Caris Cares 11:20 Lunch w/Friends/City Council 12:00 MSAC Board Meeting 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	24 9:00 BP/STARR 9:00 Quilting 10:00 Choir 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Friends/ King Audiology	25 9:00 Wellness Wednesday Sponsored by Starr 10:00 Bingo/Michaels 11:20 Lunch w/Friends 2:00 Yoga 4:00 Pickleball (AMS	26 9:30 Bingo with Friends Bring a prize to play! 10:00 Sassy Steps – Walking Program with Darlene Smith 11:20 Lunch w/Bateman 12:00 Wii Bowling 12:00 Senior Olympic Meeting 3:00 Chess Club	27 9:00 Memory Screening – Dr. Catanese 9:30 Shuffle board doubles 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 1:00-Beginners Watercolor Must Register. 6:30 Board Games 7pm-9pm Friday Night Dance
30 10:00 Bingo/ Family Home Care 11:20 Lunch w/Friends/Pintos, Ham, Cornbread 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance				

The Inaugural Cornhole Tourney to benefit the McMinn Senior Activity Center will be held at the VFW Hall in Athens on Saturday, April 21st.

Bags will fly for this doubles competition starting at 10am with team check-in starting at 9:30. The entrance fee is \$50 per two-person team. You must be at least 18 years of age to compete. Deadline to register is April 13, 2018. 1st place team wins -\$300 cash, 2nd place team wins \$150 cash, and 3rd place winning team receives \$50 cash.

Please stop by the front office to update your membership form with updated emergency contact numbers and medications.

Shuffle Board and Horseshoe Tourneys are subject to cancellation based on inclement weather or temperature.

Notice of cancellation will be posted on the Facebook page and a paper notice posted by the greeter's desk no later than 9am the day of the tourney. Make-up dates are subject to availability. Mell is in need of volunteers to assist with scorekeeping for Shuffle board and Horseshoes. If interested, please notify the front office.