



Spillway Café Lunch Run

Spillway Lunch Run

Dist	Turn	Road	Clock	Total Dist
	Start	at Shell 2232 Rees St Ext, Breaux Bridge		
	Go North	on LA-328 / Anse Broussard Hwy	9:00 AM	0.00 mi.
in 1.60 miles	Turn left	on to Poche Bridge Road	9:02 AM	1.60 mi.
in 0.40 miles	Turn right	on to LA-31 / Main Hwy	9:03 AM	2.00 mi.
in 3.50 miles	Keep left	on LA-31	9:07 AM	5.50 mi.
in 6.60 miles	Turn right	on to Faculty St / LA-31 (Arnaudville)	9:15 AM	12.10 mi.
in 0.05 miles	Turn right	on to Fuselier St / LA-31	9:16 AM	12.15 mi.
in 0.10 miles	Turn left	on to Market St / LA-31	9:17 AM	12.25 mi.
in 5.70 miles	Turn right	on to LA-740	9:24 AM	17.95 mi.
in 5.70 miles	Turn right	on to US-190 / Ronald Reagan Hwy	9:31 AM	23.65 mi.
in 11.00 miles	STOP	at EXXON (Krotz Springs)	9:42 AM	34.65 mi.
	Continue East	on US-190	10:02 AM	34.65 mi.
in 0.20 miles	Exit right	on to LA-105 exit	10:03 AM	34.85 mi.
in 0.20 miles	Turn left	on to LA-105	10:04 AM	35.05 mi.
in 11.00 miles	Turn right	on to Lafleur St / LA-10 / LA-105 (Melville)	10:16 AM	46.05 mi.
in 0.20 miles	Turn left	on to Landrum St / LA-105	10:17 AM	46.25 mi.
in 23.00 miles	Turn left	on to College Dr / LA-105 (Simmesport)	10:42 AM	69.25 mi.
in 0.05 miles	Turn right	on to S Martin Luther King Dr / LA-105	10:43 AM	69.30 mi.
in 0.60 miles	Turn right	on to LA-1	10:44 AM	69.90 mi.
in 22.00 miles	STOP	at Spillway Café (Morganza)	11:08 AM	91.90 mi.
	Continue South	on LA-1	12:53 PM	91.90 mi.
in 0.10 miles	Turn right	on to LA-10 / Fordoche Bayou Rd	12:54 PM	92.00 mi.
in 6.80 miles	Go straight	on to LA-77	1:02 PM	98.80 mi.
in 13.00 miles	Turn left	on to Bridge Rd (Livonia)	1:18 PM	111.80 mi.
in 0.10 miles	Turn right	on to Miss. River Trail / LA-78	1:19 PM	111.90 mi.
in 0.30 miles	Go straight	on to LA-411	1:20 PM	112.20 mi.
in 12.00 miles	Turn right	on to LA-76 (Rosedale)	1:35 PM	124.20 mi.
in 0.05 miles	Turn left	on to LA-77	1:36 PM	124.25 mi.
in 2.00 miles	STOP	at Tiger Truck Stop	1:40 PM	126.25 mi.
	Continue South	on LA-77	2:00 PM	126.25
in 0.60 miles	Turn left	on to Willow St / LA-77 (Grosse Tete)	2:01 PM	126.85 mi.
in 14.00 miles	Keep left	on LA-77	2:18 PM	140.85 mi.
in 1.10 miles	Turn right	on to Indian Village Bridge	2:19 PM	141.95 mi.
in 0.05 miles	Turn right	on to LA-3066 / Bayou Rd	2:20 PM	142.00 mi.
in 3.10 miles	Go straight	on to LA-75	2:25 PM	145.10 mi.
in 15.00 miles	Turn right	on to LA-997 / Bayou Pigeon Rd	2:43 PM	160.10 mi.
in 13.00 miles	STOP	at Exxon & Sponky Monkey	2:58 PM	173.10 mi.
	Continue South	on LA-70	3:58 PM	173.10 mi.
in 16.00 miles	Go straight	on to Marguerite St (Morgan City)	4:15 PM	189.10 mi.
in 0.20 miles	Turn right	on to 6th Street	4:16 PM	189.30 mi.
in 0.05 miles	Turn left	on to General McArthur St	4:17 PM	189.35 mi.
in 0.30 miles	Turn left	on to Federal Ave	4:18 PM	189.65 mi.
in 0.30 miles	Turn right	on to US-90 on ramp	4:19 PM	189.95 mi.

Spillway Lunch Run

Dist	Turn	Road	Clock	Total Dist
in 0.40 miles	Merge	on to US-90 West	4:20 PM	190.35 mi.
in 42.00	END	at US-90 & Darnell Road	5:13 PM	232.35 mi.
		TOTAL TIME / DISTANCE	8:13:00	232.35 mi.