

Tonja Adams' Story

Abuse plagued me at various times in my life as a young person. It was exceedingly difficult during those times, and there were seasons of loneliness and despair.

As I was healing, I recommitted my life to Christ in my twenties and began the journey of really getting to know Him. I started attending church regularly. I learned that God is faithful and that He has a good plan for my life. He has placed people in my life to comfort, guide, and strengthen me. It is important to remember that God has a plan for every individual He has created.

An important Bible passage to me is:

"Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God."

2 Corinthians 1:3-5 New American Standard Bible (NASB)

Copyright 2020 Abigail's Archangels Domestic Violence Prevention.
All rights reserved.