

SOUTHAMPTON-WARMINSTER AREA LIONS CLUB

# FOURTH OF JULY 5K TRAIL RUN

Wednesday, July 4th 2018

Klinger Middle School • 1415 Second Street Pike • Southampton, PA

Registration / Check-In Begins @ 7:00 AM • Race @ 8:00 AM

Proceeds Benefit Lion's Sight Projects

**Primary Sponsor:** Tri-County Eye Physicians & Surgeons, PC

**Professional Timing Provided by: Bryn Mawr Racing Company**

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- **Run** - measured course through Tamanend Park Trails (begins/ends @ Parking Lot).
  - T-Shirts available to all participants. **Reserve your size by pre-registering.**
  - **RAIN OR SHINE** – Pre-Registration Fees are non-refundable.
  - Light refreshments at finish line.
  - Awards following **Run** for:
    - Top 3 Finishers in Male/Female Categories
    - Top 3 Finishers in Age Groups  
19 and under / 20's / 30's / 40's / 50's / 60+
  - **Questions** – Contact Steve @ (267) 246-1638 / Pat @ (267) 246-1647 / Joe @ (215) 350-7886
  - **Two Ways to Register:** (1) On-Line or (2) Via US Mail

**On-Line** @ [www.brynmawrracing.com](http://www.brynmawrracing.com)

**Race** - \$21.00 by 5/31/2018 ~ \$23.00 by 6/24/18 ~ \$30.00 after 6/24/2018

*Small Service Fee Applies for On-Line Registration*

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## Via US Mail

**(Detach at Line - Complete & Return to: Lions 5K, PO Box 152, Southampton, PA 18966)**

**Checks Payable to – Southampton-Warminster Area Lions Club**

Race - \$25.00 by 6/24/2018 ~ \$30.00 after 6/24/2018

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-Mail: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Male  Female Adult Shirt Size S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ Other \_\_\_\_\_

**Waiver & Release:** I, the undersigned intending to be legally bound, do hereby waive and release all rights, claims, demands, and/or causes against the Southampton-Warminster Area Lions Club, the Southampton Days Committee, the Centennial School District, Upper Southampton Township, and all other event sponsors for any personal injury which I might sustain during the race/walk, whether immediately known to me or thereafter discovered and for any and all damages or losses which I might incur now and in the future arising from or out of my participation in this race/walk, and on my travel to/from the race/walk. I verify that I am physically fit and have trained sufficiently. Permission is granted use my photograph/likeness and name for any and all purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Under 18 requires signature of Parent / Guardian)

**Walk Ups Welcome Day of Event**