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Tomatis Protocols & Pricing

Tomatis Listening Therapy consists of listening to specially-programmed music through bone conduction headphones for 40 minutes per day for 14 consecutive days. This 14-day session is called an "Intensive". Once the Intensive is completed, the client continues with a 2-4 week consolidation program that is 20 minutes per day, then takes a 1-2 week break in order for the brain and body to assimilate the changes that were implemented by the sound therapy. A minimum of three (3) Intensives is recommended for permanent change/development/improvement. Each client is unique, and some require more Intensives than others. I offer a reduction in fees for Intensive 4 and up.

Prior to each Intensive, the client will complete an assessment which consists of an evaluation that will be sent to your email with a link that connects you to the Tomatis Questionnaire (TEQ). Additionally, for clients aged 7 and older who are able, there is a listening assessment that is done in my studio. The process is similar to that of an audiologist, and it takes approximately 45 minutes to complete.

For the first Intensive, a set of headphones are included in the pricing. You will keep these headphones and use them for shorter listening sessions during the break and for future Intensives.

The pricing for each Intensive is as follows:

Assessments, analysis & programming: \$325.00 Maestro Headphones: \$350.00

Shipping and insurance (required) is additional for out-of-area clients.

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