



Jr. Raider Cheer: Code of Conduct and Expectations

- Maintain a positive attitude and be a team player. Respect team members, coaches and each other. We are one team!
- **Be committed.** The entire squad suffers when someone is absent.
- Always be on time and ready to begin, dressed in the designated practice/game wear.
- You represent the Jr. Raider Cheer Program. It is imperative that positive behavior be on display at all times, including how you present yourself at games, practices, school and on social media.

Requirements:

- All spring and summer practices/meetings are *strongly encouraged*. Please attend all practices if you are in town.
- All practices and games become **mandatory** beginning with summer camp in July. No other practices or activities may conflict with cheerleading practice.
- All Jr. Raider Special Events are mandatory.
- If you are unable to attend a practice/game due to illness or emergency, notify your team manager prior to practice. Communication through another cheerleader is not acceptable.
- Dress in designated practice/game wear. Practice/Game wear consists of the designated uniform, practice shirts, shorts, cheer shoes, ponytail. Do not alter practice/game wear in any way.
- To be counted as attending, you must participate in all facets of practices/games.
- No jewelry may be worn at any time for practices or games, including stud earrings. No chewing gum. No cell phone use. No eating during practices or games (i.e., not on the sideline during games, unless provided by Jr. Raider Staff).

I hereby pledge to be a positive cheerleader, ambassador for the school and a good role model for the Jr. Raider Cheer Program.

I understand all the expectations and requirements, and I am committed to making the program a positive experience for my teammates and myself.

Print Cheerleader Name

Date

Cheerleader Signature

Parent Signature