AROMATHERAPY

Breathe deep. Be well.

2018 COLLECTION



Founders: Brian Paulsen and Sherri Jobelius

Our Values

Quality

We believe in artisan crafted, 100% pure products that are safe, synthetic-free and consciously sourced.

Transformation

We believe in helping people transform to a healthier state of being from the finest and most precious gifts nature provides.

Truth

We believe in being transparent in all that we do, from the purity of every ingredient we use to the way we create our hand made in the USA products.

Dear Friends -

It's been an amazing year at rareESSENCE, with new products, new people joining our "family" and travels to many faraway places around the world. In May and June, we visited Western and Eastern Europe to meet with growers and distillers as part of our ongoing quest to find the absolute finest essential oils.

One of the highlights of the trip was awakening early one morning before dawn in Pavel Banya, Bulgaria and driving out to the Rose fields to join the native Gypsies picking Damask Roses to be sent to the distillery. The aroma of the fields was indescribable, as the fresh rose blooms released their magical aroma into the air all around us. This is the source of our Rose Otto oil. Simply heavenly!

As we drove from the fields (pictured on the cover) to the distillery, we came upon two women picking wild chamomile flowers in a grassy field alongside the road. We stopped to meet them and when they found out we were from the U.S., they proceeded to pick Sherri a chamomile bouquet to take with her and a bag full of freshly picked chamomile flowers. Such was the graciousness and generosity we experienced from so many Bulgarians we met throughout this beautiful country.

A few days later, we joined in the annual Rose Festival in Kazanlak as native Bulgarians danced and paraded through the streets in celebration of the rose harvest and the rich heritage of the Rose Valley. The culture of the "rose" permeates nearly every part of life in this region. One afternoon we explored a historic cathedral near Shipka, where there were shrines to "the Rose" and rose decorated candelabras.

We also visited new sources of Organic Certified oils in eastern Europe and met with enterprising farmers and distillers who were incredibly passionate about making essential oils. These opportunities to meet and be educated by these people is one of the most gratifying and fascinating parts of our business.

As recognized leaders in essential oils, we are aware that our reputation for superior quality is contained in every bottle of oil we sell and every customer that we serve. We hope that you feel the love, care and integrity we put into everything we do and each product we make. As aromatherapy has become mainstream with many hospitals, as well as with chiropractors, naturopathic doctors and massage therapists, this new awareness is breathtaking as the world awakens to the power and benefits of essential oils.

We have a number of exciting new products this year that we think you'll love. We are also committing additional resources and opportunities for education and training. We are grateful and fortunate to be a part of this world and we strive to earn your loyalty and trust every step of the way.

If you're new to rareESSENCE, we want to welcome you. We encourage you to try our products, give them to your family and friends and let them experience "the essence of real"!

Thank you for your support. We wish you love, joy and success in 2018 and beyond!

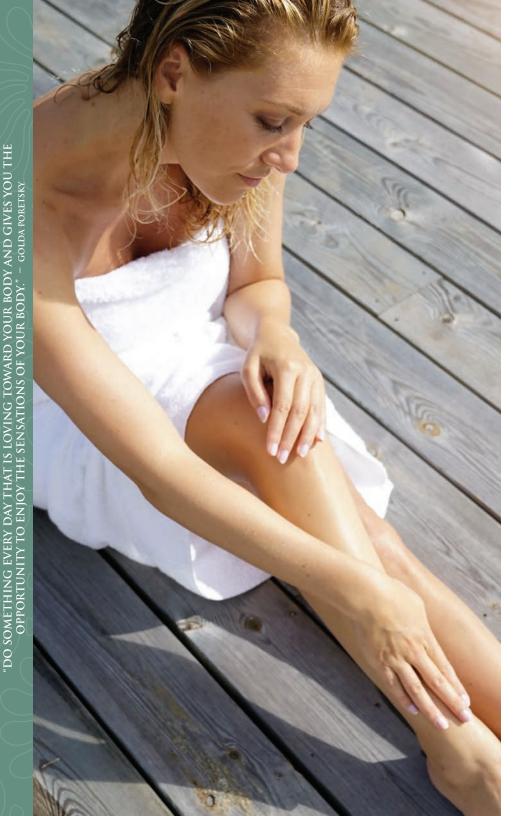
Brian & Sherri







The Rose Valley, Bulgaria



AROMATHERAPY BODY & HAND LOTION and BODY WASH

with Organic Essential Oils



Refreshing BERGAMOT & LIME

Energize your day with this mood inspiring blend of Organic Bergamot and Lime that enriches the skin and uplifts your spirits.

Rejuvenating

BULGARIAN LAVENDER

Bring yourself to a state of deep relaxation with this soothing Organic Lavender blend that releases stress and promotes tranquility.

Revitalizing

ROSE & SANDALWOOD

Revitalize your body with this skin toning Organic blend of Bulgarian Rose and Sandalwood that restores youthfulness and balance.

Invigorating

ROSEMARY & MINT

Awaken your mind, body and spirit with this invigorating blend of Organic Rosemary and Organic Peppermint that revitalizes and cools the skin.

100% VEGAN . GLUTEN FREE . SYNTHETIC FRAGRANCE FREE PHTHALATE FREE . PETROLEUM FREE • PARABEN FREE PEG FREE . SILICONE FREE . SULFATE FREE . CRUELTY FREE

BODY & HAND LOTION

Soften and hydrate hands with an anti-oxidant rich, super emollient lotion containing all-natural ingredients:



ROSEMARY & MINT 13 fl oz / 384 ml Body Lotion 7801000016

2 fl oz / 59 ml Hand Lotion 781100048

BERGAMOT & LIME 13 fl oz / 384 ml Body Lotion 7800800016

2 fl oz / 59 ml Hand Lotion 781080048 BULGARIAN LAVENDER 13 fl oz / 384 ml Body Lotion 7801100016

2 fl oz / 59 ml Hand Lotion 781110048 **ROSE & SANDALWOOD** 13 fl oz / 384 ml Body Lotion 7800500016

2 fl oz / 59 ml Hand Lotion 781050048

with Organic Essential Oils



Gentle skin cleansing and hydrating all-natural body wash with the power of pure essential oils.

Nourishes the skin with healing ingredients:

Organic Aloe Vera Juice Organic Calendula Flower Extract Organic Saw Palmetto Extract Organic Jojoba Oil Organic Argan Oil

100% VEGAN . GLUTEN FREE . SYNTHETIC FRAGRANCE FREE PHTHALATE FREE . PETROLEUM FREE • PARABEN FREE PEG FREE . SILICONE FREE . SULFATE FREE . CRUELTY FREE

AROMATHERAPY BODY WASH

Even the most sensitive skin will love our deep moisturizing body wash!



BERGAMOT & LIME 13 fl oz / 384 ml Body Wash 7820800016 BULGARIAN LAVENDER 13 fl oz / 384 ml Body Wash 7821100016 **ROSE & SANDALWOOD** 13 fl oz / 384 ml Body Wash 7820500016 ROSEMARY & MINT

13 fl oz / 384 ml Body Wash

7821000016

DEAD SEA BATH SALTS

with Organic Essential Oils

therapeutic, high mineral salts

Dead Sea mineral salts contain high levels of magnesium, potassium, calcium chloride, sulfur, iodine, zinc, sodium and bromide - the minerals your skin craves.

Dead Sea mineral salts only come from the Dead Sea, a saline lake located 400 meters below sea level in Israel. This unique "sea" concentrates salt and minerals unlike anywhere else on earth and have long been recognized for their superior therapeutic benefits:

- Relieves muscle tension and improves circulation
- Rids toxins and dead cells from skin
- Firms skin tissues and strengthens against infection
- Lessens inflammation of dry skin

Combined with the power of pure essential oils, these incredible salts offer a muscle and joint soothing, skin softening tonic.

Live happy. Take a bath.





relieve muscle tension ROSEMARY & MINT 770030576

These muscle soothing essential oils including Organic Rosemary and Organic Peppermint are expertly blended to help reduce inflammation and stimulate circulation. Especially beneficial for sports related aches and pains or even a day working in the garden. Soak in the relief!



relax & sleep deep LAVENDER

770020576

Lavender has amazing properties that calm and relax the mind, plus provide inflammation reducing benefits to skin and muscles. This tranquil symphony of Organic Bulgarian Lavender, Spike Lavender and Organic Lavandin are a wonderful way to soak away a stressful day.



detox & purify GRAPEFRUIT & FENNEL 770010576

A great compliment to a weight loss regimen or soothing when you're recovering from a cold or the flu. This bright blend of Organic Grapefruit and Organic Fennel work on cellulite while the six other essential oils stimulate the skin to draw out toxins.

9

Spa Eye Mask with 100% Natural Flaxseed & Soothing Lavender Buds

For relaxation and natural pain relief. Can be applied warm or cold over the eyes and forehead to help relieve congestion and offer gentle compression to ease the discomfort of migraines and headaches.

SPA EYE MASK

9420000016

Comfortable design hugs the face and blocks out light for restful sleep.

- Microwave or Freeze
- Soft, Plush Fabric
- Reusable & Long Lasting
- Heat or Cool Therapy
- Flexible, Form-Fitting Design
- Soothing Lavender Scent



Spa Body Wrap with 100% Natural Flaxseed & Soothing Lavender Buds

For relaxation and natural pain relief. Many physicians, chiropractors, massage and physical therapists recommend heat or cool therapy for those who suffer from arthritis, joint pain, fibromyalgia, stiffness, menstrual cramps, sore muscles, and athletes living with sport injuries. Heat therapy may help relax tight, sore muscles or joints and melt away stress and tension. Cold therapy is used for reducing swelling and inflammation.





Neck and Shoulder Wrap



Use as a Foot Wrap



Use as a Knee Wrap

SPA BODY WRAP 9410057914

The aromatherapeutic benefit of Lavender has been shown to promote relaxation and restful sleep.

- Microwave or Freeze
- Soft, Plush Fabric
- Reusable & Long Lasting
- Heat or Cool Therapy
- Flexible, Form-Fitting Design
- Soothing Lavender Scent



for relaxation & natural pain relief





NEW for your car! An easy way to diffuse pure essential oils and blends while you drive...



VENT-CLIP CAR DIFFUSER

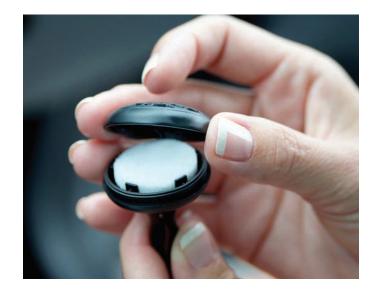


Specially designed for an enhanced aromatherapeutic experience to help you relieve stress, focus, or give you an invigorating boost!

Display box includes: 1 Car Diffuser, 5 Pads Package Dimensions 2.5"w x 1.5"d x 3.75"h







VENT-CLIP CAR DIFFUSER REPLACEMENT PADS 9200PAD05212

Specially designed for an enhanced aromatherapeutic experience to help you relieve stress, focus, or give you an invigorating boost!

Replacement Pads: 10 Pads



SESSENCE.

RI

R AROMATHERAPY CAR DIFFUSER REPLACEMENT PADS

rareessence.







Refresh small spaces with Aroma Disks

for CARS, CLOSETS, LOCKERS, CABINETS, DRAWERS & more...



100% PURE ESSENTIAL OIL **AROMA DISK**

Add a few drops for an aromatherapy experience. Wonderful for cars, closets, lockers, cabinets and drawers. So effective and simple to use, you'll want several to place around the house. Features the rareESSENCE mandala design.

PURIFY is a refreshing blend containing: Lemon, Grapefruit, Juniperberry, Palmarosa, Egyptian Geranium, Fennel and Cedarwood.

Package Size	4.25″w x 1″d x 4.25″h
Product Size	2" Diameter
935025268	

Enjoy nature insect free!

INSECT SPRAYS

rareESSENCE

ALL NATURAL

REPELLENT

Safe and natural repellents. PURE PLANT-BASED FORMULAS with consciously sourced 100% pure essential oils.



INSECT REPELLENT

PURE PLANT-BASED FORMULA with consciously sourced 100% pure essential oils. An effective DEET-free repellent for mosquitoes, biting black flies, no see ums, deer flies, ticks and other annoying insects. Recommended for ages 1+.

Active ingredients: Eucalyptus Citriodora, Peppermint, Lemongrass, Cedarwood & Clove

401010056





PURE PLANT-BASED FORMULA with consciously sourced 100% pure essential oils. Effective in repelling spiders from homes and other areas.

Active ingredients: Peppermint, Spearmint & Eucalyptus Citriodora



Our single note oils are pure, potent and guaranteed to be of the highest therapeutic quality.

SINGLE NOTE PURE ESSENTIAL OILS

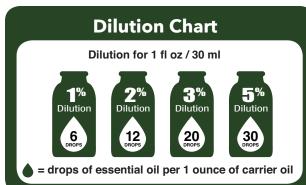
Available in our beautiful counter displays, they are perfect for your shop, store or spa.

Many of our oils are Certified Organic or wild-crafted and you can be confident that you are offering your customer a premium product at a good value.

Single notes can be used by themselves or blended into synergies for an amazing variety of uses.

In most cases, single note oils should be diluted for topical use in a carrier oil.

There are many excellent reference books available with recipes and uses of essential oils and we even recommend some of our favorite books on our website.





BASIL Ocimum basillicum 700013753 Sweet and spicy with balsamic undertones. A stimulating tonic for fatigue. Useful for treating respiratory issues and nausea.



CLARY SAGE Salvia sclarea 700330663

Earthy and pungent. Used for relieving fear and anxiety. A powerful euphoric and mood lifter. Single-note essential oils are primarily meant to be diluted in a carrier oil like our Organic Golden Jojoba or Coconut Oil. They are suitable for use in blending or in recipes. Sourced worldwide through our network of growers and distillers. Country of Origin and species identified. Product information inside each box.





USDA

ORGANIC BERGAMOT Citrus bergamis 700026253 Fresh, lively, sweet and uplifting.

Balancing with antiseptic qualities. Used to build confidence and inspire.



CAIEPUT Melaleuca cajeputi 700057733 Mild camphoraceous like aroma. Used for asthma, sinusitis and viral infections. Also great for muscle aches and pains.

rareESSENCE.

EUCALYPTUS

CITRIODORA

Eucalyptus citriodora

intry of Origin-Indones

5ml / .169 fl oz



CEDARWOOD ATLAS

Harmonizing and grounding. Encourages

inner-strength and centeredness. Relaxes

WILD CRAFTED

the mind and nervous system.

rareESSENCE

ORGANIC

EUCALYPTUS

GLOBULUS

Eucalyptus globulus

Country of Origin-Spain

5ml / 169 fl oz

Cedris atlantica

700032333



CHAMOMILE, ROMAN Anthemis nobilis 7000446313 Gentle and restful properties. Supports inner peace, eases depression and anxiety.

Induces restful sleep.

rareESSENCE.

ORGANIC

EUCALYPTUS

RADIATA

Eucalyptus radiata

untry of Origin-Indone

5ml / .169 fl oz

USDA

MATHER

rareESSENCE AROMATHERA CLOVE BUD rare ESSENCE CLOVE BUD

CLOVE BUD Eugenia caraphyllata 700410043

Warm and spicy, used to relieve minor aches and pains. The vapors improve breathing. Aids in digestion and may also be used as a bug deterrent.

EUCALYPTUS CITRIODORA Eucalyptus citriodora 700062433

rareESSENCE

EUCALYPTUS CITRIODORA

Also known as Lemon Eucalyptus. Scent is similar to citronella. Used as a natural bug repellent.





A wonderfully clearing and camphoraceous oil. Used for everything from cleaning to repelling insects and suppressing coughs. Opens and clears energetic pathways.

rareESSENCE

EUCALYPTUS

ORGANIC EUCALYPTUS USDA ORGANIC RADIATA Melialeuca cajeputi

700087653 O PGAN

Powerful & camphoraceous aroma. Used as a decongestant for cold and sinus. Preferred Eucalyptus for topical application or for children and elderly.

rareESSENCE

ORGANIC

EUCALYPTUS RADIATA

These products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

SINGLE NOTE PURE ESSENTIAL OILS CONTINUED

Fresh, lively and purifying.

as well as neutralizes odors.

Lifts the spirit and stimulates the mind.

Highly antiseptic and antibacterial



A verdant lush aroma that enlivens and stimulates.

Versatile uses from treating sore muscles to

headache relief.

Sweet, green and lively. Lime oil has a refreshing and inspiring aroma. Grounding and centering.

Fresh floral and herbaceous.

Used for aches and pains and also

relieves headaches. Great expectorant.



rareESSENCE

ORGANIC

LAVENDER

FRENCH



rareESSENCE.



ORGANIC HELICHRYSUM 3% in organic jojoba Helichrysum italicum

700252843 Aroma is sweet, like a honey infused tea. Known for its anti-inflammatory, anti-septic and astringent properties that are good for the skin and useful when diffused for respiratory conditions.



JASMINE 3% in organic jojoba Jasminum grandiflorum 700138053 Exquisite and rich floral. A sensual and uplifting aphrodisiac. Helps to relieve stress and inspire grace and creativity.



JUNIPER BERRY Juniperus communis 700144753 Clean, fresh woody like aroma with balsamic undertones. Juniper is a purifying essential oil. Used on the skin as a toner.

rareESSENCE.

3% IN ORGANIC

JOJOBA

NEROLI

var amara

ry of Origin-Tun

5ml / .169 fl oz

ORGANIC LAVENDER, FRENCH

areESSENCE

LAVENDER

FRENCH

areESSENCE

ORANGE SWEET

Lavandula angustifolia 700157963

rareESSENCE

USDA

ORGANI

A sweet and floral aroma edged with a hint of grassy spice. Eases tired muscles, soothes headaches, de-stresses, calms, relaxes and heals minor burns.





ORGANIC MANDARIN Citrus reticlata 700202753

TareESSENCE

MANDARIN

Gentle and calming, sweet and citrusy. Excellent for skin care. Used for meditation, promoting feelings of relaxation and well-being. WILD CRAFTED MYRRH Commiphora mynha Country of Origin-East Africa Brench Duslikel Smil / .169 Bloz

rareESSENCE

MYRRH

rareESSENCE.

MYRRH WILD CRAFTED Commiphora myrrha 7002104213 A warm, rich and spicy aroma odor. Soothing, calming, restorative with skin

healing properties. Useful during meditation. NEROLI 3% in organic jojoba Citris aurantium var amara 700226253 Harmonizing and uplifting. Deeply comforting and relaxing. Used in body and skin care and in perfumery.

areESSENCE

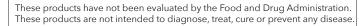
NEROLI

Crrus sinensis Country of Origin-Spain Country of Orig



ORGANIC SWEET ORANGE Citrus sinensis 700234733

Cheerful and refreshing. Promotes mental clarity and emotional balance.



SINGLE NOTE PURE ESSENTIAL OILS CONTINUED



700326733 Clarifying and revitalizing. The classic "get up and go" oil. Reviving, refreshing and strengthening.

Exotic and sensual. Relaxing and calming with a balancing and grounding effect on the emotions.

Often referred to as the "miracle oil", it is the most effective antibacterial, antiviral and antifungal oil.

Fresh and herbaceous. Antiseptic, expectorant, stimulating and fortifying. Cleansing and protective - promotes courage.

BLENDED PURE ESSENTIAL OILS



VETIVER Vetiveria zizanioides 700396383

Deep, sweet, earthy aroma. Recognized for its relaxing and grounding properties. This is a good oil for anyone experiencing anxiety or stress. YLANG YLANG EXTRA WILD CRAFTED Cananga odorata 700406183 Delicate scent, intoxicatedly sweet and floral. Slightly euphoric and uplifting.



DEFENSE* Defend & boost your immune system 705094733

CONTAINS: Eucalyptus Globulus (Eucalyptus), Citrus paradisi (Grapefruit), Mentha piperita (Peppermint), Melaleuca alternifolia (Tea Tree), Eugenia caryophyllata (Clove Bud), Melaleuca quinquenervia (Niaouli), Melaleuca cajuputi (Cajeput), Cinnamomum camphora (Ravintsara)



These products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. ESSENTIAL

STIO

BLENDS

BLENDED PURE ESSENTIAL OILS CONTINUED



FOCUS* For mental clarity and concentration 705061833

CONTAINS: Citrus bergamia (Bergamot), Citrus limon (Lemon), Rosemarinus officinalis (Rosemary), Pelargonium graveolens (Geranium), Mentha piperita (Peppermint), Salvia lavandulaefolia (Sage), Cedrus atlantica (Cedarwood), Ocimum basilicum (Basil), Litsea cubeba (Mavchang)



MUSCLE SOOTHE* Relieve pain of sore muscles 705041853

CONTAINS: Rosmarinus officianalis (Rosemary), Mentha piperita (Peppermint), Lavandula angustifolia (Lavender, French), Origanum marjorana (Marjoram, Sweet), Pinus sylvestris (Pine, Scotch), Melaleuca leucadendron (Cajeput), Anthemis nobilis (Chamomile, Roman), Gaultheria procumbens (Wintergreen)



OM* Centering blend for inner peace 705013453

CONTAINS: Boswellia carterii (Frankincense), Pogostemon cablin (Patchouli), Cedrus atlantica (Cedarwood, Himalayan), Citrus reticulata (Tangerine), Santalum austrocaledonicum (Sandalwood), Vetiveria zizaniodes (Vetiver, Haiti), Lavandula angustifolia (Lavender, French), Citrus limonum (Lemon), Amyris balsamifera (Amyris)

S. S. S.

OM



PURIFY* Detoxifving blend for rejuvenation 705029943

CONTAINS: Citrus limonum (Lemon), Juniperus communis (Juniperberry), Cymbopogon martini (Palmarosa), Citrus paradisi (Grapefruit), Pelargonium graveolens (Geranium, Egyptian), Juniperus virginiana (Cedarwood, Virginian), Foeniculum vulgare (Fennel, Sweet)



To help relieve minor headaches 705074443

CONTAINS: Anthemis nobilis (Roman Chamomile), Citrus paradisi (Grapefruit), Lavandula officianalis (French Lavender), Citrus aurantifolia (Lime), Mentha piperita (Peppermint), Origanum majorana (Marjoram), Ocimum basilicum (Basil), Cymbopogon martini (Palmarosa), Mentha spicata (Spearmint)



SLEEP* A natural alternative for restful sleep 705036053

CONTAINS: Lavandula angustifolia (Lavender, French), Pelargonium graveolens (Geranium, Egyptian), Citrus sinensis (Orange, Sweet), Vetiveria zizaniodes (Vetiver, Haiti), Anthemis nobilis (Chamomile, Roman), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan)



STRESS LESS* To relieve anxiety and guiet the mind 705008253

CONTAINS: Cananga odorata (Ylang Ylang 1), Citrus bergamis (Bergamot), Pelargonium graveolens (Geranium, Egyptian), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan), Lavandula angustifolia (Lavender, French), Citrus reticulata (Tangerine)



TUMMY RESCUE* Natural relief for upset stomach and nausea 705082353

CONTAINS: Simmondsia chinensis (Jojoba), Anthemis nobilis (Roman Chamomile), Mentha piperita (Peppermint), Coriandrum sativum (Coriander), Citrus limon (Lemon), Origanum majorana (Marjoram), Elettaria cardamomum (Cardamom), Zingiber officinale (Ginger)

These products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

22

MODULAR ESSENTIAL OIL DISPLAYS





4 TIERED DISPLAY Holds 48 rareESSENCE Pure Essential Oils EO70004

Dimensions...... 19.5" x 6.75" x 26.5"









3 TIERED DISPLAY Holds 36 rareESSENCE Pure Essential Oils EO70003

Dimensions...... 19.5" x 6.75" x 20.5"

2 TIERED DISPLAY Holds 24 rareESSENCE Pure Essential Oils EO70002

Dimensions...... 19.5" x 6.75" x 14.25"

1 TIERED DISPLAY Holds 12 rareESSENCE Pure Essential Oils EO70001

Dimensions...... 19.5" x 6.75" x 8.25"

MASSAGE & CARRIER OILS



rareESSENCE ORGANIC JOJOBA OIL

Jojoba is not really an oil but a liquid wax. Because Jojoba is composed of wax esters, it is an extremely stable, long lasting substance, and does not easily deteriorate or turn rancid. Jojoba is considered *the premium carrier for essential oils*. The structure of jojoba oil closely resembles our skin sebum – the skin's lubricating medium. It has a natural affinity to our skin is readily absorbed without making the skin greasy or tacky. Jojoba is often used in skin care products and is well tolerated by sensitive skin types. It's also great for dry scalp.

Usage: For massage or dilution of essential oils. 4 oz. / 118 ml Flip top cap 730023373



rareESSENCE THERAPEUTIC MASSAGE OIL

is specially formulated to utilize the super rich emollient properties of five distinct plant oils sourced worldwide. This formula includes deeply nourishing Sunflower oil, light and exquisite Moroccan Argan oil, Organic Golden Jojoba, known for it's skin balancing properties, Apricot Kernel oil recommended for sensitive skin types and Coconut, the miracle oil. Suitable for massage use with most modalities. May also be mixed with rareESSENCE Single note or Blends of Essential Oils for an aromatherapeutic massage. Shelf life: 2 years

Ingredients: Sunflower oil (Helianthus annuus), Organic Golden Jojoba oil, (Simmondsia chinesis) Moroccan Argan oil, (Argania spinosa), Apricot Kernel Oil (Prunus armenaca), Coconut Oil (Cocus nucifera), Vitamin E (Tocopheral).

Usage: For massage or dilution of essential oils. 4 oz. / 118 ml Flip top cap 730035233

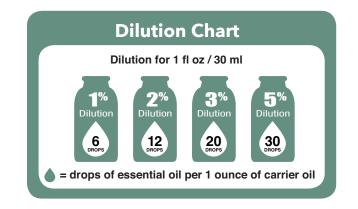


rareESSENCE COCONUT OIL - Fractionated

As the name implies, Fractionated coconut oil is a fraction of the coconut oil from which almost all the long chain triglycerides are removed, leaving mainly the medium-chain triglycerides and making it an absolutely saturated oil. This saturation gives it a very long shelf life and greatly increased stability. High antioxidant and disinfecting effect. Rich in Vitamin E.

Usage: For massage or dilution of essential oils. 4 oz. / 118 ml Flip top cap 730017053





AROMATHERAPY OILS & BLENDS / 30ML BACK BAR SIZE

rareESSENCE Aromatherapy Blends

Professional sizes of our proprietary aromatherapeutic blends can be combined in our rareESSENCE Massage Pro Premium Natural Lotion for an amazing aromatherapy experience. May also be mixed in our massage or carrier oils. We suggest 10 to 12 drops per 2 ounces of lotion or massage oil.



PURIFY 7250283421



MUSCLE SOOTHE 7250436421



STRESS LESS 7250036521



EUCALYPTUS GLOBULUS 7200731711



LAVENDER FRENCH 7201536931



PEPPERMINT 7202852321



TEA TREE 7203736911



rareESSENCE ROMATHERAP

YLANG YLANG EXTRA Cananaa odorata

YLANG YLANG 7204088551

0 P BACK ω AR ► Z D CARRIER STIO

Bring the spa home...

Electronic ultrasonic diffusers are one of our favorite aromatherapy accessories. We use them both in our homes and at the office. Because they diffuse without any heat, they help maintain the beneficial properties of the essential oils, and are very economical.

We tested a lot of diffuser designs before choosing the two in our line - we think that your customers will love them, too!



COMPACT ULTRASONIC DIFFUSER 9129GRN05714

Easy to use and small enough to take almost anywhere. Plugs into any USB port or into any outlet with the AC adaptor

One button operation Auto shut-off 50ml capacity water

Display box includes: Diffuser, USB Power Cord, AC Adaptor & Instruction Book

Package Dimensions 4"x 3.75"x 5"

The easy way to diffuse rareESSENCE pure essential oils and blends into the air for an aromatherapy experience in your home or office.

Just add purified or distilled water and a few drops of our rareESSENCE essential oils for hours of blissful pleasure.



CERAMIC DIFFUSER 9101WHT00034

Stylish, décor friendly diffuser with textured ceramic cover Multi-colored light options

Continuous and intermittent run feature Auto shut-off 100ml capacity

Display box includes: Ceramic diffuser, power cord, measuring cup & instructions.

im1/.169 fl o.



AREESSENCE

SLEEP Natural alternativ for restful sleep

Breathe deep with these Pure Essential Oil Inhalers...

Our Aromatherapy Inhalers are a convenient way to experience the benefits of aromatherapy almost anywhere.

These proprietary, therapeutic blends are formulated and packaged for inhalation usage. The handy inhaler easily fits in a pocket, briefcase or purse, so you can have it with you when you need it most!

Seven different blends. Display tray holds six per pack, also peggable.

After opening, each inhaler lasts three months or longer depending upon usage and storage conditions.



PURE ESSENTIAL OIL INHALERS





Net Weight: 0.01oz / 285mg



HEAD AIDE* To help relieve minor headaches 855070536

CONTAINS: Anthemis nobilis (Roman Chamomile), Citrus paradisi (Grapefruit), Lavandula officianalis (French Lavender), Citrus aurantifolia (Lime), Mentha piperita (Peppermint), Origanum majorana (Marjoram), Ocimum basilicum (Basil), Cymbopogon martini (Palmarosa), Mentha spicata (Spearmint), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



BREATHE EASE* Natural relief from colds and congestion 855050536

CONTAINS: Eucalytpus globulus (Eucalyptus Globulus), Melaleuca alternifolia (Tea Tree), Melaleuca leucadendron (Cajeput), Melaleuca quinquenervia (Niaouli), Ravensara aromatica (Ravensara), Eucalyptus radiata (Eucalyptus Radiata), Mentha piperita (Peppermint), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



SLEEP*

A natural alternative for restful sleep 855030536

CONTAINS: Lavandula angustifolia (Lavender, French), Pelargonium graveolens (Geranium, Egyptian), Citrus sinensis (Orange, Sweet), Vetiveria zizaniodes (Vetiver, Haiti), Anthemis nobilis (Chamomile, Roman), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



DEFENSE* Defend & boost your immune system 855090536

CONTAINS: Eucalyptus (Eucalyptus), Citrus paradisi (Grapefruit), Mentha piperita (Peppermint), Melaleuca alternifolia (Tea Tree), Eugenia caryophyllata (Clove Bud), Melaleuca quinquenervia (Niaouli), Melaleuca cajuputi (Cajeput), Cinnamomum camphora (Ravintsara), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



STRESS LESS* To release anxiety and quiet the mind 855000536

CONTAINS: Cananga odorata (Ylang Ylang 1), Citrus bergamis (Bergamot), Pelargonium graveolens (Geranium, Egyptian), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan), Lavandula angustifolia (Lavender, French), Citrus reticulata (Tangerine), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



FOCUS* For mental clarity and concentration 855060536

CONTAINS: Citrus bergamia (Bergamot), Citrus limon (Lemon), Rosemarinus officinalis (Rosemary), Pelargonium graveolens (Geranium), Mentha piperita (Peppermint), Salvia lavandulaefolia (Sage), Cedrus atlantica (Cedarwood), Ocimum basilicum (Basil), Litsea cubeba (Maychang), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)



TUMMY RESCUE*

Natural relief for upset stomach & nausea 855080536

CONTAINS: Simmondsia chinensis (Jojoba), Anthemis nobilis (Roman Chamomile), Mentha piperita (Peppermint), Coriandrum sativum (Coriander), Citrus limon (Lemon), Origanum majorana (Marjoram), Elettaria cardamomum (Cardamom), Zingiber officinale (Ginger), Simmondsia chinensis (Jojoba, organic), Tocopherol (Vitamin E)

ESS

These products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

AROMATHERAPY ROLL-ONS



CONTAINS: Eucalyptus Globulus (Eucalyptus), Citrus paradisi (Grapefruit), Mentha piperita (Peppermint), Melaleuca alternifolia (Tea Tree), Eugenia caryophyllata (Clove Bud), Melaleuca quinquenervia (Niaouli), Melaleuca cajuputi (Cajeput), Cinnamomum camphora (Ravintsara), Tocopherol (Vitamin E)



CONTAINS: Citrus bergamia (Bergamot), Citrus limon (Lemon), Rosemarinus officinalis (Rosemary), Pelargonium graveolens (Geranium), Mentha piperita (Peppermint), Salvia lavandulaefolia (Sage), Cedrus atlantica (Cedarwood), Ocimum basilicum (Basil), Litsea cubeba (Maychang), Tocopherol (Vitamin E)



CONTAINS: Anthemis nobilis (Roman Chamomile), Citrus paradisi (Grapefruit), Lavandula officianalis (French Lavender), Citrus aurantifolia (Lime), Mentha piperita (Peppermint), Origanum majorana (Marjoram), Ocimum basilicum (Basil), Cymbopogon martini (Palmarosa), Mentha spicata (Spearmint), Tocopherol (Vitamin E)

Ш

Π

≥ D

Π

Ш

S

S

Ш

S

ENCE

MUSCLE

SOOTHE*

To relieve the

sore muscles

865040066

pain of



CONTAINS: Rosmarinus officianalis (Rosemary), Mentha piperita (Peppermint), Lavandula angustifolia (Lavender, French), Origanum marjorana (Marjoram, Sweet), Pinus sylvestris (Pine, Scotch), Melaleuca leucadendron (Cajeput), Anthemis nobilis (Chamomile, Roman), Gaultheria procumbens (Wintergreen), Tocopherol (Vitamin E)



CONTAINS: Citrus limonum (Lemon), Juniperus communis (Juniperberry), Cymbopogon martini (Palmarosa), Citrus paradisi (Grapefruit), Pelargonium graveolens (Geranium, Egyptian), Juniperus virginiana (Cedarwood, Virginian), Foeniculum vulgare (Fennel, Sweet), Tocopherol (Vitamin E)



sleep

rareESSENCI

CONTAINS: Lavandula angustifolia (Lavender, French), Pelargonium graveolens (Geranium, Egyptian), Citrus sinensis (Orange, Sweet), Vetiveria zizaniodes (Vetiver, Haiti), Anthemis nobilis (Chamomile, Roman), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan), Tocopherol (Vitamin E)



CONTAINS: Cananga odorata (Ylang Ylang 1), Citrus bergamis (Bergamot), Pelargonium graveolens (Geranium, Egyptian), Salvia sclarea (Clary Sage), Cedrus atlantica (Cedarwood, Himalayan), Lavandula angustifolia (Lavender, French), Citrus reticulata (Tangerine), Tocopherol (Vitamin E)



CONTAINS: Simmondsia chinensis (Jojoba), Anthemis nobilis (Roman Chamomile), Mentha piperita (Peppermint), Coriandrum sativum (Coriander), Citrus limon (Lemon), Origanum majorana (Marjoram), Elettaria cardamomum (Cardamom), Zingiber officinale (Ginger), Tocopherol (Vitamin E)

These products have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

TUMMY

RESCUE*

Natural relief

for upset

nausea

stomach &

865080066

system

The power of Aromatherapy On-the-Go

Topical application is a very effective way to experience aromatherapy. We've made it easy for your customers by preblending them in our premium Organic Golden Jojoba oil in a convenient, sleek and sturdy roller ball applicator. Safe for most skin types. For external use.

rareESSENCE Aromatherapy Roll-ons are easy to carry anywhere you go including when you fly - they're TSA compliant! Put them in a purse or pocket and always have relief at your fingertips.

> 48 Piece Aromatherapy Inhaler Display P/N: FX-865008821 Dimensions: 8.25" x 9.125" x 2.25" Net Weight: 10 ml / .33oz each

EXPERIENCE THE POWER

OF AROMATHERAPY ON THE GO

OMATHERAPY

CE.

100% PURE ESSENTIAL

OILS IN ORGANIC JOJOBA

EASY TO USE.

TAKE ANYWHERE.

Create your own spa experience...

SPA COLLECTION

Create a revitalizing Spa experience anywhere with this gorgeous collection expertly created by our certified aromatherapists.

Each aroma collection includes candles, reed diffusers and room mists. Designed to complement each other and your environment.

rareESSEN

Feel the power of pure plant and flower essences and discover why there is simply nothing better than the experience of real!

Available in ten distinctive aromatic & synergistic blends.



orare

"CO CONFIDENTIA IN THE DIVECTION

INGUED!









AROMATHERAPY ROOM MISTS CONTINUED



UPLIFTING Spearmint, Peppermint & Sweet Orange 400020066



HOPE Fir Balsam, Spruce & Pine Needle 400080066



CLARITY Eucalyptus & Sage 400070066



PEACE Frankincense, Myrrh & Palo Santo 400010066



DREAM Lavender, Armoise & Clary Sage 400040066



PASSION Patchouli, Tangerine & Cinnamon Leaf 400100066



MEDITATION Peru Balsam, Lavender & Sandalwood 400090066



LOVE Rose Absolute, Palmarosa & Ylang Ylang 400050066



AWAKEN Sweet Orange, Grapefruit & Black Pepper 400030066



REFRESH Lemongrass, Lemon Peel & Litsea Cubeba 400060066

34



You've never experienced room mists like these!

AROMATHERAPY ROOM MISTS

Pure, sophisticated and potent, they are perfect for freshening any home or office – even your car!

> Made with our exclusive blends of pure essential oils in purified water, they are totally free of toxic synthetic fragrance chemicals and alcohol.

Each rareESSENCE Room Mist is expertly formulated to accentuate the vital dynamic energy from the plants.

Once you try our Room Mists you'll never go back to fake fragrance.

Net Weight: 4 oz./ 118 ml Approximately 685 sprays AROMATHERAPY ROOM MISTS

ROOM MIST

and a set

100N ESSENTIAL OILS O Siever Orange, Grapefini & Black Pepper

Long lasting, beautiful, pure and potent

PURE ESSENTIAL OIL REED DIFFUSERS

rareESSENCE® REED DIFFUSERS are made from 100% Pure Essential Oils. Our skilled Aromatherapists create our sophisticated blends with essential oils that have been consciously sourced worldwide.

Diffusing essential oils is a simple way to incorporate them into your environment with maximum benefit.

Experience the vital life-force of the plants and enhance any personal space with dynamic aromatic essences.

To diffuse and create a spa-like experience, remove the cork and place the reeds into the rareESSENCE essential oil blend. You can be sure our blends contain absolutely no solvents, alcohol, petrochemicals or phthalates.

We suggest rotating the reeds after the first hour and any time after that for an extra burst of aroma. Includes 2 sets of reeds.

Hand-blown Italian glass bottles (90 ml size) are colorfully decorated and feature beautiful quotes matching the energy of our rareESSENCE diffuser oil blends.

FSC – Forest Stewardship Council certified packaging









2111500714

200050086

LOVE Rose Absolute, Palmarosa & Ylang Ylang

"BEING DEEPLY LOVED BY SOMEONE GIVES YOU STRENGTH. Loving someone deeply gives you courage." - Lao Tzu



REFRESH 211160 Lemongrass, Lemon Peel & Litsea Cubeba

""HOW WONDERFUL IT IS THAT NOBODY NEED WAIT A SINGLE MOMENT BEFORE STARTING TO IMPROVE THE WORLD." - Anne Frank







200030086

AWAKEN Sweet Orange, Grapefruit & Black Pepper

"Awake. Be the witness of your thoughts. You are what observes, not what you observe." - buddha



2111200714 Spearmint, Peppermint & Sweet Orange

200020086

"VERY LITTLE GROWS ON JAGGED ROCK. BE GROUNDED. BE CRUMBLED SO WILDFLOWERS WILL COME UP WHERE YOU ARE." - Rumi

PURE ESSENTIAL OIL REED DIFFUSERS CONTINUED







DREAM 21 Lavender, Armoise & Clary Sage

200040086

"GO CONFIDENTLY IN THE DIRECTION OF YOUR DREAMS. LIVE THE LIFE YOU IMAGINED." - HENRY DAVID THOREAU



HOPE 21 Fir Balsam, Spruce & Pine Needle

"EVERY MOMENT HAS ITS PLEASURES AND ITS HOPE." -Jane Austen



CLARITY Eucalyptus & Sage

2111700714

200070086

"LIVE IN THE PRESENT. LAUNCH YOURSELF ON EVERY WAVE. FIND YOUR ETERNITY IN EACH MOMENT." - Henry David Thoreau



2111100714

PEACE Frankincense, Myrrh & Palo Santo

200010086

"THE MIND CAN GO IN A THOUSAND DIRECTIONS, BUT ON THIS BEAUTIFUL PATH, I WALK IN PEACE." - Thich Nhat Hanh





PASSION 211200714 Patchouli, Tangerine & Cinnamon Leaf "IT IS THE SOUL'S DUTY TO BE LOYAL TO ITS OWN DESIRES. IT MUST ABANDON ITSELF TO ITS MASTER PASSION." - REBECCA WEST





MEDITATION2111900714Peru Balsam, Lavender & Sandalwood

200900086

"QUIET THE MIND AND THE SOUL WILL SPEAK." - Ma Jaya Sati Bhagavati

Carry all ten blends for a dramatic and colorful display!



Everyone loves our spa candles!

Formulated in our lush, creamy American soy wax and infused with pure essential oils. Includes brushed metal lid.

AWAKEN Sweet Orange, Grapefruit & Black Pepper 10003ORA52014



REFRESH Lemongrass, Lemon Peel & Litsea Cubeba 10006YEL52014



UPLIFTING Spearmint, Peppermint & Sweet Orange 10002LGR52014



100% PURE ESSENTIAL OIL

SPA CANDLES IN PURE SOY WAX

HOPE Fir Balsam, Spruce & Pine Needle 10008DGR52014



PEACE Frankincense, Myrrh & Palo Santo 10001BLU52014



DREAM Lavender, Armoise & Clary Sage 10004PUR52014



PASSION Patchouli, Tangerine & Cinnamon Leaf 10010MAG52014



MEDITATION Peru Balsam, Lavender & Sandalwood 10009BRO52014



100% PURE ESSENTIAL OILS

PUTHENTIC AROMATHERAP.



PURE CLEAN SOY WAY CAMOLA

Lavender, Armoise & Clary Sage

ASU NI EDAM - MARTIN USA



LOVE Rose Absolute, Palmarosa & Ylang Ylang 10005RED52014 CLARITY Eucalyptus & Sage 10007TUR52014 Lemongraus Lemon Peel or Litree Cubeba

100% pure soy wax 100% pure essential oil aromas

·

All cotton wicks

Clean burning & soot free

Vegan

Free of irritating, synthetic perfumes and harmful phthalates

No synthetic, petrochemical-based dyes or additives

Artisan made in the USA

Net Weight: 7.5oz/ 175g in actual fill Approximate burn time: 40 hours







Breathe deep. Be well.

SPA COLLECTION - TRAVEL TINS

Bring the fresh, all-natural scent experience along wherever your travels may take you. The convenient 4 oz. travel tins easily fit in any bag and are the perfectly natural way to refresh any room. The All-Natural Travel Tin also makes a great gift. Each candle is hand-poured using our exclusive blend of 100% soy wax, cotton wicks, and 100% pure essential oils. Absolutely no paraffin and nothing synthetic.

Transform your space and enhance your

mood with the true

scents of nature -

The travel tin is both reusable and recyclable.



REFRESH Lemongrass, Lemon Peel & Litsea Cubeba 311065746



LOVE Rose Absolute, Palmarosa & Ylang Ylang 311055746

areESSENCE

AWAKEN

311035746



PEACE Frankincense, Myrrh & Palo Santo 311015746



HOPE Fir Balsam, Spruce & Pine Needle 311085746



PASSION Patchouli, Tangerine & Cinnamon Leaf 311105746





CLARITY Eucalyptus & Sage 311075746



MEDITATION Peru Balsam, Lavender & Sandalwood 311095746



DREAM Lavender, Armoise & Clary Sage 311045746



UPLIFTING Spearmint, Peppermint & Sweet Orange 311025746

100% PURE ESSENTIAL OIL ARTISAN-MADE PERFUMES

Perfume, a magical, mystical substance that fires the imagination with all of the romance of life...

44

DISTINCTIVE & PURE ESSENTIAL OIL PERFUMES

100% Pure Essential Oils



"Perfume, a magical, mystical substance that fires the imagination with all of the romance of life...

Perfume, the smell of herbs, of spices, of wild grasses, of musk, of flowers, is one of the secrets of the universe.

Used throughout the ages to tantalize and delight, the actual creation of perfume has always remained shrouded in mystery – an alchemist's art.

It's creation, however, is not through magic, but like the composition of music, it is the result of total artistic and professional dedication."

From PERFUME by William I. Kaufman

Cool Water





AMANI [AH-MAH-NEE] Swahili meaning peaceful, tranquil, harmonious

A clean fragrance – clear and tranquil with a hint of woody spice.

Key notes of Australian Blue Cypress, Ylang Ylang, Sandalwood

Vibrational Flower Essences - F.E.S. DOGWOOD Inspires gentleness & inner-harmony

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600105913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611105013

Sweet Floral





BELEZA [BAY-LAY-ZAH] Portuguese meaning beautiful, divine, scrumptious

Goddess-like aroma – pretty, complex, and deeply floral.

Key notes of Zdravetz, Orange Essence, Cistus Labdanum

Vibrational Flower Essences - F.E.S. PRETTY FACE & LOTUS Inspires feelings of inner beauty

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600205913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611205013

LOVINGLY MADE IN SMALL BATCHES BY ARTISAN PERFUMERS

Spicy Floral



5 bujari

BUJARI [BOO-ZHAR-EE] Albanian meaning gentle, kind, generous

An aroma with an amber glow – warm & subtle, harkening back to ancient mysteries.

Key notes of ROSE ABSOLUTE, Genet Absolute, Frankincense, Tonka Bean

Vibrational Flower Essences - F.E.S. SCOTCH BROOM Inspires feelings of strength & purpose

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600305913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611305013

Earthy Citrus



chanda

CHANDA [CHAN-DUH] Sanskrit meaning hot, fierce, passionate

A hot and floral perfume – cavernous and sensual, with a hint of citrus.

Key notes of Orange Flower Absolute, Blood Orange, Patchouli

Vibrational Flower Essences - F.E.S. HIBISCUS Inspires feelings of warmth & vitality

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600405913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611405013

Exotic Spice





DIVINO [DI-VEE-NO] Italian meaning radiant, dazzling, inspired

A light and peppery perfume – bright and blithe with a hint of spice.

Key notes of Angelica Root, Jasmine Sambac, Oak Moss

Vibrational Flower Essences - F.E.S. SUNFLOWER Inspires feelings of radiance & compassion

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600505913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611505013

Herbal Citrus



JOIE [ZHWAH] French meaning delightful, ecstatic, joyful

A dynamic and sophisticated aromaverdant, opaque, and gorgeously floral.

Key notes of Coriander Seed, Lime Peel, Green Myrtle

Vibrational Flower Essences - F.E.S. Zinnia Inspires feelings of lightheartedness & playfulness

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600605913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611605013

Exotic Floral



lilura

LILURA [LIH-LOO-RAH] Basque meaning magical, enchanting, alluring

A rare and magical fragrance – distinctive and alluring, with a hint of an aged floral wine.

Key notes of Jasmine Sambac, Sandalwood & Davana

Vibrational Flower Essences - F.E.S. Violet & Shooting Star Inspires feelings of desire & wonder

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600705913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611705013

Sensual Spice



Se divace

VIVACE [VIH-VAH-CHEE] Italian meaning playful, lively, fearless

A spicy cocoa scent – lush and unexpected with a hint of vanilla.

Key notes of Cocoa Absolute, Green Peppercorn, Vanilla Absolute

Vibrational Flower Essences - F.E.S. Canyon Dudleya Inspires feelings of charisma & liveliness

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600805913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611805013

Spicy Woods





ZIVA [ZEE-VA] Hebrew meaning alive, dynamic, vital

A wild and vivacious perfume fiercely alive with spices and a hint of heat.

Key notes of Basil, Clary Sage, Vetiver Root

Vibrational Flower Essences - F.E.S. Cerato & Basil Inspires feelings of trust & confidence

rareESSENCE Spray Atomizer 30 ml/1 oz. in Artisan-made Organic Biodynamic Perfumer's Spirits 2600905913

rareESSENCE Roll-On 10 ml/.33 oz. in 100% Organic Jojoba Oil 2611905013

What are essential oils?

If you've ever smelled a rose, peeled an orange or had mint leaves in a drink, you've experienced essential oils. They are the aromatic components of plants.

Since plants need to communicate with their neighbors to survive and thrive, they need to keep pests and predators away, fight off diseases and also attract the right pollinators and heal themselves from injury. These volatile aromatic components are key in serving these functions and have developed over the course of each different plants' evolution. It's also why they are referred to as "essential oils". Essential oils are expressed, distilled and extracted from flowers, seeds, roots, leaves, fruit rinds and other plant material into these fragrant natural oils. These oils have been used for centuries in cooking, body and health care. Essential oils are said to contain the vital "life-force" of the plants.

These oils also contain components that have been found to be beneficial and pleasing to humans. Where once Aromatherapy was considered to be 'fringe', it has now become a part of complementary therapy and has been incorporated into mainstream uses by healthcare practitioners in clinics and hospitals.

The heart of rareESSENCE

From humble beginnings, rareESSENCE was born as a collaboration between its' founders, Sherri Jobelius and Brian Paulsen. Sherri's experience in managing one of the country's first "natural" stores grew into a passion for essential oils. She was intrigued by how Lavender soothed a burn, Rosemary gave luster to her hair and Eucalyptus cleared a stuffy head. She dreamed of one day creating products and sharing the amazing benefits of these essential oils.

In 1996, Sherri and Brian Paulsen met, fell in love and began to collaborate on essential oil products. They shared a love of people, the natural world, healthy food, environmental sustainability and a commitment to create an enterprise that would encompass these elements. Together they resolved that they would make it their mission to create only pure, healthy products utilizing pure essential oils - free from harmful synthetic chemicals and rareESSENCE was inspired. Today, Sherri still guides this mission alongside Brian who shares in her passion for the beauty and alchemy of nature.

PAREESSENCE

PEPPERMINT

rareESSENCE

Pure and potent. Backed by science.

rareESSENCE essential oils are subject to stringent, advanced-scientific testing by our Essential Oil Chemist to verify their superior quality, potency and purity. They are also "smell tested" by our Certified Aromatherapists to provide the ultimate aromatic experience. This testing and evaluation includes; GC - MS (Gas Chromatography and Mass Spectrometry) Analysis, Specific Gravity, Refractive Index, Optical Rotation, Relative Density and Solubility.

GC - **Gas Chromatography** analysis measures the individual chemical constituents in an essential oil sample to confirm that they are representative of what that particular essential oil should actually contain.

MS or Mass Spectrometry immediately follows GC testing and analyzes all the chemical constituents to determine whether any adulterants including synthetic components, diluents, pesticides and heavy metals are present. If the sample fails any part of the test, the oil is rejected.

After the sample passes the scientific analysis, the final test is the **Odor Evaluation** conducted by our Certified Aromatherapists. Through years of experience, our experts can determine if the oil meets our uncompromising standards. Only the finest oils become rareESSENCE Essential Oils and make it into our products.

> While scientific testing is critical to ensuring quality and potency, it is the relationships we've developed over the past twenty years with growers and distillers that eliminates intermediary handling of the oils, where adulteration could occur. We are proud to support these dedicated farmers, harvesters and distillers all over the world.

Each package features the **Country of Origin** and botanical species of the plant from which the oil was made. If an essential oil does not provide that information, you may be getting an oil that is adulterated or blended from many oils or not even from the actual plant you thought.

rareESSENCE is committed to providing essential oils that are pure and potent. Many essential oils that are sold today contain fillers that may compromise the potency and effectiveness. We stand behind every oil that we source and guarantee your complete satisfaction.

The Distillation Process

The distillation process is an all-encompassing term for separating the essential oil of a plant from the plant material. Different types of plants are distilled in various ways depending upon the best method to achieve the end result.

Distillation can take place at or near the point of the harvest, or in some cases, the plant material is transported to a location that is more convenient to distill or where the process can be better controlled. Rose oil is most often distilled near the fields where the harvest takes place so that only the freshest roses are used. This particular distillation must take place within 24 hours of harvest before the roses begin to ferment. Frankincense, on the other hand, is gathered in places like Somalia, and then we have it transported to France where distillation takes place under tightly controlled conditions.

It typically requires a large amount of plant material to extract even a small amount



of oil, and different plants yield different amounts. It takes approximately 60 roses to produce a single drop of Rose oil. This factor, along with the amount of a certain plant grown and harvested each year, accounts for the range of pricing for oils. Crop yields vary from year to year and this can cause oil prices to fluctuate, as well. Other factors that are at play include the species of plant, growing conditions, time of harvest and the skill of the distiller. Because these are extracts from plants, the natural plant cycles and weather conditions have a great impact on the quality of oil produced. Often times, producing essential oils are compared to making wine, in that the quality of the grapes in a particular year and region affects the quality of the wine. Of course, this is also combined with the expertise of the winemaker. Certain essential oil distillers are known for their skill in making a great oil.

Water and Steam Distillation is a very old process that has largely remained unchanged for millennia. Stills have been discovered that are over a thousand years old in Arab countries, where the process is thought to originate. Although one can distill oils using a simple still in the backyard, modern distillation methods allow for more precise control of the process, ensuring higher quality oils. However, the actual process has remained largely unchanged. A liquid or solid material is heated into a vapor, then forced through plant material and subsequently cooled down to separate the oils from the vapor that returns to liquid. The liquid that is a by-product is known as a "hydrosol".

Expression is used for citrus oils, where the essential oils are contained in the rind of the fruit. By using different means of expression, the oils can be



removed from the fruit without the use of any heat. Some essential oils are degraded by heating them, so expression leaves the oils largely intact. Expression is done by breaking the small pockets of oil-filled cells in the rinds known as "flavedo". These cells are punctured or grated to allow the oils to be released.

Hypercritical CO2 extraction is one of the most recently developed processes and uses liquefied CO2 as the "solvent" to extract the oils. This takes place at very low temperatures and very high pressure. Because there is no heat and the CO2 is inert, there is no degradation of the oils in the process, and the extraction of the oils is almost instantaneous once CO2 and the plant material come into contact. The CO2 is then removed as an inert gas, simply by lowering the pressure. This process leaves more of the various components in an oil intact, and distillers are finding ways to produce oils rich in constituents that was often lost in traditional steam distillation.

Essential Oil Safety



Safety is one of the fundamental principles of the use of essential oils by aromatherapists and individuals. Although essential oils are derived from natural plant sources, it is still important to understand that these are extremely concentrated extracts.

Essential oils are easily absorbed into the skin and do not act like a typical fatty oil, such as olive oil. It is the ability of these oils to cross the skin barrier so readily that makes them so useful, and also why they should be respected and handled with care and some precautions.

Safety guidelines and precautions: Keep essential oils out of the reach of children and pets. Essential oils are readily absorbed into the skin and should not be put in or near the eyes, nose or other mucous membranes. Wash your hands thoroughly after handling essential oils. A small amount of an oil could be irritating if some is left on your fingers and you subsequently touch your eye, nose or mouth. If you did get any essential oil in your eye, immediately wash your eye with cold water for 2-5 minutes under a faucet. If the irritation continues, see a doctor or urgent care facility. If you have known allergies or very sensitive skin, you should "patch test" a small area of skin using the same dilution that you plan to use before applying to a larger area. If you are pregnant, nursing or taking medication you should check to make sure that the oil you are using is safe for your condition. If in doubt, do not use an oil until you are sure it is safe for you to do so.

Consult the dilution guide when using essential oils. It is better to start with less oil than more. If a particular application has a frequency of application or dosage, follow those directions. In general, increasing frequency or the number of drops does not improve the intended result.

A word about ingesting essential oils: There are a few companies selling essential oils that advocate ingesting or taking oils internally by mouth. At rareESSENCE, we do not recommend taking oils internally. While our essential oils are of the highest quality that an experienced user could ingest under the close care of healthcare practitioner, we have taken a strong stance against them being used with this method.

Some essential oils could be toxic if ingested, as they tend to accumulate in the liver. If you accidentally ingest any oil, please contact a Poison Control Center or an Urgent Care or Emergency Room for advice or treatment. Most people can experience all of the benefits of essential oils through topical application like a massage, compress, inhalation, diffuser, or a bath.



Dilution Guidelines

Essential oils are potent and require care in use. Generally, essential oils should not be applied "neat" or undiluted to the skin since this can potentially cause a severe reaction or sensitization. When applying essential oils to the skin, it's important to dilute them in carrier oils such as jojoba or coconut oil. Keep in mind, when using essential oils, less is usually better. We highly recommend consulting your healthcare practitioner when using essential oils during pregnancy when taking medication or for children and infants under two years of age.

***Please note:** Not all essential oils are safe for children. Consult a certified aromatherapist or healthcare practitioner.



Dilution Guidelines

Essential oils are potent and require care in use. Generally, essential oils should not be applied "neat" or undiluted to the skin since this can potentially cause a severe reaction or sensitization. When applying essential oils to the skin, it's important to dilute them in carrier oils such as jojoba or coconut oil. Keep in mind, when using essential oils, less is usually better.

We highly recommend consulting your healthcare practitioner when using essential oils during pregnancy when taking medication or for children and infants under two years of age.

For children under 12* :

0.25 - 0.5% dilution = 1-3 drops of essential oil per ounce of carrier

For adults and children 12 and over :

1% dilution = 6 drops of essential oil per ounce of carrier 2% dilution = 12 drops of essential oil per ounce of carrier

3% dilution = 20 drops of essential oil per ounce of carrier 5% dilution = 30 drops of essential oil per ounce of carrier

*Please note: Not all essential oils are safe for children. Consult a certified aromatherapist or healthcare practitioner.

Frequently Asked Questions...

What benefits do essential oils have?

When used properly with care, essential oils can help to induce relaxation, increase energy and focus, and reduce the effects of stress, along with many other physiological and emotional benefits. In addition, scientists have discovered that these concentrated plant extracts may have other beneficial properties including anti-fungal, antibacterial, and even anti-septic qualities. They also may have anti-spasmodic, expectorant, anti-inflammatory and carminative properties. Each oil's chemical makeup is unique and provides different therapeutic benefits.

How do I use essential oils?

There are many uses for essential oils, including use in natural cleaning products, unscented lotions or massage oils, electronic essential oil diffusers, baths or showers, or topically when blended with a carrier oil. Each bottle of essential oil that we sell comes with an insert explaining the best uses for the specific oil and recipe ideas, along with any contraindications.

What is the difference between "Certified Organic" and "Wild-crafted" oils?

Organic Certification is a verification process that our essential oil growers and distillers go through to ensure all Organic standards are met through the full practice of producing the essential oils. This means that there are absolutely no adulterants or pesticides found in any part of the plant growing and distillation process, and the plant material has been grown and farmed organically. Each organic farm must be certified annually. Wild-crafted oils are sourced from plants that grow in the wild - these plants don't need pesticides or fertilizers, and thus they are naturally organic. Our Rosemary oil from Tunisia is a good example of a wild-crafted plant and the resulting essential oil.

How many drops are in each bottle? How long do they last?

There are about 225-250 drops of oil in each 5 ml bottle of essential oil. In general, if stored in the amber bottles and not exposed to high heat, the oils can last at least 2 years or even longer. Citrus oils tend to not last as long as other oils. A few oils like Vetiver and Patchouli can actually improve with age. The lifespan depends on how often and how much is used, but the expiration dates depend on each essential oil - these are listed on each bottle.

How should essential oils be stored?

Essential oils should be stored in a cool, dark place such as a cabinet or closet. Our dark amber bottles help to keep light out and extend the lifespan of the oils.

Are essential oils safe for use during pregnancy?

While essential oils have many aromatherapeutic benefits, we prefer to err on the side of caution when recommending use to women who may be pregnant or nursing. We recommend a dilution of 1% or less for any topical applications including massage during pregnancy or nursing. Some experts say that you should avoid essential oils for the first trimester. For a detailed guide consult the "Pregnancy Guidelines" of the International Federation of Professional Aromatherapy.

See link here: https://naha.org/assets/uploads/PregnancyGuidelines-Oct11.pdf

Frequently Asked Questions continued...

What is therapeutic grade oil? Why aren't your oils listed as therapeutic grade?

This is a marketing term fabricated by multi-level marketing companies, and is not recognized by any national governing regulatory organization. The most respected authority on aromatherapy, the National Association of Holistic Aromatherapy (NAHA), has clearly stated that no such "grading" of oils exists. The sourcing relationships that we have at rareESSENCE with our growers and distillers around the world ensure that we know exactly where each oil comes from and that we have full traceability for each essential oil. This allows us to offer an incredibly pure, high-quality selection of organic and wild-crafted essential oils. We verify quality with 3rd party scientific testing.

Can I ingest essential oils or use them in cooking?

While all of our essential oils are of the highest quality and purity, we always recommend that ingesting essential oils ONLY be done under the advice of a health care professional. Essential oils are extremely potent, and can be toxic if ingested improperly. When using essential oils in recipes for cooking, remember that these are extremely concentrated plant extracts and a little goes a very long way. Start with a drop or less and then add more if desired.

What is photosensitivity or phototoxicity and what oils cause it?

This is a chemically-induced skin irritation, similar to a sunburn that can be caused by certain essential oils used on the skin and then exposed to sunlight or other ultra violet light. In general, cold-pressed citrus oils present the most risk for photosensitivity due to the presence of Furocoumarin or bergaptene, a naturally occurring constituent. The oil with the greatest risk photosensitivity in our line is Bergamot, while Grapefruit, Sweet Orange and Lemon have a mild risk. The "Lime Distilled" in our line is rated "very low" for photosensitivity. Mandarin presents no risk.

Are essential oils safe to use on my pet?

Many pets can be sensitive to essential oils, so we suggest practicing extreme caution - never spray or use essential oils directly on your pet. Consult your veterinarian about using essential oils in a pet-friendly household with an electronic diffuser or room mist. It is best to use the essential oils in a room before the animal enters so that there is time for the scent to dissipate slightly. Never let your pet ingest oils, as they can be especially toxic to their smaller bodies and organs.

Each year, we give back to the community by contributing to environmental and humanitarian causes.

Visit our website for more information.









RENCE







 \cap



Lovingly Made in USA

rareESSENCE, LLC Minneapolis, MN 55344 USA P: 952-923-1015 www.rareESSENCEaromatherapy.com orders@rareESSENCEaromatherapy.com



Be Kind to the Earth Please Reuse and Recycle 07-00005 1712