

Brunch (served until 4pm)

Full Cornish breakfast	8.25
fried egg, double bacon, farm shop chipolatas, baked beans, grilled tomato, field mushroom, potato rosti & toast	
Veggie wake up	8.25
fried egg, veggie Lincolnshire sausages, field mushroom, broccolini, potato rosti, baked beans, grilled tomato & toast	
Harbourside start	6.50
fried egg, farm shop chipolatas, double bacon & toast	
Magic mushrooms	7.75
wild mushrooms, tomato relish, poached egg, hollandaise on grilled walnut bread	
Salmon & beetroot	9.00
citrus smoked salmon, beetroot feta whip, poached egg, hollandaise on grilled soda bread	
Bubble & squeak	7.50
bubble & squeak with honey roast ham hock topped with a fried egg	
Avocado avalanche	8.25
crushed avocado on grilled walnut bread, poached egg, seeds & tomato salad	
Cornish brie & bacon croissant	7.50
Trevarrion brie, streaky bacon & tomato croissant with pesto & toasted pecan salad	

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Strawberry pancakes	7.50
fluffy pancakes, fresh strawberries, vanilla yogurt & maple syrup	
Banana pancakes	7.50
fluffy pancakes, grilled banana, streaky bacon & maple syrup	
Burnt peach pancakes	7.50
fluffy pancakes, grilled peaches, vanilla yogurt, flaked almonds & maple syrup	
Bacon Bap/Sausage Bap (then add extras for fun)	3.95
Honey muesli trifle	6.75
delicious layers of our own honey toasted muesli, creamy vanilla yogurt, strawberries, peaches & berry coulis served with a shot of orange juice	
Breakfast toast	3.50
choose from locally baked white or granary toast or a croissant with butter & either Boddington's strawberry jam / raspberry jam / orange marmalade / honey	

Extras

grilled tomato, field mushroom, potato rosti, egg, baked beans	1.00
bacon, chipolata, avocado	1.50
citrus smoked salmon	3.00

Gluten free toast is available. All our sausages contain gluten.
We have a chef who takes pride in cooking all the food fresh to order.
We ask during busy times that no changes to the menu occur unless for dietary requirements.