

HEARTS THERAPEUTIC RIDING

Covid-19 Precautions (April 2020)

In order to provide services during the shelter in place, Hearts, a medically necessary service, will implement the following procedures:

- Private and semi-private lessons will be scheduled to decrease the numbers of people at the center.
- If two lessons are going on at one time, horses, tacking and riding will take place in two separate spaces, one near the covered arena and one in the new arena/barn or near the round pen.
- Most lessons will be those that do not require a volunteer.
- Instructors will groom and saddle the horse and the rider will just get on the horse to decrease the amounts of tack that they need to touch
- Staff and families will wash hands and disinfect before coming into the center and after leaving.
- One parent can come in with their child. Other family members will need to wait in the sitting area in the parking lot or in their cars. (Maybe I'll have snack bars available for families waiting in their cars?)
- Gates, tack, hoses, etc, will be disinfected after each use.
- Bandannas will be available at the wash stations for using over the mouth. (not sure about this one. Will instructors and families do this?)
- Instructors are only allowed in the tack room and classroom. Instructors will groom and saddle horses and riders will mount to decrease the amount of touching. Horses will be 6ft apart during tacking. Instructors will put tack away, after disinfecting.
- Chairs will be 6ft apart in waiting area. The rocking chairs will be removed. No one will be allowed on the deck.
- Pens used by instructors will be disinfected.
- Lessons will consist of 1 to 2 riders per lesson. We will serve riders that will not require side walkers.
- When mounting, and if using the mounting ramp/block, rider will mount on the left side, instructor will stand on the right side. Or, instructor will hold the horse.
- Paperwork to be signed, will be on the deck outside of the classroom. Only staff will be allowed in the classroom. (I'm doing this, so there are not so many hands touching the doorknob and fridge). I will also look into buying extremely cheap pens, to throw away after every use.)