

Center for Disaster Mental Health



- **Mission:** The Center for Disaster Mental Health will develop, promote and apply mental health instruction, training and services in disasters.

- **Minutes:** 5 May, 2015

- **Attendees :** M Hubner, T Correll, S Wetterhan, J Good, S Miller, K Johnson, C Conover, S Jez, M Curtis

- **Welcome :** Introductions

- **Review of Organizations**
 - o Dayton VA Medical Center: No report
 - o The American Red Cross: No report
 - o Boonshoft School of Medicine Department of Psychiatry: New Director of Psychiatry, Dr. Almed (sp), previously at Harvard
 - o National Center for Medical Readiness: No report
 - o Wright State University College of Nursing and Health: No report
 - o Hospice of Dayton: 1) S Wetterhan working on coordination of a Spiritual Care Response Team at time of disasters.
2) Mark Curtis working on clarification of new Ohio Advanced Directives.

 - o Greater Dayton Area Hospital Association: 1) Preparing for Functional Exercise *'Blowin' In The Wind'* Thursday, 7 May 2015.
2) Due to expansion may be moving office location in near future .
 - o Montgomery County Alcohol, Drug Abuse, and Mental Health Services: Jewel Goode continues to train professional and lay groups on psychological first aid.
 - o Wright Patterson Mental Health: 1) Col. Mark Hubner and Dr. Terry Correll developing a curriculum on Gender Based Violence from a military perspective.
2) Col. Hubner presented CDMH at the MMRS/RMRS committee meeting last month. Met with Karen Phegley, a graduate student at Wright State University in the Master of Public Health, Emergency Preparedness program and completing an internship with David Gerstner. She is interested in working with CDMH from a possible research/best practice approach.
 - o Clark County Combined Health District: 1) 2 emergency shelters open last year. 2) Preparing for functional exercise. 3) Interested in development of spiritual care component when disaster strikes.

- **Standing Business:**
Symposium Planning:

- **Date:** 30 October, 2015

- **Location:** Miami Valley Hospital: We have a large auditorium that seats 186 plus several rooms for breakout sessions available.

- **Cost of Symposium:** \$50 for individual sign up by designated date.
 \$59 for individual sign up after designated date.
 \$40 for group sign up of 3 or more.
 \$20 for students.
 We will continue to use Pay Pal as the primary source for payment.

- **Focus of Symposium:**

- **Title:** *Best Practice in Disaster Mental Health: Professional and Lay Responders*

- **Format:** A) Morning Keynote: Bethany DeRhodes who was in charge of US Air Force mental health in northern Japan at the time of the earthquake, tsunami, radiation leak. She will focus her presentation on system issues (big picture) rather than personal ones.
 (Procured by Dr. Randy Welton, thanks Randy).

 B) General Topics for all attendees (1 morning session, 1 afternoon session): To follow a format that will parallel the keynote presentation and support different parts of a disaster.
 1) Resilience: Dr. Terry Correll
 2) Self care for the caregiver: Mark Curtis to check on speaker.

 C) Breakout Sessions: 5 different topics. Attendees will be able to choose 2 presentations by local subject matter experts. 2 or 3 sessions with the most sign ups will be offered twice.
 Case studies and round table discussions will be encouraged.
 1) Psychopharmacotherapy/brief psychotherapy: Dr. Randy Welton
 2) Meeting the spiritual needs of diverse populations: Steve Wetterham to check on speaker.
 3) Need for training lay populations in basic disaster mental health: Sandy Miller + 1.
 4) Special populations: Dr. Julie Gentile
 5) Crisis intervention: Jewel Good

 D) Group convenes in auditorium at and of day for discussion, Q & A and debrief.

- **Symposium Schedule:**
 Morning:
 0800 – 0830: Sign in registration
 08:30 – 0845: Welcome, opening comments
 0845 – 1015: Keynote Speaker
 1015 – 1115: 1st Breakout Session

1115 – 1130: Break

1130 – 1230: Resilience (all attendees)

1230 - 1300: Lunch

Afternoon:

1300 – 1400: 2nd Breakout Session

1400 – 1415: Break

1415 – 1515: Self Care for the Caregiver (all attendees)

1515 – 1545: Discussion, Q & A, debrief, closing (all attendees)

- **Audience:** Professionals, non professionals.

- **Speakers:** A) Will be vetted by CDMH committee.
B) Will be provided guidelines and expectations.
C) Will maintain continuity with general symposium content.

- **Additional needs:** A) Catering and cost at Magnolia (MVH):
Basic breakfast: \$4.95/person
Hot buffet lunch with beverages: \$12-\$15/person
Estimated cost for 100: \$1,995
Estimated cost for 150: \$2,992.50

B) Continuing Education – ASAP after speakers are identified.
1) Physicians/Nurses: Randy
2) Psychologists: Frank
3) Social Workers: Jewel
4) Counselors: Jewel
5) Nursing Home/Hospital Administrators: Steve Jez
6) Pastoral Council: N/A

C) Once speakers are identified, will need their CV and objectives ASAP for CE's.

- **Get connected table:** A suggestion was entertained that we have a table where individuals who are interested in joining the CDMH or connecting with others have a way to sign up for follow up.

- **Check symposium date for professional conflict of interest:**
A) WSU School of Medicine – Terry Correll (no known conflict).
B) WPAFB- Mark Hubner (no known conflict).
C) Psychology – Frank Maher (no known conflict).
D) Nursing – Mark Curtis (no known conflict).

- **New/Continued Business:**

A) Promote local awareness of CDMH activities

B) Identify other regional emergency preparedness groups and expand coalition.

C) Assist with incorporation of Mental Health into regional and local plans.

D) Continued participation with The Dayton Preparedness Committee.

E) Continued participation with the Regional Medical Response System (Thanks Mark Hubner for presenting).

F) Assist with rewriting the Mental Health section of the Regional Biological Response Plan.

G) Assist and support Jewel's efforts with a Functional Needs Assessment (Thanks Jewel for taking this on).

H) Functional Exercise "*Blowin' In The Wind*" will happen on Thursday, 7 May, 2015, 08:00-12:00.

9 counties will be participating.

I) Steve Jez has put together a Web Page template. Availability: TBA

- **Next meeting:** Wednesday 10 June, 2015, 08:30-1000