

# One Day Workshop

## Strengthening Your Building Level Suicide Plan

**Where:** Elks Club, 4747 E Elk Park Dr, Columbia, MO

**Date:** October 25, 2017

**Time:** 9:00 am – 3:00 pm

**Cost:** \$499 per Team (3-5 members)

**(Registration will be limited to the first 25 teams.)**

(Members could include but not limited to: Superintendent, Principal, Asst. Principal, Counselor, Outreach personnel, School Nurse, School Resource Officer, School Social Worker, School Psychologist, etc.)

### Agenda for the Day (Tentative):

9:00 am - 10:00 am	Myths and facts about suicide
10:00 am - 11:30 am	Best practices in suicide prevention and response
11:30 am - 12:15 pm	Local resource discovery: Working lunch
12:30 pm - 2:00 pm	Strengthening your building-level suicide plan
2:00 pm - 3:00 pm	Developing a network of support with other districts

Each team will leave with a thumb drive of resources, a network of contacts for additional support, and a draft of your building-level action plan.

Ongoing support (phone calls, video conferencing, face to face consultation, etc.) will take place following the workshop.

### Takeaways from the Workshop:

- Knowledge of myths & facts about suicide
- A shareable resource library of tools you can adapt and use in your school
- Awareness of best practices in suicide prevention and response
- Customized information and strategies to help you connect with your local agencies
- A draft of your building-level suicide plan developed using research based best practices
- Ongoing networking opportunities with other Missouri schools
- Follow-up consultation with workshop facilitators

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