| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Option |  |  | Roast Chicken served with Stuffing, Roast Potatoes and Gravy |  | Gluten Free Battered Fish served with Chips |
| Vegetarian Choice | Vegetable and Chick Pea Biryani |  |  | Vegetarian Cottage Pie | Roasted Vegetable Tart served with Chips |
| Jacket Potato Alternative |  | Tomato and Basil Pasta | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |  |  |
| Vegetables | Carrots Green Beans | Mixed Salad Garden Peas | Sautéed Cabbage and Leeks Carrots | Green Beans Sweetcorn | Baked Beans Garden Peas |
| Dessert | Fresh Fruit ot Yoghurt | Banana Loaf | Fresh Fruit ot Yoghurt | Fresh Fruit ot Yoghurt | Apple Strudel with Custard |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Option |  | Minced Organic Beef and Onion Pie served with New Potatoes | Roast Turkey served with Stuffing, Roast Potatoes and Gravy | Sweet \& Sour Chicken served with Steamed Rice | Fish Fingers or Salmon Fish Fingers served with Chips |
| Vegetarian Choice |  | Cheese and Onion Pasty served with New Potatoes | Broccoli and Cauliflower Cheese Bake served with Roast Potatoes | Mixed Bean Burrito | Vegetable Nuggets served with Chips |
| Jacket Potato Alternative | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |  |  |  |  |
| Vegetables | Carrots Garden Peas | Green Beans Sweetcorn | Carrots Cabbage | Green Beans Carrots Carrots | Baked Beans Garden Peas |
| Dessert | Fresh Fruit ot Yoghurt | Carrot Cake | Fresh Fruit ot Yoghurt | Pineapple Upside Down Sponge with Custard | Fresh Fruit ot Yoghurt |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Main Option | Roasted Vegetable Crumble served with New Potatoes | Traditional Organic Beef Lasagne served with Garlic Bread | Chicken Sausage served with Mashed Potato and Gravy | Tandoori Chicken served with Steamed Rice | Gluten Free Battered Fish served with Chips |
| Vegetarian Choice |  |  | Vegetarian Sausage served with Mashed Potato and Gravy |  |  |
| Jacket Potato Alternative |  | Tomato and Basil Pasta |  | Cheesy Tomato Pasta | Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw |
| Vegetables | Sweetcorn Carrots | Cauliflower and Broccoli Garden Peas | Carrots Green Beans | $\begin{aligned} & \text { Garden Peas } \\ & \text { Carrots } \end{aligned}$ | Baked Beans Garden Peas |
| Dessert | Fresh Fruit ot Yoghurt | Fresh Fruit ot Yoghurt | Fruit Crumble with Custard | Flapjack | Fresh Fruit ot Yoghurt |

