



Recover Appalachia Adult Drug Monitoring Program

Program Overview

Recover Appalachia Adult Drug Monitoring Program offers participants the opportunity to recover from their dependence on alcohol and/or other drugs.

Unlike any other program Recover Appalachia's Program is a model that provides day checks, weekly supervision, classes, support meetings, drug monitoring, and referrals for counseling and inpatient rehabilitation, job search, and supervised community service. If the participant is using Suboxone/Subutex participant will be referred to our approved physician partner for detox. Recover Appalachia will monitor the progress.

We encourage a minimum of 12 months and may be more depending on judge's order.

To measure progress toward recovery and to monitor compliance with the program, participant will submit to frequent and random observed urinalysis tests to see if they are using alcohol or other drugs. Progress reports will be provided to the participant's probation officer and/or judge.

Our common goal is a successful graduation from the program to live life free from addiction and criminal behaviors.

Responsibilities / Program Rules

1. By enrolling in the Recover Appalachia Monitoring Program participant must agree to fully participate in the program. That means they will do the following:
 - Obey all laws and avoid getting into any legal trouble.
 - Detox from all controlled substances as recommended by a medical provider.
 - Attend all scheduled meetings and treatment sessions at Recover Appalachia and outside referral providers.
 - Be on time for those meetings; tardiness is not tolerated.
 - Have random and frequent observed testing of breath and urine to screen for alcohol or other drug use.
 - Do what the Judge orders as part of their recovery and monitoring program.
 - Follow the rules, conditions, and expectations of their recovery plan as developed by program facilitators.
 - Pay program fees
 - Job search- assistance with resumes, cover letters and job search is provided. Letters of recommendation will be provided for participants who passes six consecutive drug test, attends all classes, and is putting forth a good faith effort in recovery.



Each participant must sign the Participation Agreement along with written consent to allow the Recover Appalachia team to discuss all information that is related to participation and recovery. That means they will sign a legal form that permits the Team to discuss all information that is usually protected and confidential.

What does Recover Appalachia Drug Monitoring Program involve?

The program includes:

Regular group/individual meetings

Life skills classes

Anger/Stress Management

Detox from Suboxone/Subutex as recommended by medical provider

Resume build/ Job search assistance

Supervised Community Service

Observed Random Drug Testing

On-going assessment of progress as reflected by participant's compliance with the requirements of the Program and the achievement of the goals.

Drug/Alcohol Testing

By enrolling in this Program the participant must agree to drug testing on a frequent and random basis. The frequency depends on which phase of the program he/she is in, and of course, on the results of tests.

Drug testing is one of the ways that can demonstrate that the participant is remaining alcohol and drug free. It is an important part of proving to his/her self that they are headed toward a life free from the use or dependence on alcohol and other drugs. Please note the following:

The participant must be watched by a same sex member of the staff when giving a urine sample to make sure that it is his/her urine that will be tested.

Failing, missing, or tampering with a drug test or breath test.

If participant misses a urine or breath test, that information is reported to the Judge as a positive sample. At times, people avoid testing when they know that they have used alcohol or other drugs thinking that they will avoid the consequences of using again. In a drug monitoring program there is no advantage to that idea ... if the participant misses a test, the Judge may treat it the same as if they took the test and it showed that he/she are using drugs.



Tampering with, or trying to dilute, a urine sample or trying to avoid being closely observed will also count as a positive sample.

If the sample is positive for alcohol and/or drugs, the judge or probation will be notified. In addition, the program team will recommend some type of corrective action for participant to the Court. This is imposed to help the participant get back into compliance and on track with the program.

Progress Reports

At each court hearing, the Judge will have a progress report in areas such as attendance at meetings and progress in the program, participation and cooperation, behavior, results of drug test and job search.

The progress report will identify both accomplishments and challenges.

Termination from the Program

Participant should be aware that non-compliance with the terms of program requirements could result in immediate termination from the Monitoring Program. Although termination should rarely occur, the following information provides examples of situations where participant may be terminated from the program:

Convicted of another crime while enrolled in the program, or Recover Appalachia becomes aware of behavior that is violent or threatening to the safety of others

Participant demonstrates a lack of willingness to engage in treatment and to comply with the program rules.

Refusal to detox from Suboxone/Subutex or complying with treatment plan as recommended by physician/provider.

Refusal to observed random drug testing

Participant engages in acts of violence while under the supervision of Recover Appalachia Monitoring Program.

Confidentiality

When participant agrees to take part in the Monitoring Program, he/she will be required to sign a consent form to permit the Recover Appalachia's Team and physician group to disclose medical, substance abuse treatment, and other information to members of the Team and the Court. We will respect our participant's right to confidentiality as extended to all participants in the Drug Monitoring Program and we have developed policies and procedures that protect that right.



Graduation

Once our clients have met the criteria listed below, he/she will be eligible for graduation upon:

Successful completion of all program and probation requirements:

Satisfactory completion of community service and other program assignments;

9 continuous months of negative urine and breath tests,

A positive recommendation for graduation by the Drug Monitoring Team;

The approval of the Judge;

Completion/implementation of an aftercare plan with counselor.

Conclusion

The main goal of this Drug Monitoring Program is to offer our participants a program that is specific to their needs, support with family and community involvement, and to provide them with an opportunity to be sober and crime free. The Drug Monitoring Team is committed to helping, guide and assist every person enrolled in the program. But, the final responsibility is always the participants.

To succeed, everyone will need motivation, a personal desire to succeed, and the support of family and friends.