

## Imagine this...

You wake up one morning with flu-like symptoms. You don't want to take time off from work, but you need care now. **What can you do?**

1



You consider urgent care, but don't want to spend the time and money.

2



Then you call Teladoc®.

3



The Teladoc doctor calls you back about your symptoms.

4



Turns out you have sinus problems.

5



You pick up an antibiotic at your local pharmacy on your way to work.

6



**Problem solved.  
Boss happy.**

**What is Teladoc?** Teladoc provides a national network of U.S. board-certified doctors available 24/7 to resolve many of your medical issues. It's quality care when you need it at a price you can afford.

## Talk to a doctor anytime for FREE!

\*PPO and EPO member consults are free; HDHP members pay \$45 per consult

 [Teladoc.com/CEBT](https://Teladoc.com/CEBT)

 **1-800-Teladoc (835-2362)**

 [Facebook.com/Teladoc](https://Facebook.com/Teladoc)

 [Teladoc.com/mobile](https://Teladoc.com/mobile)



# Getting started with Teladoc

**Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.**



**1**

**Online:**  
Go to [Teladoc.com/CEBT](https://teladoc.com/CEBT) and click **"set up account"**.

**Mobile app:**  
Download the app and click **"Activate account"**.  
Visit [teladoc.com/mobile](https://teladoc.com/mobile) to download the app.

**Call Teladoc:**  
Teladoc can help you register your account over the phone.

## SET UP YOUR ACCOUNT

Set up your account by phone, web or mobile app.



**2**

## PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



**3**

## REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

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