



## MELINDA J. KELLY

### Are you a “coach resister?”

You're afraid to invest the money? Don't want to give up control to someone else? Think you know better and if you tough it out, it will get better? You've tried and it didn't work, so you won't give it another shot?

Until, maybe, the hammer comes down! Your business hits rock bottom, your partner leaves you, your health deserts you, you're so miserable you're loading up on anti-depressants?

That's usually when someone gets desperate enough to hire a coach. But Melinda J. Kelly says it's a mistake to wait that long when there are so many ways for you to thrive and succeed NOW with a coach that's right for you.

### MELINDA'S MOST POPULAR MEDIA TOPICS

- ✓ **Hiring a Coach** - There's more to it than just hiring a coach...you have to be ready, willing and have the right mindset to make the relationship succeed...
- ✓ **Going Within** - *Topic description* How you can go deeply within to prepare yourself for a coaching relationship that will take you far beyond what you can do on your own.

**Value add for the audience** - Melinda addresses:


- The 7 questions to ask yourself when you start working with a coach
- The 7 questions to ask yourself about how you learn
- The 4 questions to ask yourself as you embark on your new course

### PRAISE FROM KIRKUS REVIEWS

“A highly personal motivational manual focuses on life coaches”

“The author knows that these and other key fundamental questions beset her readers, and she offers a wide range of thoughts on the kinds of coaches people might consult in order to help them navigate the complicated field of possible answers. ... In clearly written short chapters, she helps readers assess not only the nature of their problems.”

### CONTACT

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