

Introducing Ms. Cathy Principal Dressage Instructor at Hillside Hunter Jumpers

Cathy brings to Hillside Hunter Jumpers 25 years of training, schooling and competing in Training, First, 2nd and 3rd Level Dressage. She has taken several horses from Green to Training Level; Schooled a horse who had previously shown First Level followed by a two year rest through Training, First, Second and Third Levels before his tragic death at the peak of his career. In 2015 she trained a young horse in four weeks from Green to Introductory Level, without a dressage court, receiving scores of 58.4375 in Introductory Level Test A and 62.8125 in Introductory Level Test B (Placing 4th out of 9 competitors and receiving Judges Comments of "Handsome Horse" and "Steady Test") in their first competition.

She has trained with World Class Instructors including Lilo Fore (FEI "I" Judge; United States Equestrian Federation (USEF) "R" Sporthorse Judge; Owner of Sporthorse America in Santa Rosa, California; Practical Horseman columnist; Active Advisor to many important United State Dressage Federation (USDF) Committees including the USDF Test Writing Committee; Rider, Coach and Breeder; Demanding Trainer for decades of riders who have successfully competed at National and International Competitions ; Member of the Ground Jury for numerous international competitions, including the Olympics, the Pan American Games and the World Equestrian Games (WEG); 3* Judge for Para-Equestrian); Tracey Lert (Nationally known Dressage Competitor; Trainer, Instructor and USDF "S" Judge; USDF Certified Instructor through 4th Level; Silver and Gold Freestyle Bars; Selected for the USET Long List and the Developing Horse and Rider List with several horses; USDF Bronze, Silver and Gold Medalist; Owner of Tracey Lert Dressage); Lynne Roberts-Johnson (Former Canadian Olympic Team Member; Trainer at Pebble Beach Equestrian Center; Clinician and Instructor at Top Dressage Facilities; USDF Trainer and Competitor through Grand Prix; One of the Top Trainers in the United States) and Gerhard Politz (USDF Dressage Trainer and Competitor through Grand Prix; Owner and Publisher of Dressage Daily; Producer of more Gold Medal Riders than any other trainer in Germany at that time (The Gold Medal goes to a competitor with 10 Wins at FN FEI competitions); Holder of Professional Certifications from two European Countries; German Master Trainer/Instructor and British Horse Society Instructor (BHSI); Educated in Fox Hunting, Jumping, Eventing and Dressage; Trained with German Grand Masters and the Coach Emeritus of the German Olympic Team; Member of the Panel of Examiners at the USDF Instructor Certification and gives seminars and workshops for the program; Faculty Member of USDF; Teacher at the National Symposium; Member of the USDF Sub-Committee for designing Dressage Tests, Gerhard introduced the concepts of "Allowing the horse to chew the reins out of the riders hands" and the "Rein Release" for the 1995 Dressage Tests. These concepts are now standard elements of the USEF Dressage Tests; In 1993 Gerhard was invited to become a Member of the International Dressage Trainers Club; Patient and Demanding trainer; Head of the Riding Club in Heilbron, Germany; Offers Clinics, Seminars and Workshops in the United States and Europe; Producer of 18 horses from the Lower Levels to Grand Prix; Awarded the German Gold Rider Medal; Winner of a German Award for best-trained Novice (9 year old) Grand Prix Horse; Producer of Successful Competitors, mostly on horses he trained from Green to FEI, several of them winning medals at Regional and National German Championships; Runs a very successful Amateur and Young Rider Program at his busy training center (45 horses in full training); Taught six Apprentices who stayed for a 3 year course and a Bereiter whom Gerhard educated and prepared for the German National Exams, several of them winning awards for outstanding results; Trained several working students, quite a few of them becoming successful professionals; California Dressage Society (CDS) Champion at Intermediare I and II ; Winner in merely two years of the USDF Bronze, Silver and Gold Medals; His Young Riders have won four Individual Gold as well as Silver and Bronze Medals. In addition they have won Gold, Silver and Bronze Team Medals; Has over 50 years of studying, training, teaching and competing according to the Classic Principals and the Pyramid of Training; Has acquired the depth of knowledge that allows him to bring out the best in both horse and rider.)

Hillside Hunter Jumpers is pleased to offer Dressage Instruction beginning 6/1/15 for the following fees: 1/2 hour Private Lessons for \$25, 45 minute Private Lessons for \$40; 1 hour Semi-Private lessons for \$25 per rider; \$135/month for four 45 minute Private Lessons (Expires at the end of each month).

HHJ also offers Dressage Coaching at SEC Shows: Coaching Fees of \$15 for Friday night schooling, \$35 for one day of Coaching or two days for \$60. 1/2 hour Dressage Test Coaching at HHJ for \$25. School Horse Fees are an additional \$5/lesson at HHJ; \$20/day or \$35 per weekend at SEC Shows. (Students that lease a horse may waive school horse fees.)

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In addition Hillside Hunter Jumpers offers Dressage Training for your horse at \$50/hour; Lungeing with a surcingle and side or Vienna reins for \$40/45 minutes and \$50/hour.

Whether your objective is to train, compete and win at Introductory Level Dressage; Train, compete and win at Training, First, Second or 3rd Level Dressage; Improve your competitiveness at your primary discipline of Hunter Under Saddle, Hunter Over Fences, Green Hunter or Jumpers, Cathy can get you there! Using the principals of her extensive Classical Dressage Training, she will teach you and your horse the Classical Dressage Fundamentals of Impulsion, Submission, Lateral Movement, Development of an Effective Seat and Soft Hands, Effective Aids and What Dressage Judges look for at Dressage Competitions.

I look forward to having you join the new Hillside Hunter Jumper Dressage Lesson and Training Program!

Katelyn Berset