

PICKERINGTON SENIOR CENTER

JULY 2017

NEWSLETTER

614-837-3020

CENTER DIRECTOR:
NANCY LEE

OFFICE SPECIALIST:
DEANA DILLON

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HOURS: MON-THURS 8:30AM-4:30PM

FRI-8:30AM-2:30PM

WEB PAGE: <http://pickerington.seniorcenter.org>

EMAIL: pickcenter@violet.oh.us

JULY 4TH CELEBRATION

**Co-Sponsored by the City of Pickerington and
Violet Township**

Take the family for an evening to enjoy the parade,
rides, food, live music and the fireworks display!

4:00pm: Park Opens

6:00pm: July 4th Parade

7:30pm: Opening Ceremonies

8:00-10:00pm: Red Hot Rhythm Review

10:00pm: Fireworks

Parade applications available online at
www.pickerington.net. Parade entry is free, but
registration is required.

LIBERTY BELL

On July 4th the Liberty Bell in Philadelphia will be
symbolically tapped 13 times at 2:00pm EDT. This
ceremony, honoring the Declaration of
Independence, is a long standing tradition in the
city, "Let Freedom Ring" National Bell Ringing
Ceremony is observed by people all over the U.S.
and Churches around the nation ring their church
chimes for 10 minutes.

LOCAL PARADES & FIRE WORKS

CANAL WINCHESTER-No Parade or Fireworks

GROVEPORT-Independence Day Parade 11am.

Parade starts at the Groveport Recreation Center.
Noon-4:30pm -Kids games, activities, Inflatable's &
Bounce House. Music on stage to include Guitarist
Larry Carter, 5:00-7:00pm; Rider Band 7:45; Agent
99 and Fireworks at dusk.

LANCASTER- Parade from 10am-12:30pm and
Fireworks at 10pm, After the parade the
fairgrounds is alive with rides, concessions,
entertainment, Crafting Show starts at 1pm and an
Annual Hot Dog eating contest in the afternoon in
front of the midway stage.

REYNOLDSBURG-July 3rd at 6pm at Civic Park,
Carnival Games, Food trucks, Live entertainment
and Fireworks will start at 9:45pm

COFFEE CLUB

Raymond James will be back on Friday, September
1st at 9:30am.



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TITLE BOXING

THURSDAY, JUNE 29TH, JULY 13TH & 27

Marie Manzo from Title Boxing will be here from 9:00-9:45am. Sessions are around the Rock Steady Boxing curriculum that increases the neuroplasticity of the brain aka help produce healthy brain cells. The exercises are designed to improve quality of life, have fun, and get results all at the same time. The **cost is \$5.00 per class**, if you join the class she will supply Boxing kit that includes bag and gloves.

CHAIR MASSAGE THERAPY

WEDNESDAY, JULY 5TH & 19TH

FROM 10AM-12:30PM

I had my first massage this week, she is very good. Chair massage is a great way to get relief from tired and sore muscles, headaches, improve shoulder range of motion and increase relaxation, all while remaining fully clothed. Sign-up sheet is available. The cost is \$15.00 for a 10 minute slot, or sign up for (2) slots (20 minutes) for only \$28.00. Chair massage is a comfortable and accessible way to increase your health. Massage has been proven to boost the immune system and decrease pain.

WEDNESDAY LUNCHEON – JULY 5TH

Luncheon is at 11:30 a.m. Cost is \$6.00 per person.

MENU:

Grilled Chicken,
Cheesy Potatoes
Broccoli Raisin Salad,
Fruit Salad, Strawberries w/Shortcake, Coffee &
Iced Tea

No tickets sold after June 30.

LIFE LINE SCREENING

THURSDAY, JULY 6TH

Package 1 - Plague, Vascular Disease and Heart Rhythm Package – 4 tests for only \$139.00
Package 2 - Add an Osteoporosis Screening for only \$10.00 more . Call 1-888-653-6450.

INDEPENDENCE DAY LUNCHEON

TUESDAY, JULY 18th

The luncheon starts at noon. Please bring the following: A-G a vegetable, H-M a salad, N-S a dessert and T-Z a meat. Be sure the covered dish is large enough to share. Bring your own table service. Money donated in the basket on the table will be donated to the Pickerington Food Pantry each month. Thanks to Wesley Ridge for sponsoring the pies and gift cards for the luncheon.



NEW MEMBERS

We welcome the following new members to the senior center and hope they join us for some of our activities; Beverly Bechtel, Evelyn DeLong, Ron Drenner, Ellen Emmert, Ruth Ann Garand, Marge Garry, Arthur Kerney, Richard & Janet Ladd, Tom & Cheryl Legg, Janet Myers, Gloria Ospina, Ken Prince, Judy & Robert Robinson, Mary Ann Showalter, Toni Simmons and John Sisinni.

VOLUNTEER OF THE MONTH

The center would like to honor Jerilynn Heskett as volunteer for the month of July. Jeri is the Treasurer on the Board of Trustees, in charge of the kitchen, helps with the first Wednesday luncheons and monthly luncheons, helps with set up when needed That's just a few of the many things she helps out with. She will receive a \$10.00 gift card to Cracker Barrel. Enjoy your reserved parking space the month of July. Thanks for all your help.

JUST A REMINDER

The parking space in front of the building is for the Volunteer of the month only, please.



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FOOT CARE

THURSDAY, JULY 20 & 27th

Everyday Divinity provides nail and foot care services by State Certified Foot Care Nurse, Heather Wilson, RN. She will be at the center for a foot care clinic from 9:00am-2:00pm. The cost is \$27.00. It includes a 30 minute treatment, complete foot assessment, expertly trim, thin, and file nails. Call 614-837-3020 to sign up.

23rd ANNUAL YOUNG AT HEART

THURSDAY, JULY 20TH

A CELEBRATION OF ADULTS 55+! This year's Young at Heart will be held at Villa Milano, 1630 Schrock Road, Columbus. This great event will run from 9:00am-2:00pm. Entertainment, Exhibitors. Senior of the Year Award Ceremony, and much more. Plenty of parking, free admission



SUMMER MUSIC SERIES

THURSDAY, JULY 27th

It's that time of year again for the Summer Music Series. The second one is the Ice Cream Social Catered by Blue Moon. Buffet starts at 5:30PM Menu: Italian Pasta Bar: Choice of Penne and Cheese Tortellini, choice of three meats (Meat Balls, Grilled Chicken, Italian Sausage,) choice of Marinara or Alfredo Sauce, Steamed Broccoli, Spinach or Tossed Salad, Rolls w/Butter, Assorted Desserts, Coffee and Iced Tea. Willow Creek Band plays from 7:00-9:00PM. Tickets are on sale in the office and the cost is \$8.00 per person. Purchase ticket before Monday, July 24th.



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BINGO TUESDAY, JULY 25th

On the fourth Tuesday of every month they play Bingo!! At noon they have a potluck to include homemade Ice Cream. Bingo starts at 1:00p.m.

WATERCOLOR CLASS IS FREE TO MEMBERS

Join Lois Clark every Monday from 1:00-3:00pm here at the center for adventures in watercolor painting. Lois is a great teacher and no requirements, previous training, or talent, just the desire to express yourself with "Paints and Brushes." The class is free to members. Call Lois at 614-837-0266 for a list of supplies needed.


FARMERS MARKET

This will be the 5th season for the Farmers Market. They are located at the Public Parking Lot, 89 N. Center St. in the Olde Village. Open every Thursday, from 4 -7. The market will run through September 28th. Senior Citizens Appreciation Day is Thursday, June 29th.

THANK YOU


Eileen Dumire made 1000 items to donate to the Knitting for Charity. That's a lot of knitting. I'm sure they will enjoy all her hard work. If you would like to knit some items to donate we have yarn that we can supply you with. Just stop in the office and we will show you where to get it

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FITNESS FIRM - EVERY FRIDAY MORNING- **CLASS IS FREE TO MEMBERS.**

Exercise starts at 9:00a.m. Registration, sign up at 8:30a.m. It is a 45 minute class. It's a total workout; come see the power you've got and make great things happen for your health and well-being. A certified instructor will guide you through a safe and effective workout.

LANCASTER-FAIRFIELD PUBLIC TRANSIT **IMPORTANT INFORMATION**

LFPT provides two Flex Routes in Pickerington & Violet Township which runs an hourly loop Monday, Wednesday & Thursday. To request a pick-up within ¼-mile radius of the listed stops, call 24 hours in advance to notify the scheduler at 740-681-5086, Ohio Relay 800-750-0750.

The fare is only \$.50 for general public or \$.25 for mobility passengers. Transfers: \$0.10 and a monthly Pass is \$30.00.

Remember the bus drops and picks up in front of the center. Exact change required, Drivers are not permitted to make change. Remember to arrive ahead of scheduled depart times.

For more information or to get a route schedule contact the LFPT office at 740-681-5088.

UPCOMING EVENTS

Saturday, August 5th - Free Kids Day - Ages 12 years and under. Carnival Rides, Free Hot Dog for kids under 12, adults will be charged \$1.00 if they would like to purchase a hot dog.

More information will be in the August newsletter.

Thursday, August 24th - Smorgasbord Dinner Buffet
September 20th - Health Fair - Groveport Senior Center

September 23 - Pancake Breakfast

October 2 - Flu Shots

October 12 - Soup Supper and Bingo

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PICKERINGTON PARKS & RECREATION

Friday Night Flicks

Presented by Fairfield Federal

Sycamore Creek Park Amphitheater

Bring a lawn chair or blanket and enjoy the show.

June 30 - (9:05pm) Storks (PG)

July 7 - No Movies

July 14 - (9:00pm) Finding Dory (PG)

July 21 - (8:55pm) the Mighty Ducks (PG)

July 28 - (8:50pm) the Lego Batman (PG)

Sycamore Creek Park Amphitheater

Sundays, 7:00 – 8:30pm

Take a blanket/ lawn chair and enjoy a variety of music throughout the summer

June 25- Buzzard King

July 9 - Mojoflo

July 16 - Chris Logsdon

July 23 - Street Players

July 30 - McCarty Project



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TRIPS

CREATION MUSEUM & NOAH'S ARK

JULY 11-12 – Bus departs at 8am, please check in before 7:45am so we can depart on time to travel to Cincinnati/Northern Kentucky area for a “Tour of Biblical Proportions”. We will spend the first day touring the Creation Museum. The next day you will go on a tour of the Ark Encounter, the largest timber frame structure in the world. There are scores of exhibits about the Flood.

SNOOTY FOX

AUGUST 9 – Join us for the 3rd time as we venture to the Cincinnati area for a shopping adventure full of fun, food and great deals! You will visit 4 upscale clothing and furniture thrift shops and enjoy beverages, danish, snacks, lunch, dessert and wine tasting along the way. Different items at each stop but beverages at all of them. You also receive a 15% discount on your purchases and maybe even 20% some places. Cash and major credit cards are accepted, **no checks!** Cost is \$35.00 due on sign up. Waiting List

LACOMEDIA- BEAUTY AND THE BEAST

August 11 – Belle and the Prince invite you to Be Their Guest and step into an enchanted world as they proudly present Disney's Beauty and the Beast. Join us as we travel to LaComedia Dinner Theatre to see the stage production of the 1991 classic film that has captivated audiences with its magnificent music, beautiful costumes and elaborate sets for years. The cost is \$60.00 per person, due by July 6th.

SOUTH DAKOTA

Pre-Departure Meeting; August 17th @2P.M.

SEPTEMBER 8-14 - HIGHLIGHTS: Mount Rushmore, Crazy Horse Memorial, Black Hills Gold, Needles Highway, Custer State Park, Pine Ridge, Badlands National Park, Wall Drug, Deadwood, and Spearfish. Cost: Double: \$2,399, Single: \$2,949, Triple: \$2,369. Insurance \$240.00.

THREE NEW TRIPS

WHEELING ISLAND

September 20-21-This two day one night trip includes; transportation and hotel accommodations along with \$25.00 free play each day and vouchers for the breakfast and dinner buffets. The cost is \$109.00 per person double occupancy due by August 10th. Sign up starts on Monday, July 3rd.

HOLMES COUNTY, AMISH COUNTRY

October 4 – This trip to the beautiful Amishlands includes; a family style lunch at the Der Dutchman, a back roads tour with a couple of stops along the way, a visit to a bakery/farm market and a cheese shop, a wagon ride at the Farm at Walnut Creek where you have the chance to feed animals from all around the world. We have a local guide with is the entire day. Sign up starts on July 3rd. The cost is \$72.00 per person.

CHRISTMAS IN NASHVILLE

FEATURING THE OPRYLAND HOTEL

November 14-17- Join us for an early taste of Country Christmas in Nashville where our home for three days is at the Opryland Hotel! A Country dinner featuring the Diamond Rio Band at the Wild Horse Salon, Falcon Rest Dinner & Show, the “Ice” exhibit with theme sculptures, guided tour of Nashville, including the Upper Room Chapel, the Ryman Auditorium and RCA Studios. Enjoy a ride on the Delta River Flatboat inside the Opryland Resort. You will receive a Marriott Gift Card (to be used towards a dinner.) Sign up starts on Monday, July 3rd. Cost is \$719.00 with a deposit of \$200.00 due on sign up

Remember when you go on a trip please park along the side or in the back of the building. Please arrive at least 15 minutes before departure time.

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May Your Birthday Be Just The Beginning Of A Year Filled With Happy Memories.

(2)Carol Ackerman (3)Toni Simmons,
Lawrence Clinger (4)JoAnn Bainter, Warren
Meisner (5)Tony Mosca, Debbie Howdyshell
(6)Charles Zurhorst, Jean Elhard, John
Bockey (8)Barb Taylor, Rose Karoly
(9)Barbara Douglas (10)Judy Washington,
Sharon Coil, Rose Pearce, Joe Koebel, Jack
Kuhn, Gerald Yeager (11)Cynthia Wilamosky
(12)Wanda Stout, Nicki Scheffler, Nancy
Jordan (13)Mary Barton, Bill Strawn, Linda
Stacy (15)Jerry Stiles (16)Mike Shanesy
(17)Lester McGrath, Frances Jolley
(18)Nadine Stack, Ben Corbin, Bill Witten,
Marge Wolyerton (19)Susan Ulrich, Terri
Joos, Suellen Goldsberry (20)Mary Hatfield,
Kathleen Smith (21)Barbara Dodson, Carole
Bockey, Jeff Lee (22)Irene Barrett (23)Clara
Huff, Alyce Giles (24)Brenda George, Ronald
Wolfinger, Marjorie Blackburn (25)Susan
Strup, Janet Compton, Mary Ann Macioce,
Bob LeMaster, Donna Perry (26)Jerry Berry,
Patsy Gardner (27)Sonnie Stewart, Craig
Franks (28)Julie Garretson, Jeanne Dawson,
Linda DeLaney, Donna Harter (29)Carol
Vaughn, Imogene Morbitzer, Larry Frazee,
Skip Rings, William Castle (31)Jan Knauff,
Joyce Dawson

PART TIME SUMMER OFFICE HELP

Stop in the office and introduce yourself to
Kadie Compton. She will be helping throughout the
summer months. Kadie is a teacher's Aide at
Licking Heights West during the school year.

KITCHEN VOLUNTEERS

If you are on prep or clean up for the monthly
luncheons and are unable to make it please let me
know. And thank you for all your help.

MEMBERS IN SORROW:

Peggy Kose's husband, Paul
Peter Bush's sister, Mary
Ester Eades

MEMBERS KNOWN ILL:

Bunny Rickenbacker-blood clot, doing better
Ted Hackworth-pace maker
Sara Jackson-knee replacement
Imogene Morbitzer-fell, doing better
Rita Cruse-fell, leg surgery
MaryAnn Yahnke-heart, doing better & back at
Brookdale
Leona Boster-III, doing better
Charlotte Akers-Back surgery on 6-27

THANK YOU:

Thanks to Irene Katsares, Sheryl Donaldson and
Jeanne Carroll for all your help the past couple of
months prepping for the monthly luncheon while
we were short of help. You ladies are a blessing
and I appreciate all of you.

Have A Happy and Safe 4th^{Of} July

