

*Sandplay Therapists of Hawai'i (STH) present~*



## The Foundations of Jungian Sandplay Therapy

**12-hour Interactive Webinar Series!**

**Selected Fridays in April and May, 2020**

**Instructor: Lorraine R. Freedle, PhD, CST-T  
International Sandplay Teacher (STA/ISST)**

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**Dates:** Four Fridays- April 24, May 1, May 8 and May 22, 2020

**Time:** Each module will be **3 pm to 6:15pm Eastern / Noon to 3:15pm**

**Pacific 9am to 12:15pm - Hawai'i time**

**Reduced Cost: \$245 non-members, \$185 STH/STA Members, \$150 students**  
(must register for whole series, no partial registrations or refunds for missed sessions, although all people who register will receive handouts)

**12 CE's:** pending through APT and NASW-HI (accepted for Social Workers, Counselors and MFT's, check with your State Board to verify)

**Register online:** <http://www.sandplaytherapistsofhawaii.org> Note: Link will be provided when registration is complete, along with terms of participation. Space is limited, so do not delay!

**Questions?** Contact [lrfreedle@gmail.com](mailto:lrfreedle@gmail.com)

The Sandplay Therapists of Hawai'i are pleased to offer this introductory, yet contemporary course taught by our very own Dr. Lorraine Freedle. This course will cover the theoretical foundations and practical applications of Jungian sandplay therapy with children and adults in the context of this world crisis and the changing environment of psychotherapy practice. Through online instruction, experiential activities and illustrative case studies you will have the opportunity to connect on a deep level to this work and to integrate concepts. Together we will explore what it might mean to be a sandplay therapist in 2020 and beyond.

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**Lorraine R. Freedle, LCSW, PhD, ABPdN, CST-T** is a pediatric neuropsychologist and international sandplay teacher (STA/ISST). She is the Chief Clinical Officer of TeamBuilders Behavioral Health in Hilo, HI where she also maintains a private practice, Black Sand Neuropsychological Services. Dr. Freedle has published numerous professional articles/chapters and currently serves as President of the Board of Trustees for STA and Research Editor for the Journal of Sandplay Therapy.



**Course objectives:**

1. Describe the key tenets of sandplay therapy as founded by Dora Kalff.
2. Distinguish sandplay therapy from other play therapy methods.
3. Explore the dynamics of the “free and protected” therapeutic space, cotransference and therapeutic presence in sandplay... including implications for telehealth practice.
4. Identify fundamental concepts in Jungian personality theory (e.g., shadow, Self, individuation, etc.) and their applications in sandplay therapy.
5. Describe how symbols, archetypes, and the transcendent function promote healing in sandplay therapy.
6. Identify stages of psychological development in children and adults, and recognize the process of growth as it unfolds in a series of sandplay images.
7. Gain skills to set up a sandplay collection and begin clinical practice of sandplay therapy.
8. Review ethical guidelines specific to the practice of sandplay therapy.
9. Participate in experiential art and sandplay activities to explore, practice and integrate concepts.

**2020 AGENDA**

<p><b>Module I: April 24</b></p> <ul style="list-style-type: none"> <li>• Introductions</li> <li>• A World in Crisis</li> <li>• Principles of Kalfian Sandplay</li> <li>• Symbols and Archetypes</li> <li>• Personal Symbol Exercise</li> </ul>	<p><b>Module III: May 8</b></p> <ul style="list-style-type: none"> <li>• Sandplay “Nuts and Bolts”</li> <li>• The Collection</li> <li>• Sand and the Body</li> <li>• Presence and Cotransference</li> <li>• Sandplay or Sand Tray?</li> <li>• Sandplay and Telehealth</li> </ul>
<p><b>Module II: May 1</b></p> <ul style="list-style-type: none"> <li>• Three Roots of Sandplay (body, mind, spirit)</li> <li>• Understanding Sand Worlds</li> <li>• The Sandplay Process</li> <li>• Case study</li> </ul>	<p><b>Module IV: May 22</b></p> <ul style="list-style-type: none"> <li>• Review of Research in Sandplay</li> <li>• Ethics / Professional Standards for the Sandplay Therapist</li> <li>• STA/ISST Credentialing Process</li> <li>• Wrap-up/Evaluation</li> </ul>