



## "HOW TO TRIUMPH OVER TEMPTATION"

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James 1:12-18

James 1:12-14 (NKJV): *"Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. But each one is tempted when he is drawn away by his own desires and enticed.*

James I: 15-18: " ... Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death. Do not be deceived, my beloved brethren. Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. Of His own will He brought us forth by the word of truth, that we might be a kind of first fruits of His creatures.

### FIVE BIBLICAL PRINCIPLES IN HANDLING TEMPTATION

1. **Be Realistic** about temptation. v. 13: *"When tempted ... "*

I Corinthians 10: 13a (NIV): *"No temptation has seized you except what is common to man ... "*

Hebrews 4:15 (NKJV): *"For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin."*

2. **Accept Responsibility** For it  
v. 13: *"Let no one say when he is tempted, "/ am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. "*

3. **Prepared** For it

2 Peter 3:17 (NKN): *"You therefore, beloved, since you know this beforehand, beware lest you also fall from your own steadfastness, being led away with the error of the wicked; "*

Mark 14:38 (NIV2011): *"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."*

James 1:14, 16: *"But each one is tempted when he is drawn away by his own desires and enticed ... Do not be deceived, my beloved brethren.*

2 Corinthians 2:11 (NIV): *"in order that Satan might not outwit us. For we are not unaware of his schemes."*

## FOUR STEPS OF TEMPTATION

- My **Desire,**

v. 14: *"But each one is tempted when he is drawn away by his own desires and enticed. "*

- My **Deception,**

v. 14: *"But each one is tempted when he is drawn away by his own desires and enticed. "*

- My **Disobedient,**

v. 15: *"Then, when desire has conceived, it gives birth to sin; and sin, when it is full grown, brings forth death.*

- My **Death,**

v. 15b: *" ... and sin, when it is full-grown, brings forth death. "*

v. 17: *"Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow a/turning."*

#### 4. Get **Refocused,**

Philippians 4:8 (NKJV): *"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy--meditate on these things."*

### **The key to triumphing over temptation is to have ...**

#### 5. **Have Power of Jesus** in your life.

v. 18: *"Of His own will He brought us forth by the word of truth. that we might be a kind of first fruits of His creatures."*

2 Corinthians 12:9a (NIV2011) ". *My grace is sufficient for you, for my power is made perfect in weakness ... "*

I Corinthians 10: 13 (NIV): *"No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."*

v. 12: *"Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him."*