



Hello Everyone :)

My name is David and I am a gymnastics coach at our North location. I have been coaching here since the summer of 2017 and have fallen in love with this job ever since. I was born in Laredo, Texas and I lived there my whole life until I got accepted into UT and focused on studying biochemistry.

Working here has impacted my life so much that I decided to change myself to become a person that is more positive, driven, and healthier. I even joined the UT gymnastics club so that I could learn more about this sport that I now love so much!

I have been told that I should strive to get a job at a place that I am excited to work for, a field I have a passion for, and I think I have found my place here at Jump! Gymnastics.

I believe that communication and effort is the most important aspect in your child's growth as a gymnast. As a coach, I try to talk with both parents and students about what can be done outside of class to help improve skills and gymnastic form. I like to assign homework or some drills to focus on at home so that you can engage and learn alongside your child. I am very patient when it comes to coaching and I do my best to take in my coworkers coaching skills and knowledge to then apply it to the way I teach. My usual approach to a skill is to start with a verbal explanation, followed by a visual demonstration, and then give the student a chance to physically practice the skill

with hands-on assistance, tips, and corrections along the way. I believe that the best way to learn a skill is to perfect one small thing at a time. Trying to fix everything at once can be overwhelming for anyone so it's best to take things step by step.

I am very excited to start off a new school year coaching your child and I hope that we can create a fun and learning environment for gymnastics :)

Fun facts about me: I learned how to do a back-handspring in 30 minutes and when I first began coaching gymnastics, I couldn't even do a cartwheel correctly so I believe there is an inner gymnast within everyone.

- Coach David