

Lake Forest News



Volume 62

March 2018

NO. 03

From the Office of the President

With spring just days away, now would be a great time to do a little upkeep. For those who live on the lake, if you could remove any debris hanging around the shoreline it would be greatly appreciated. Please remember that blowing leaves into the lake is not permitted. We would like to remind homeowners with lake front property about the impact of fertilizer that is applied. Commercial fertilizers have been linked to negative impacts on plant and animal life, to include humans. Fertilizers negatively affect lake life by contributing to algae blooms and depletion of oxygen, lack of oxygen to fish and possible toxic algae.

We will soon be scheduling our annual cleanup for both the club and the beach so watch for the dates. Please check out our "LFA Honey-Do List"; if there is anything on there that you'd be willing to lend a hand with just let us know, it would be greatly appreciated! At the close of the last season it was noted that there are numerous docks in need of repair. For anyone wishing to construct a new dock, plans must be submitted to the Board of Directors for approval. Docks can be no larger than 4 feet out from your property and 12 feet across. The Dock Committee will be out on the water soon to assess any current docks that need to be addressed (for size and repair). As a reminder, we will be lowering the lake this year so that those who need to repair walls or docks can do so. The lake lowering will begin around Labor day so plan accordingly; the next lowering of the lake will not take place until 2021.

We are looking to place the docks by April for those who would like to get an early jump on fishing. For those who will be stowing a boat, canoe or kayak at the boat dock area will need to contact Matt Cohen, Boat Warden, ahead of time. Dues must be paid, 2018 boat stickers on watercraft and dock storage agreement signed before your watercraft can be placed at the dock or rack. 2018 boat stickers will be mailed soon, please do not lose them. The only watercraft that does NOT need a sticker is a paddleboard. Anyone on the lake without stickers will be asked to leave, no exceptions.

Annual dues are now payable, please refer to the by-laws for late fees if applicable. All dues paid by April 4th will be considered paid on time. Any dues after this date will be subject to a late fee.

At the March General meeting (3/7/2018—7:30 p.m.) we will be voting on the General Rules Revision. Please make every effort to attend. All general meetings are held on the first Wednesday of each month. This is where we discuss matters which need to be voted on by members. It is also a great time to see your neighbors and get involved.

Don't forget, Daylight Savings Time is March 11th at 2:00 a.m., remember to spring ahead!

As always should you have any questions or concerns, please do not hesitate to contact me at SueLesko@att.net or 203-685-5823.

Sue Lesko, President.



March

March 7th: General Meeting, 7:30p.m.

April

April 4th: General Meeting, 7:30p.m.

The Lake Forest Clubhouse is open for rentals. It's a great place to party, have a meeting or conduct a seminar. Call 203-371-7671 for information. Tell your friends; we're open for business!

Lake Forest Association members receive a \$100 discount on rentals.

The Boat Warden's Corner

The boat dock area will be opened on April 14th, 2018.

A limited number of boat spaces are available along the wall before the docks are placed.

Boats may not be brought onto the property without current boat stickers and a signed, returned L.F.A. docking agreement.

If you would like to bring a boat to the lake, please call me at 203.243.3219. I will be available to open the gate Saturdays and Sundays between the hours of 10 A.M. and 3P.M.

Thanks!
-Matthew Cohen



From the Editor

Community gardens; good for Lake Forest, good for Bridgeport!

Beginning community gardens in our shared space would offer a number of benefits. We could coordinate group efforts to beautify the area around the Club House with flowers and landscaping but also make use of beach 2 which goes woefully under-utilized. Beach 2, with the addition of raised garden beds would be a great opportunity to grow a communal vegetable garden for those without space to cultivate on their own yards and also afford the chance to grow fresh produce that can contribute to local food pantries. Planting season is rapidly approaching. If you are interested in helping establish community gardens in Lake Forest, please contact Jesse Kohut at jessekohut@gmail.com.



Cutest Pets of Lake rest!

Think you've got the bestest kitty? 13/10 good doggo? No matter the species, if you think your beloved critter has the most boop-able snout in all of Lake Forest, send us a picture, with their name and breed so they can have their rightful 15 minutes (month) of fame! Send all submissions to lakeforestassociation@gmail.com by the 21st day of each month to see your fur-baby in our newsletter!

Introducing Logan and Layla, family of Glorimar Texiera!



Winter animal care

As the colder months approach, animals still need our care. Our furry neighbors feel the cold as deeply as we do. Consider leaving bird seed and please visit this URL to learn how to make inexpensive, insulated shelters for feral cats to help protect them from the elements: <http://alleycatadvocates.org/communitycat-care-center/creating-winter-shelters/> Please do not use cloth in your shelters as it will freeze when wet and will not help keep animals warm.

Beach and Dock Fobs Update

If you have a beach fob from last year you'll use that again this year. Once your dues are paid the fob will be activated. If you have lost your fob or need a replacement fob, the fee is \$25 to cover the cost of the new fob.

**From the Kitchen of Betsey Meyer
March 2017**

Colcannon Potatoes and Cabbage

With St. Patrick's Day on our horizon, we thought to share a traditional Irish dish! Colcannon, from the Gaelic word ceann-fhionn, which means white-headed cabbage, is a common side dish though is historically associated with Halloween related cuisine. This dish, however, is delicious year round!

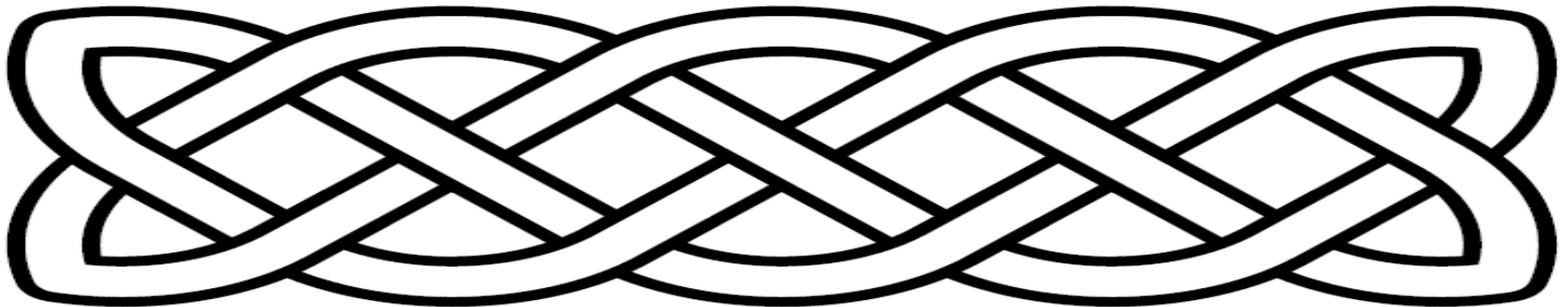
Ingredients:

- 5 large potatoes
- 1 head cabbage (chopped)
- 3 leeks (sliced)
- 1 cup unsweetened soy milk
- Optional: 1/4 teaspoon nutmeg
- salt to taste
- black pepper to taste

Steps:

1. Place potatoes in a large pot and add enough water to cover the potatoes. Bring to a boil and cook for at least 20 minutes, or until potatoes are tender.
2. In a separate pot, boil the cabbage in water for 15 minutes. Drain and set aside.
3. In another pot or skillet, cook leeks in soy milk until tender, about 15 minutes.
4. When potatoes are done cooking, mash them together with leeks, soy milk, nutmeg, salt and pepper.
5. Add cabbage and stir to combine.
6. Add more salt and pepper to taste and enjoy!

(recipe found at TheSpruce.com)



Membership dues for 2018 are currently being accepted. Dues are payable no later than April 4, 2018. Per the By-laws, any payment not received by the 1st meeting in April (4/4/2018) is considered late and a late fee of 15% will automatically be added, there will be no exceptions. In recent years, the late fee has been erroneously accepted in the amount of \$10 whereas the By-laws clearly state 15% (Article 2, Section 3). In addition, any boats that have not been paid for in 2017 will be payable with your 2018 dues. Any Charter Member failing to pay boat fees will be considered not in good standing and are in jeopardy of losing their Charter Membership. Boat fees remain at \$5 per boat (all watercraft with the exception of paddleboards). Anyone paying to register a boat may include the boat fee with their membership dues. Please specify how many boats when submitting payment. Boat stickers will be mailed by the Boat Warden by April 4th or within 48 hours of receipt of dues. Boat stickers will not be available for pick up.

In addition, for those members celebrating their 50th year or more of membership, you are eligible for a Lifetime Membership which carries no fee! Also, for members in good standing of ten consecutive years, a Charter Membership (provides members with a share of ownership in the association) available for no additional fee! By-Laws are available on line at LakeForestAssociation.com for more information on memberships fees. For fee schedule please refer to the 2018 Invoice. Dues can be sent to:

Meaghan Monahan
LFA – Membership Secretary
5 Pinepoint Drive
Bridgeport, CT 06606

**Next General meeting of the Lake Forest Association
April 4th, 7:30pm, at the Clubhouse**

Below are the dates for the upcoming events and meetings in 2018. Please keep this schedule posted so you can attend as many meetings as possible. It takes a village to run the Lake Forest Association and we need your help to make it work for everyone. Please join us at meetings and events and show your support.

Jan 3rd: General Meeting, 7:300

Jan 15th: MLK Day

Jan 17th: BOD meeting, 730p

Feb 7th: BOD Installation Potluck 6:30 pm

Feb 7th: General Meeting, 7:30p

Feb 22nd: BOD Meeting, 7:30p

March 7th: General Meeting, 7:30p

March 30th: Good Friday

April 1st: Easter

April 1st: April fools

April 4th: General Meeting, 7:30p

April 8th: Orthodox Easter

May 2nd: General Meeting, 7:30p

This Month In History March 24th, 2018

For all there is to love about studying our past, there is something truly remarkable about witnessing history as it unfolds before you. Doubly so, in this instance.

Arising out of the heartbreaking loss of 17 students and faculty on February 14th, 2018 at Marjory Stoneman Douglas High School, what can only be described as a youth-led uprising has gained incredible momentum in a few weeks. Since that tragic day, students have stepped forward, seized the microphone, confronted and challenged leaders, demanded change and are directing the national conversation.

In a matter of days, these inspiring young people have staged walkouts, vigils and other forms of local protest and set their sights nationally. A national day of protest, including a march on Washington; March For Our Lives has been organized with millions of dollars raised. It will take place on March 24th, 2018, with satellite rallies and marches planned in cities across the United States.

The youth of America have made it very clear that they will be heard, that they will create needed change, and they have no intention of backing down. This tidal wave of energy will assuredly have a long lasting impact on policy, our national culture and history. And we have the opportunity to support them.

In Connecticut, a rally will be held at the State Capital (210 Capitol Avenue, Hartford, 06106) at 12:30 p.m. with other locations and events presently being organized around the state. March, donate, call elected officials, tell a friend to do the same.

And take a moment to stand in admiration and appreciation of the courage and initiative of our students. Out of such a horrible tragedy, they are showing us hope, and the way. Let's support them while they make history.

Notices and Updates!

ANIMAL CARE DRIVE: DONATIONS NEEDED

Nutmeg Clinic, located at 25 Charles Street, Stratford is accepting new or gently used items such as animal toys, beds, carriers, dog crates and more. Items collected will be redistributed to pets in need throughout the community! Items can be brought to Nutmeg Clinic Monday through Thursday from 4:45-5:30 p.m., or you can contact them at info@nutmegclinic.org to arrange an alternate drop off time.

NOTICE

We are slated to lower the lake at the end of the summer season. If you are a lake front property owner and need to do any repair work to your walls now is the time to start making plans to do so. After the valve is closed the lake will not be lowered for another 3 years (2021). We will be putting this notice in every newsletter from now until September, please plan accordingly.

Winter alerts!

Please ensure fire hydrants near your property are free of snow. This saves the fire department precious time in the event of an emergency.

Please beware of ice on the lake! Just because you can see ice does not mean the ice is safe to be on!

Have a birthday or special occasion coming up which you would like to have featured in the LFA newsletter? Please send all announcements to lakeforestassociation@gmail.com by the 21st day of each month ensure your special day can be included in the coming issue!

Happy
St. Patrick's
Day

