



Saturday January 18th, 2020

The times listed are when open stretch begins

Session 1 **10:30 AM- All Non Sanctioned Levels**

Session 2 **12:30 PM- Level 2 and Level 5- All Gyms**

Session 3 **3:15 PM- Level 3- All Gyms**

Session 4 **5:30 PM- Level 4- All Gyms**

Sunday January 19th, 2020

The times listed are when open stretch begins

Session 5 **9:00 AM- Xcel Gold-** All Ranks, Dream Big, Envy, New Generation, Olympia, Sport Kids, South County Movement Center, Southern New Hampshire, Thames Valley

Session 6 **11:00 AM- Xcel Platinum-** All Gyms

Session 7 **1:45 PM- Level 8, 9, 10, Xcel Diamond-** All Gyms

Session 8 **4:30 PM- Level 6 and Level 7-** All Gyms

Session 9 **6:45 PM- Xcel Gold-** ABC, Granite State, Gym Hutt, Gymstreet, Josiah Willard Hayden Rec Center, McKeon, Seacoast, Southington YMCA, Tri-Star

Monday January 20th, 2020

The times listed are when open stretch begins

Session 10 **9:00 AM- Xcel Bronze-** ABC, Dream Big, Envy, Granite State

Session 11 **11:00 AM- Xcel Bronze-** All Ranks, Flach, Gym Hutt, Gymstreet, Josiah Willard Hayden Rec Center, McKeon, Olympia, Southington YMCA, Sport Kids, Tri-Star

Session 12 **1:00 PM- Xcel Silver-** All Ranks, Dream Big, Flach, Gym Hutt, Josiah Willard Hayden Rec Center, McKeon, Olympia, Seacoast, South County Movement Center, Southington YMCA, Sport Kids, Tri-Star

Session 13 **3:15 PM- Xcel Silver-** ABC, Envy, Granite State, Gymstreet, New Generation, Thames Valley